What is Supportive Housing and How to Get It

2018
Advancing Housing Solutions That
Improve lives of vulnerable people
Maximize public resources
Build strong, healthy communities
What We Do

Lines of Business

- Training & Education
  - Research-backed tools, training, and knowledge sharing

- Lending
  - Powerful capital funds, specialty loan products, and development expertise

- Consulting & Assistance
  - Custom community planning and cutting-edge innovations

- Policy Reform
  - Systems reform, policy collaboration, and advocacy

CSH
Illinois Self-Advocacy Alliance

“We want Illinois to create a disability service system where supports and services are controlled by us – the individuals who receive them.

We want opportunities. We want freedom. We want choices.”

Open Learning video
https://www.youtube.com/watch?v=lrXmOHadkU4
Our Expert

Curtis Harris is an experienced advocate and activist! He Speaks Up and Speaks Out for disability rights. He works for the rights for all people with disabilities to be able to have homes and to live they way they want to live.
• Helps others know about supportive housing

• Shares information so Self advocates and families push for supportive housing choice

• Helps the Illinois Developmental Disability System and providers offer supportive housing
Today’s Time Together

Why are we here?

What is Supportive Housing?

How to Get Supportive Housing

Learning From Experts!
Why are we here?
Why are we here?

This product was developed under an investment from the Illinois Council on Developmental Disabilities.
Why are we here?

To learn about supportive housing and SPEAK UP!

Curtis Harris
Self-Advocate
Housing Wishes & Dreams

What housing options do people with intellectual and developmental disabilities have? Where can people live?

Where would you like to live?

What kind of place is it?

Who do you live with?

My dream is…
What is Important?

Some people want housing that is:

- Close to school or work
- Easy to get around
- Near job or job training opportunities
- Accessible or has services they want
- In a safe neighborhood close to friends and family
- Close to or has social things to do for fun
- Private with own space
Choice!

Self-Advocates Choose!

No one has to give up on a dream. Sometimes it takes time and a lot of work!
Let’s Review
What are different housing choices?

- with 4 or more people
- with a roommate they choose
- by themselves
- parents/family
What are different housing choices?

- with 4 or more people
- with a roommate they choose
- by themselves
- parents/family
Who should get to choose?

- Illinois system
- Parents/family
- Self-advocate
- Staff
Who should get to choose?

- Illinois system
- Parents/family
- Self-advocate
- Staff
IS THIS TRUE or FALSE?

1. Self Advocates must live in supportive housing
(√ one)

- TRUE
- FALSE

√
IS THIS TRUE or FALSE?

2. Self Advocates can choose what kind of housing they want.

(√ one)
What is Supportive Housing?
This can be supportive housing
And this can be supportive housing too!
Supportive Housing is a long term home.

- Must have a lease and be affordable
- In a neighborhood like anyone else
- Live alone or with a roommate they choose
- Must have services

Supportive Housing is **NOT**

- Residential Program, Group Home, Institution or Nursing Home
Must have a lease

- Self-Advocate signs a lease and must follow rules
- Can live there for a long time
- Self-Advocate can live alone or with a roommate they choose
Is Affordable

- Doesn’t cost all of someone’s money
- People in Supportive Housing pay 30% of their income in rent
- Example: someone has $733 from SSI. Their rent would be about $220 per month
Must have Services

- Sometimes people need help with reminders, bills, medication, daily activities, or following rules of the lease
- Supportive Housing is for anyone who needs some help in their housing
Types of Support

1. Agency hires support people
2. Parents hire support people
3. Self Advocate hires support people
Let’s Review
People who have supportive housing can live:

- in an apartment
- in a house
- with parents or family
- in a group home

(√ two—2 boxes)
People who have supportive housing can live: 

- with a roommate they choose
- by themselves
- with 4 or more people
How much does supportive housing cost?

(√ one box)

- none of my money
- some of my money
- all of my money

The box for "some of my money" is checked.
People who have supportive housing:

Pick 3 - 3 Boxes

- can have a pet
- can come and go when they want
- must have staff 24 hours a day, 7 days a week

- must go to workshop every day

sign a lease
How to get Supportive Housing?
How to Get Supportive Housing?

Let people you know are interested in this option. Who can you talk to?

1. Family and Friends
2. Worker at Independent Service Coordination Agency (ISC or PAS Agency)
3. Worker at your provider agency

Talk about it at all Person Centered Planning Meetings, and ask that it is written into your plan!
Accessing Affordable Housing

Get on the Statewide Referral Network (SRN)
- Independent Service Coordination (ISC)
- Providers

AND

Apply through the local Public Housing Authority

AND

Use http://www.ilhousingsearch.org to identify affordable housing in your area. (60% AMI)
Planning for Services

In Supportive Housing the individual must have a funding source for services to go with their housing.

<table>
<thead>
<tr>
<th>SERVICE MODELS IN SUPPORTIVE HOUSING</th>
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</thead>
<tbody>
<tr>
<td><strong>Intermittent CILA</strong></td>
</tr>
<tr>
<td>• Less than 24/7</td>
</tr>
<tr>
<td>• Provider agency hires support</td>
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<tr>
<td>• Providers must be able to offer services only</td>
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<tr>
<td>• Self-Advocate keeps public benefit (SSI)</td>
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<tr>
<td><strong>Home Based Support Services</strong></td>
</tr>
<tr>
<td>• Funding for services is 3 times SSI amount</td>
</tr>
<tr>
<td>• Self-Advocate or family hires support</td>
</tr>
<tr>
<td>• Home based funding and natural supports must meet service needs</td>
</tr>
<tr>
<td>• Self-Advocate keeps public benefit (SSI)</td>
</tr>
</tbody>
</table>
Learning From Experts
Meet Robert!
Welcome to Edwardsville!

The May building was created through many efforts and collaboration of self advocates, families, Division of Developmental Disabilities, State Housing Coordinator Lore Baker, Madison County Housing Authority, Trinity Inc., Ligas Family Advocate Program and Developmental Disabilities Services Metro East!
Supportive Housing Coffee Talk

Join a conference call to ask questions!

Call in Hours
Thursday, July 12, 7 to 8 pm
July 16, 12 to 1 pm

To join, call 1-866-840-0048
When you are asked for a conference code, enter the number 2168105#.

Email Julie for future schedule!
julie.nelson@csh.org
Creating Supportive Housing: ADVOCACY

- More people with I/DD asking for supportive housing will drive system to create more
- More providers offer supports only (Intermittent CILA)
- Better rates and more flexibility in how funding is used
- Providers collaborate with local PHA and Housing Developers to create new Supportive Housing Developments in your community
Housing is the beginning...not the end.
Curtis Harris and Julie Nelson, CSH
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• Email: julie.nelson@csh.org
Csh
www.csh.org/integration

Videos
https://www.youtube.com/user/CSHVidz/

- Phyllis Gets Her Own Life, and So Does Her Son
- A Choice to Succeed
- Creating Choice
- Adam Cooper: Presentation at CSH Summit
- Tom’s Journey: A life and home like any other
- Designer George Braddock: Creating Person Centered Homes Part 1 of 4 (entire series is on YouTube)
- An Option for Community Living

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Videos and Resources

VIDEO

It’s My Home!

Created By Open Future Learning

- [https://www.youtube.com/watch?v=lrXmOHadkU4](https://www.youtube.com/watch?v=lrXmOHadkU4)

Digital Books

- Annie Gets Her Own Apartment
  - [http://online.flipbuilder.com/sjol/wrdt/#p=1](http://online.flipbuilder.com/sjol/wrdt/#p=1)
- Everybody Worries About Me
  - [http://online.flipbuilder.com/sjol/uvkd/](http://online.flipbuilder.com/sjol/uvkd/)
PDF Resources

Housing & People with Disabilities: Myth and Truth
• https://gallery.mailchimp.com/d477f3e2e075003c9d2f335a3/files/3a1c5178-d3214276-a1dd-a48ebce3a674/Myth_and_Truth.pdf

Supportive Housing for Persons with Intellectual and Developmental Disabilities

Supportive Housing Models Integrated Toolkit
• http://www.csh.org/supportive-housing-integrated-models-toolkit/

Supportive Housing Workbook for Adults with Intellectual and Developmental Disabilities & their Families