

What is Supportive Housing and How to Get It

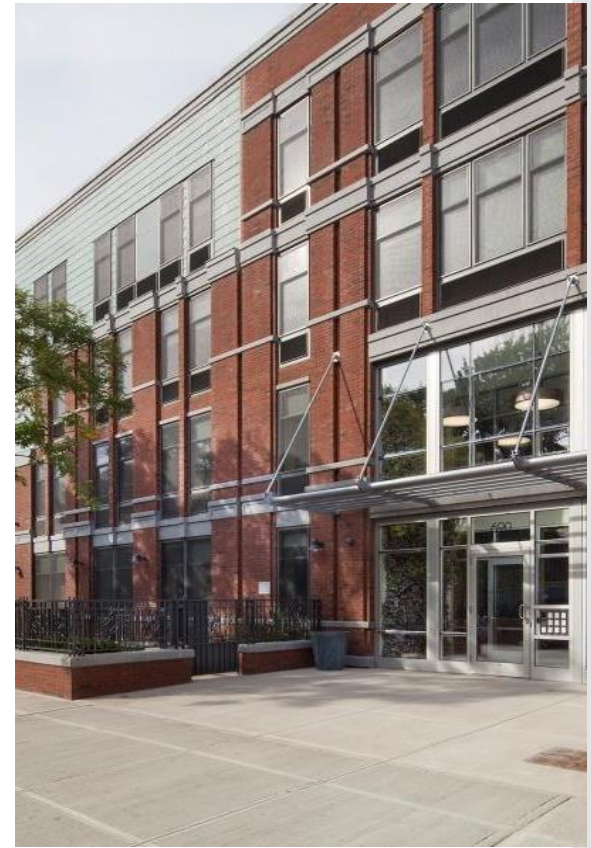
2018



Improve lives of
vulnerable people



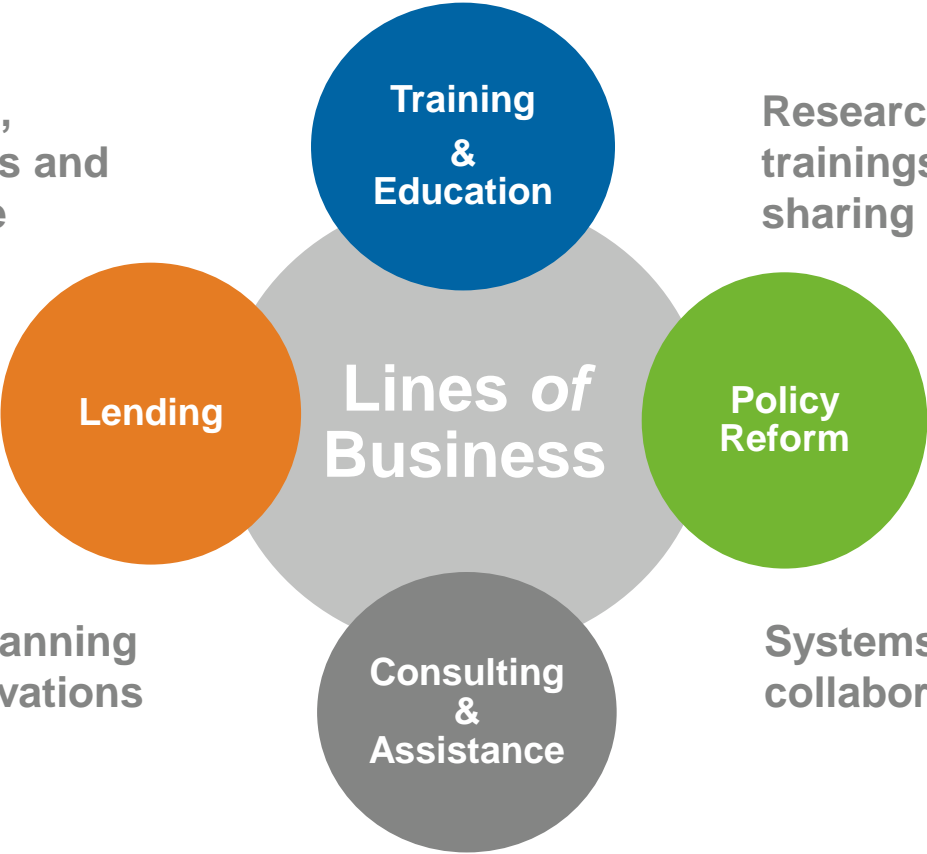
Maximize
public resources



Build strong,
healthy communities

What We Do

Powerful capital funds,
specialty loan products and
development expertise



Research-backed tools,
trainings and knowledge
sharing

Custom community planning
and cutting-edge innovations

Systems reform, policy
collaboration and advocacy

Illinois Self-
Advocacy
Alliance

*Position
Statement*

“We want Illinois to create a disability service system where supports and services are controlled by us – the individuals who receive them.

We want opportunities.
We want freedom.
We want choices.”

Open Learning video

<https://www.youtube.com/watch?v=lrXmOHadkU4>

Our Expert

Curtis Harris is an experienced advocate and activist! He Speaks Up and Speaks Out for disability rights. He works for the rights for all people with disabilities to be able to have homes and to live they way they want to live.



CSH

- Helps others know about supportive housing
- Shares information so Self advocates and families push for supportive housing choice
- Helps the Illinois Developmental Disability System and providers offer supportive housing



Julie Nelson
CSH

Today's Time Together

Why are we here?

What is Supportive Housing?

How to Get Supportive Housing

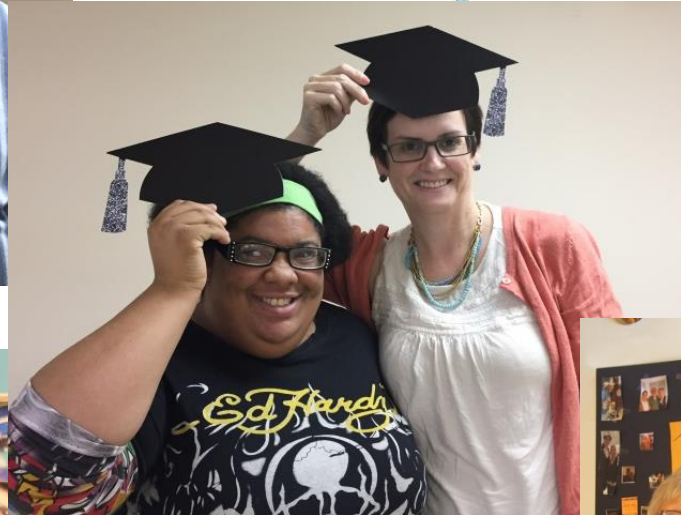
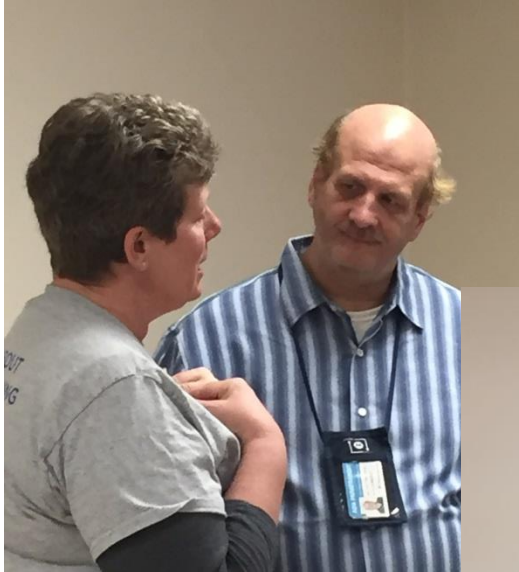
Learning From Experts!

Why are we here?

Why are we here?



Illinois Council on
**Developmental
Disabilities**

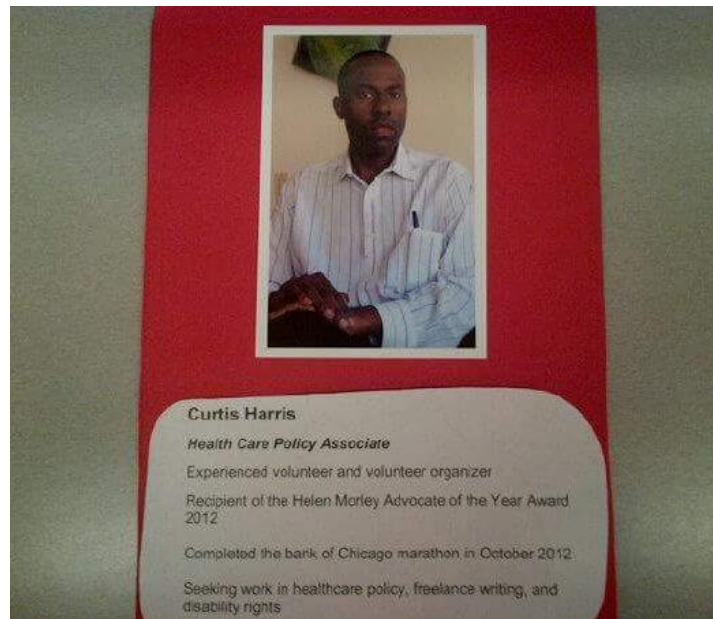


This product was developed under an investment from the Illinois Council on Developmental Disabilities.



Why are we here?

To learn about supportive housing and
SPEAK UP!



Curtis Harris
Self-Advocate

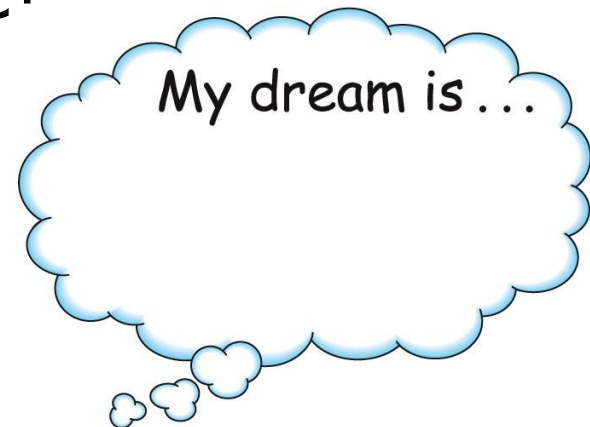
Housing Wishes & Dreams

What housing options do people with intellectual and developmental disabilities have? Where can people live?

Where would you like to live?

What kind of place is it?

Who do you live with?



What is Important?

Some people want housing that is:

- Close to school or work
- Easy to get around
- Near job or job training opportunities
- Accessible or has services they want
- In a safe neighborhood close to friends and family
- Close to or has social things to do for fun
- Private with own space

Choice!

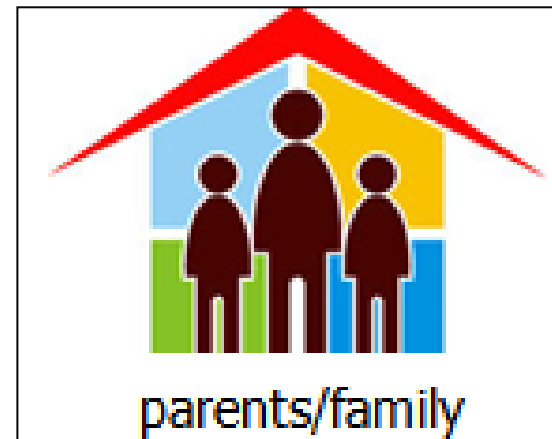
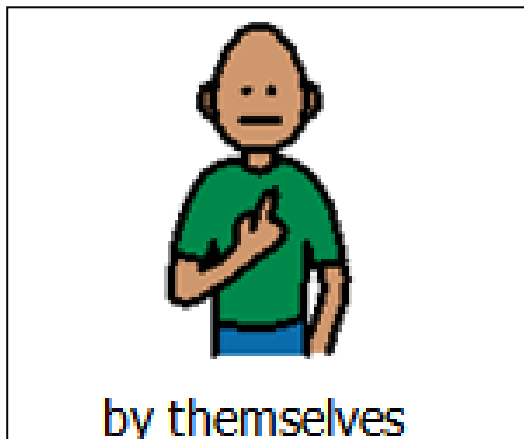
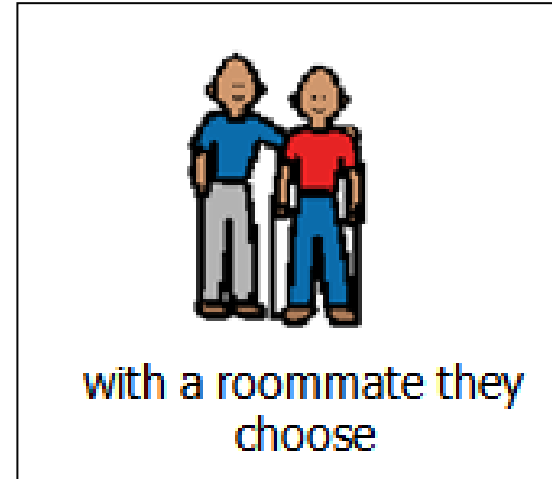
Self-Advocates Choose!

No one has to give up on a dream.
Sometimes it takes time and a lot of work!

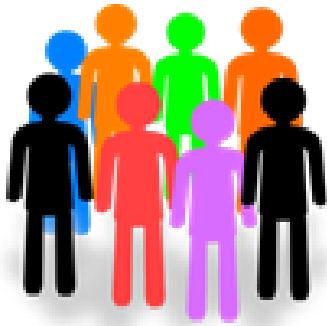
Let's Review



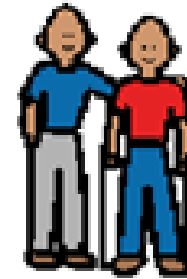
What are different housing choices?



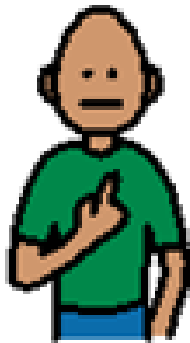
What are different housing choices?



with 4 or more people



with a roommate they
choose



by themselves




parents/family

Who should get to choose?



Illinois system



parents/family



Self-advocate




Staff

Who should get to choose?



Illinois system



parents/family



Self-advocate



Staff

IS THIS TRUE or FALSE?

1. Self Advocates must live in supportive housing

(✓ one)

TRUE

FALSE

IS THIS TRUE or FALSE?

2. Self Advocates can choose what kind of housing they want.

(✓ one)



TRUE



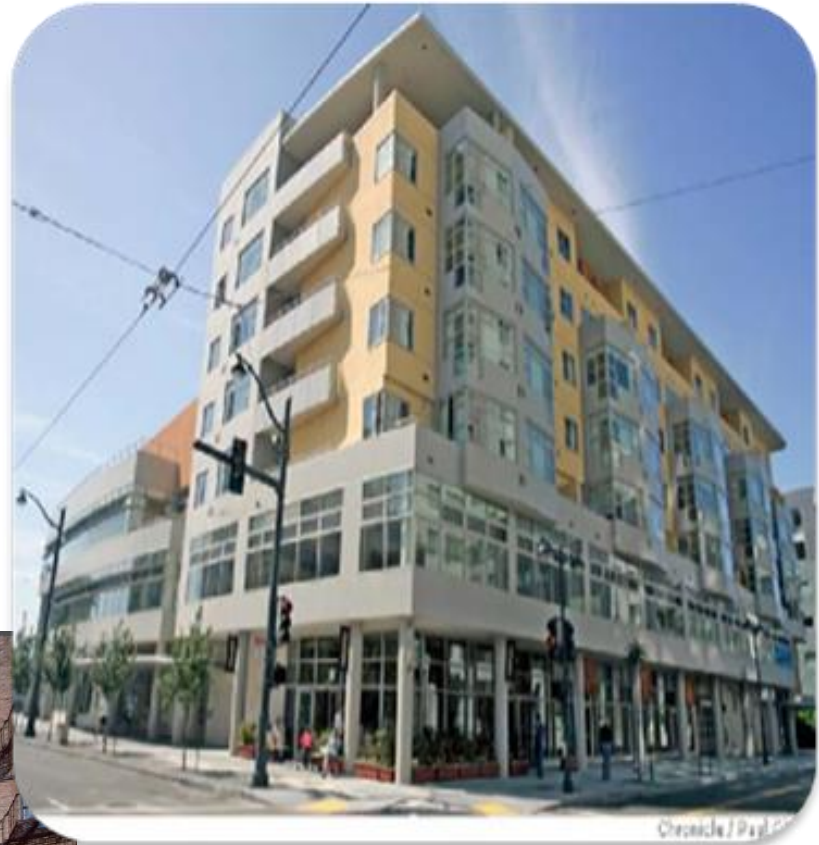
FALSE

What is Supportive Housing?



**This can be
supportive
housing**





**And this can be
supportive
housing too!**

A Quick Summary

Supportive Housing is a long term home.

- Must have a lease and be affordable
- In a neighborhood like anyone else
- Live alone or with a roommate they choose
- Must have services

Supportive Housing is NOT

- Residential Program, Group Home, Institution or Nursing Home

LEASE

1. I pay my rent on the 1st of the month.



2. I will keep my house clean. I will not break things in my home.



3. I will follow the rules in my building.



4. My visitors must go home.



By signing below , I am agreeing to follow the rules.

Signature:

Date:

Must have a lease

- Self-Advocate signs a lease and must follow rules
- Can live there for a long time
- Self-Advocate can live alone or with a roommate they choose

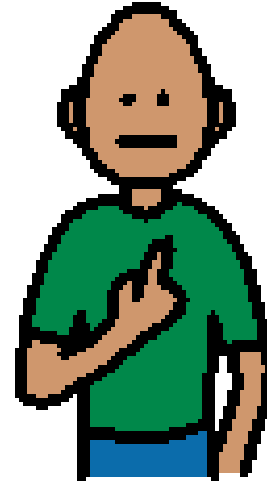


Is Affordable



- Doesn't cost all of someone's money
- People in Supportive Housing pay 30% of their income in rent
- Example: someone has \$733 from SSI. Their rent would be about \$220 per month

Must have Services



- Sometimes people need help with reminders, bills, medication, daily activities, or following rules of the lease
- Supportive Housing is for anyone who needs some help in their housing

Types of Support

1. Agency hires support people
2. Parents hire support people
3. Self Advocate hires support people

Let's Review



People who have supportive housing can live:

(✓ two—2 boxes)



with parents or family



in an apartment



in a house



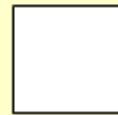
in a group home

People who have supportive housing can live:

(✓ two— 2 boxes)



with a roommate they
choose



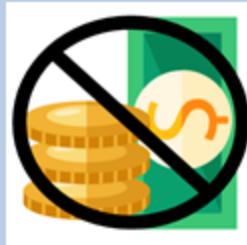
with 4 or more people



by themselves

How much does supportive housing cost?

(✓ one—1 box)



none of my money



some of my money



all of my money

People who have supportive housing:

Pick 3 - 3
Boxes



can have a pet



must have staff 24 hours
a day, 7 days a week



can come and ago
when they want



LEASE

1. I pay my rent on the 1st of the month.  

2. I will keep my house clean. I will not break things in my home.  

3. I will follow the rules in my building.   

4. My visitors must go home.   

By signing below, I am agreeing to follow the rules.

Signature:

Date:



must go to workshop every day

sign a lease

How to get Supportive Housing?

How to Get Supportive Housing?

Let people you know are interested in this option. Who can you talk to?

1. Family and Friends
2. Worker at Independent Service Coordination Agency (ISC or PAS Agency)
3. Worker at your provider agency

Talk about it at all Person Centered Planning Meetings, and ask that it is written into your plan!

Accessing Affordable Housing

Get on the Statewide Referral Network(SRN)

- Independent Service Coordination (ISC)
- Providers



AND

Apply through the local Public Housing Authority



AND

Use <http://www.ilhousingsearch.org> to identify affordable housing in your area. (60% AMI)

Planning for Services



In Supportive Housing the individual must have a funding source for services to go with their housing

SERVICE MODELS IN SUPPORTIVE HOUSING

Intermittent CILA

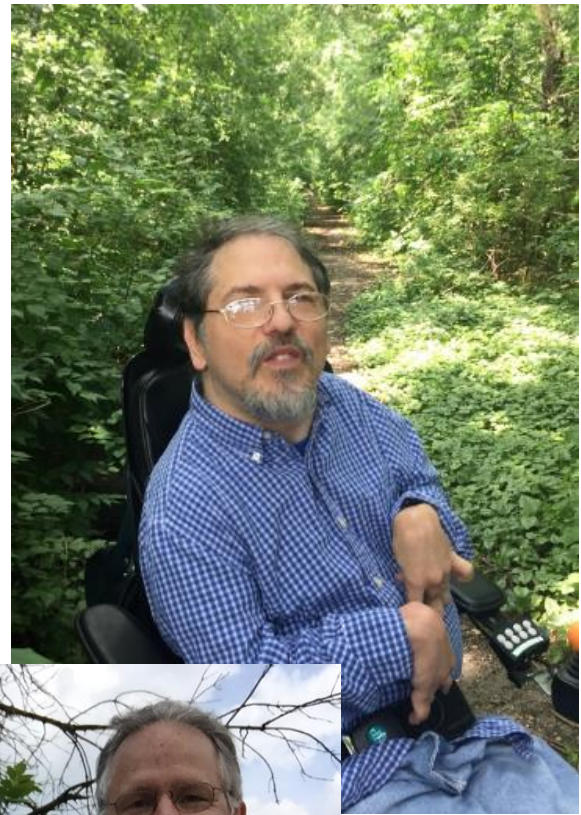
- Less than 24/7
- Provider agency hires support
- Providers must be able to offer services only
- Self-Advocate keeps public benefit (SSI)

Home Based Support Services

- Funding for services is 3 times SSI amount
- Self-Advocate or family hires support
- Home based funding and natural supports must meet service needs
- Self-Advocate keeps public benefit (SSI)

Learning From Experts

Meet Robert!



Welcome to Edwardsville!

The May building was created through many efforts and collaboration of self advocates, families, Division of Developmental Disabilities, State Housing Coordinator Lore Baker, Madison County Housing Authority, Trinity Inc., Ligas Family Advocate Program and Developmental Disabilities Services Metro East!



Supportive Housing Coffee Talk

Join a conference call to ask questions!

Call in Hours

Thursday, July 12, 7 to 8 pm

July 16, 12 to 1 pm

To join, call 1-866-840-0048

When you are asked for a conference code, enter the number 2168105#.

Email Julie for future schedule!

julie.nelson@csh.org



Creating Supportive Housing:

ADVOCACY

- More people with I/DD asking for supportive housing will drive system to create more
- More providers offer supports only (Intermittent CILA)
- Better rates and more flexibility in how funding is used
- Providers collaborate with local PHA and Housing Developers to create new Supportive Housing Developments in your community



Housing is the
beginning...not the end.



Contact Information

Curtis Harris and Julie Nelson, CSH

- Phone: (312) 332-6690 ext. 2828
- Email: julie.nelson@csh.org

Videos and Resources

CSH

www.csh.org/integration

VIDEOS

<https://www.youtube.com/user/CSHVidz/>

- Phyllis Gets Her Own Life, and So Does Her Son
- A Choice to Succeed
- Creating Choice
- Adam Cooper: Presentation at CSH Summit
- Tom's Journey: A life and home like any other
- Designer George Braddock: Creating Person Centered Homes Part 1 of 4 (entire series is on YouTube)
- An Option for Community Living

Videos and Resources

VIDEO

It's My Home!

Created By Open Future Learning

- <https://www.youtube.com/watch?v=lrXmOHadkU4>

Digital Books

- Annie Gets Her Own Apartment
 - <http://online.flipbuilder.com/sjol/wrdt/#p=1>
- Everybody Worries About Me
 - <http://online.flipbuilder.com/sjol/uvkd/>

Videos and Resources

PDF Resources

Housing & People with Disabilities: Myth and Truth

- https://gallery.mailchimp.com/d477f3e2e075003c9d2f335a3/files/3a1c5178-d321-4276-a1dd-a48ebce3a674/Myth_and_Truth.pdf

Supportive Housing for Persons with Intellectual and Developmental Disabilities

- <http://www.csh.org/wp-content/uploads/2016/10/IDD-September-2017.pdf>

Supportive Housing Models Integrated Toolkit

- <http://www.csh.org/supportive-housing-integrated-models-toolkit/>

Supportive Housing Workbook for Adults with Intellectual and Developmental Disabilities & their Families

- <http://www.csh.org/wp-content/uploads/2016/03/IDD-Family-Supportive-Housing-Workbook.pdf>