

# 17TH ANNUAL QIDP LEADERSHIP CONFERENCE

## JANUARY 29, 2019



**8:30 - 10:15 a.m. - "Building Community Through Social Capital "**  
**Presented by Al Condeluci, Ph.D.**

All individuals with disabilities and their family members (as well as professionals who are involved with the family) are interested in seeing themselves or their son/daughter/relative be successful in life. In fact, one of the biggest fear individuals and families have is that their loved one might be lonely or at serious risk when they are gone. Although none of us can predict the future, we can look at ways and means to better prepare for the future by understanding the impact of friendships in our lives. Sociologists call this "social capital" and it is amazing what our relationships do for us. This session will help you think about how friendships can be better developed over time, and, in turn, build a more inclusive community.

### OBJECTIVES:

- ◆ Participants will understand the historical development related to difference, disability, aging and other devaluing aspects.
- ◆ Folks will be introduced to an Interdependent paradigm.
- ◆ Major elements of social capital will be overviewed.
- ◆ 4 key steps to developing more friendships will be explored.

**10:15 - 10:30 a.m. - BREAK**

**10:30 a.m. - 12:15 p.m. - "Building Community Through Social Capital" continued"**

**12:30 - 1:45 p.m. - Lunch**

### Al Condeluci, Ph.D.

Al Condeluci is a lifelong resident of Pittsburgh PA, USA. He received his masters and doctorate degrees at the University of Pittsburgh and for the past 45 years has been associated with CLASS, a full service nonprofit organization supporting people with disabilities. Holding faculty appointments with the University of Pittsburgh's School of Health and Rehabilitation Sciences and School of Social Work, Dr. Condeluci teaches, advises, and mentors students. His books, *Interdependence* (1991, 1995), *Beyond Difference* (1996), *Cultural Shifting* (2002), *Essence of Interdependence* (2008), *Together is Better* (2010), *Social Capital* (2014) and *the Macro Change Handbook* (2015) focus on culture, community, social capital and macro change and have been used around the world.

In his entire career, Dr. Condeluci has managed programs and projects. He has been personally involved in every grant and project over his years and currently manages an annual budget of \$14 million dollars. His supervisory and leadership skills are acknowledged in the greater community having won awards and medals related to his participation in providing supports and services to individuals with disabilities.

He can be reached at 412-246-2122, [acondeluci@classcommunity.org](mailto:acondeluci@classcommunity.org), [alcondeluci@gmail.com](mailto:alcondeluci@gmail.com) or [www.alcondeluci.com](http://www.alcondeluci.com) and on Twitter [@acondeluci](https://twitter.com/acondeluci).

## BREAKOUT SESSIONS: 1:45 - 3:00 p.m. & 3:15 - 4:30 p.m.

You can see two out of the four different sessions. The 1:45 presentations will be repeated at 3:15 p.m.

### ***“Cops, Safety and the Dignity of Risk”***

**Presented by Bruce Handler and Nora Fox Handler**

Living in the community involves the dignity of risk. This session will include information on Crisis Intervention Team Training for police, how to advocate for that training in your community and safety tips for self-advocates and family members.

### ***“Government Benefits - What’s New, What’s True: Q to Q”***

**Presented by Sherri Schneider**

This interactive informative session will address the who, what, where, when, and how of benefits with a strong emphasis on Medicaid (which is needed like oxygen for waiver programs). Ending in a round of Benefit Bingo, you will be surprised how much you have learned!

### ***“OUR RIGHTS RIGHT NOW! Empowering Survivors with Disabilities via the IL Imagines Project”***

**Presented by Tara Ahern**

This session will raise participants’ awareness of the intersection between disability and sexual violence to help build capacity to better support survivors of sexual violence with disabilities. Session spotlights IL Imagines, a statewide initiative that works to improve access to trauma-informed services and resources for survivors of sexual violence with disabilities. Participants will gain awareness of sexual violence and how to support survivors as well as leave with resources on how their agencies can become trauma informed.

### ***“Self-Advocacy Matters”***

**Presented by Krescene Beck**

Learn what self-advocacy is, why it matters, and how to make little changes that lead to big results in the lives of people with disabilities at your agency/organization including the power of power, shifting the power, opportunities for people power and creating a culture of advocacy.

## BIOS

**Tara Ahern** serves as Project Director for The IL Self Advocacy Alliance. She is also an activities facilitator at Center for Independent Futures in Evanston and serves a co-chair for IL Imagines, a statewide project to improve services to women with disabilities who are survivors of sexual violence. Tara is a graduate of New York University (B.A.) & DePaul University (M.S.). In her spare time, Tara pursues her passion of photography at her own company, Roots of Life Photography.

**Krescene Beck** is an ally from Glen Carbon, Illinois, and a co-director with Blue Tower Solutions, Inc. She has supported self-advocates for more than 30 years. As the Organizational Director for The Alliance as well as working on two statewide grants focused on supporting people with disabilities and Deaf people who experience violence, Krescene enjoys learning from self-advocates and creating opportunities for them to speak up and speak out.

**Bruce Handler, MD** became involved with crisis training programs in Chicago, Cook County and throughout the state of Illinois starting in 2004 while winding down from a 35 year career in medicine. He participates in curricula development and training including brain development, mental health, disabilities, addiction, veteran issues and the de-escalation cycle. He has consulted, trained, presented, advocated and supported various law enforcement and correctional agencies, community provider, health and academic institutions nationally and internationally. Memberships include Crisis Intervention Team International, National Alliance on Mental Illness, ARC of Illinois, the Association of Threat Assessment Professionals and as an assistant professor of medicine at the College of Medicine, University of Illinois, Urbana-Champaign.

**Nora Fox Handler** is a committed sister to her four siblings with disabilities. She is a founding member and the treasurer of SIBS, Supporting Illinois Brothers and Sisters, and serves on multiple governing boards including the National Sibling Leadership Network and the Arc of Illinois. Handler serves on the Consumer Advisory Committee at the Institute on Disability and Human Development (IDHD) and Leadership Education in Neurodevelopmental and related Disabilities (LEND) at the University of Illinois at Chicago. She is a 2014 – 2015 LEND trainee.

For over 30 years, **Sherri Schneider**, President of Family Benefits Solutions Inc., QIDP, and the mother of a child born with some special needs, has been tirelessly dedicated to helping individuals with special needs and their families to obtain and maintain the Government benefits they so desperately need (including SSI, SSDI, Medicaid, Medicare, SNAP...etc...) Her vast experience has enabled her to establish and maintain open, productive relationships with the government agencies involved in the entire decision-making process. Families and professionals find her interactive workshops to be invaluable as they attempt to navigate the government benefit arena. Sherri is also a member of the faculty of the IICLE (Illinois Institute of Continuing Legal Education) and is the Vice-President of The Arc of Illinois Board.



## COST & REGISTRATION



January 29, 2019 - 8:30 a.m. to 4:30 p.m.  
Registration 8:00 - 8:30 a.m.

### Registration Fees for Participants are:

#### Arc Members:

Professional.....\$150.00  
Consumer/Family Member.....\$ 95.00

#### Non Arc Members:

Professional.....\$190.00  
Consumer/Family Member.....\$130.00

The registration fee covers the cost of materials, refreshments and lunch. Please complete the attached registration form, fax it to 815-464-5292, then mail the hard copy along with your check to:

**The Arc of Illinois**  
20901 S. LaGrange Rd., Suite 209  
Frankfort, IL 60423  
815-464-1832

**CEU's:** Licensed Nursing Home Administrators, Licensed Social Workers, Licensed Clinical Social Workers, Licensed Occupational Therapists and Physical Therapists, Licensed Counselors and QIDP's signing in and out on the day of the event are entitled to six (6) CEU's.

Groups of more than 7 from one agency are entitled to a 10% discount. If you have any special needs, please contact Sarah Chavez at 815-464-1832. Notice of any special accommodations are required TWO WEEKS prior to the event. **Please indicate on the registration form if you have a special dietary need.** If financial restrictions prevent you from paying full registration, you may contact the Consumer Involvement Program at The Arc of Illinois (815-464-1832) for a consumer stipend application for self-advocates and families.

**CANCELLATIONS & REFUNDS** Participants canceling their registration 72 hours in advance will be entitled to a credit or refund, less a \$50.00 administrative cost. No refund or credit will be given for cancellation less than 72 hours before the conference.

#### LOCATION

Doubletree Hotel  
5000 West 127th St.  
Alsip, IL 60803  
708-371-7300

Single or double accommodations are available at the reduced rate of \$109.00 + tax for the night before the event when you mention The Arc of Illinois and the code **ARC**. Please contact the hotel directly at 708-371-7300 or [www.alsipdoubletree.com](http://www.alsipdoubletree.com) to make room reservations. Reservations must be received by 12/24/2018.



## REGISTRATION FORM



**QIDP Leadership - January 29, 2019**  
3360

One form per person, please print legibly. Your name will appear on your name tag as it appears on this form.

Name: \_\_\_\_\_

Job Title: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

You can also register at [www.thearcofil.org/events](http://www.thearcofil.org/events)

#### AMOUNT PAID:

**METHOD OF PAYMENT:** \_\_\_\_\_

\_\_\_\_ Fax form and send check to The Arc of Illinois

\_\_\_\_ Check enclosed payable to The Arc of Illinois

\_\_\_\_ P.O. or State Voucher #

\_\_\_\_ Charge to my Credit Card \_\_\_\_\_

**Name as it appears on credit card:**

\_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Card holder's signature:

\_\_\_\_\_



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### KEYNOTE SPEAKER



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- ◆ Folks will be introduced to an Interdependent paradigm.
- ◆ Major elements of social capital will be overviewed.
- ◆ 4 key steps to developing more friendships will be explored.
- ◆ Learn why Self-Advocacy Matters.
- ◆ Learn What's New and What's True about Government Benefits.
- ◆ Receive information on Crisis Intervention Team Training for Police.
- ◆ Participants will be informed on the prevalence of sexual violence in the disability community, risk factors, barriers to resources and how survivors and families are affected.