

Illinois Health Care Coverage Options and Benefits Information for People with Disabilities Virtual Conference Agenda

8:30 - 8:45 a.m.

Welcome and Introductions:

- ◆ Meg Cooch, Executive Director, The Arc of Illinois
- ◆ Faye Manaster, Project Director, Family to Family Health Information Center/Family Voices of Illinois
- ◆ Rocio Perez, Bilingual Outreach and Information Specialist

8:45 - 9:45 a.m. - ***“Understanding SSI, SSDI, Medicare and Medicaid for Children and Adults with Disabilities”***

presented by Sherri Schneider, President, Family Benefit Solutions

9:45 - 10:00 a.m. - **Break**

10:00 - 10:45 a.m. - ***“Our Illinois Health Teams Lead the Way”***

presented by Kenya McCrae, Division Chief, Maternal, Child and Family Health Services
Title V Director, IDPH and Molly Hofmann, Associate Director, DSCC

10:45 - 10:55 a.m. - **Break**

10:55 - 11:25 a.m. - ***“Support for Hospitalized Children and Adults with Disabilities”***

presented by Megan Mutti, Ligas Family Advocate, The Arc of Illinois

11:25 - 11:30 p.m. - **Break**

11:30 a.m. - 12:00 p.m. - ***“Self-Advocacy and the Importance of Voting”***

presented by Krescene Beck, IL Self-Advocacy Alliance

12:00 - 12:30 p.m. - **Lunch Break**

12:30 - 1:15 p.m. - ***“Private Health Insurance”***

presented by Jose Mendez, US Department of Labor, Region 5

1:15 - 1:30 pm - **Break**

1:30 - 2:15 p.m. - ***“Illinois Medicaid Update”***

presented by Kelly Cunningham, Acting Medicaid Administrator for the IL Department of Health Care and Family Services

2:15 - 2:30 pm - **Break**

2:30 - 3:00 p.m. - ***“Self-Care and Your Mental Health”***

presented by Rose Slaght

3:00 - 3:15 pm - **Break**

3:15 - 3:45 p.m. - ***“Make Your Voice Count”***

presented by Leonor Vanik, The Arc of Illinois Evaluation Consultant

About the Presenters

Krescene Beck is an ally from Glen Carbon, Illinois, and has supported people with disabilities for more than 30 years. She is the Project Coordinator for The Alliance as well a Co-Director for Blue Tower Solutions, Inc. She has spent many years working on statewide grants focused on self-advocacy and on building collaborations to better respond to people with disabilities and Deaf people who experience violence. Krescene enjoys learning from self-advocates and creating opportunities for them to speak up and speak out.

Molly Hofmann is the associate director of care coordination at DSCC working with the Core and Home Care Programs throughout the state of IL. Molly is a Pediatric Advanced Practice Nurse. She obtained her bachelors and masters in nursing from OSF Saint Francis College of Nursing in Peoria. Molly has been in her role at DSCC for over 2 years. Prior to coming to DSCC Molly was working at the University of Illinois College of Medicine in Peoria practicing at the Children's Hospital of Illinois in a child abuse clinic. As a nurse Molly worked in quality improvement, pediatrics, and the emergency department.

Jose Mendez a Benefits Advisor in the Chicago Regional Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA). Mr. Mendez began his career with EBSA in 2010. Since then, he has assisted thousands of participants, beneficiaries, and benefit plan fiduciaries understand their rights and duties under the Employee Retirement Income Security Act (ERISA), ACA, COBRA, HIPAA which are the laws that protects the benefits of workers and retirees in private-sector pension and welfare plans. He also serves as the agency's liaison for several U.S Congressional Offices in Illinois. Mr. Mendez has a B.S. in Finance from Northeastern Illinois University.

Megan Mutti is the Ligas Family Advocate for the Central/Southern regions of Illinois. She joined the Arc of Illinois in September of 2018. Megan attended the University of Missouri-Columbia, where she completed both her BS and MA in Human Development and Family Studies. She spent many years as a member of the Pediatric Supportive Care Team at Children's Hospital of Illinois, where she focused on patient and family centered care. She recently completed a LEND Fellowship at UIC, focused on Neurodevelopmental education and advocacy. Megan, who resides in Germantown Hills, IL, is the mom to two daughters, one of whom is a young adult with autism and an intellectual disability. Megan has a strong interest in developmental disability advocacy, transitioning from school to adult services systems, family centered communication, and community-based inclusion.

Sherri Schneider, President of Family Benefit Solutions, Inc., QDDP, and the mother of a child with special needs, has been tirelessly dedicated to helping individuals with special needs and their families. Her career began as a social worker in a CILA, where she helped those with developmental disabilities acquire the government benefits they so desperately needed, including SSI, Medicaid and food stamps. She helped launch one of the first CLF facilities funded under a Medicaid waiver. Sherri now meets with families to thoroughly assess their situations and pursue appropriate benefit assistance programs by personally guiding them through the application process. Families and professionals find her in-service expertise to be invaluable as they attempt to navigate the government benefit arena.

Rose Slaght has worked in the Disability field for the past 25 years, in different capacities, but always bringing the Family perspective to Professionals, and the Professional perspective to Families. Rose also has extensive experience (over 53 years combined) in parenting her 2 adult sons, who have multiple sensory and developmental disabilities. Rose has been a direct service provider to children who are blind, visually impaired, have Autism, deafblindness, and have mental health needs, as well as physical disabilities for 27 years, in various capacities. She strives to implement best practices in Early Education as well as adult services to all persons who qualify. Rose guides and encourages Families to become their own case managers, build their skills and abilities to transform their loved ones lives, to improve quality and opportunity, and build the capacity of communities that can support these people.

Cost & Registration

Virtual Conference

September 1, 2020 - 8:30 a.m. to 3:45 p.m.

Registration Fees for Participants are:

Arc Members:

Professional.....\$ 75.00
Consumer/Family Member.....\$ 40.00

Non Arc Members:

Professional.....\$130.00
Consumer/Family Member.....\$ 65.00

Groups of more than 7 from one agency are entitled to a 10% discount. Please complete the attached registration form, fax it to 815-464-5292, then mail the hard copy along with your check to:

The Arc of Illinois
9980 190th St, Suite C
Mokena, IL 60448
815-464-1832

Notice of any special accommodations is required two weeks prior to the event. Contact The Arc of Illinois at 815-464-1832.

CEUs will be offered for this training. Licensed Social Workers, Licensed Nursing Home Administrators and QIDP's signing in and out on the day of the event are entitled to five (5) credits.

SCHOLARSHIPS AND FAMILY STIPENDS

We have two options for **family/self-advocate stipends** for this event. (Stipends are not available for professionals receiving CEUs.)

1. F2F stipends are available for families and youth up to age 21 with any type of special needs, disability and/or chronic illness. **Call 866-931-1110 to apply for this option.**
2. The Arc of Illinois Consumer Stipends are available for parents of adult children over age 21 with developmental disabilities only. **Call 815-464-1832 to apply for this option.**

CANCELLATIONS & REFUNDS Participants canceling their registration 72 hours in advance will be entitled to a credit or refund, less a \$50.00 administrative cost. No refund or credit will be given for cancellation less than 72 hours before the seminar.

Registration Form

"Illinois Health Care Coverage Options"

3370

September 1, 2020

One form per person, please print legibly.

Name: _____

Job Title: _____

Agency: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

E-mail: _____

AMOUNT PAYABLE: _____

METHOD OF PAYMENT:

_____ Fax form and mail check to The Arc of Illinois
(815-464-5292)

_____ Check enclosed payable to The Arc of Illinois

_____ P.O. or State Voucher #

_____ Charge to my Credit Card _____

Name as it appears on credit card:

Credit Card Number: _____

Expiration Date: _____ CVV Code: _____

Billing Zip Code: _____

Card holder's signature:



Family to Family Health Information Center

9980 190th Street, Suite C Mokena, IL 60448

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September 1, 2020

Illinois Health Care Coverage Options and Benefits Information

presented by The Arc of Illinois Family to Family Health Information Center



Family to Family Health Information Center



This event will be held VIRTUALLY!

Introducing Family Health Checkup! A Webinar Series to Keep Your Family Physically, Financially and Mentally Healthy During Challenging Times