

Monday, November 16, 2020 – Agenda

9:45 – 10:00am	Housekeeping and Welcome: Fun Activity to start the 1 st Virtual SUSO!
10:00 – 11:00am	Keynote Speaker: Scott Palm – “Disability Awareness: How to Work Together” This session describes the experiences and perceptions of care giving from my viewpoint. I use the principals in the TV series Star Trek to make my point such as “Infinite Diversity in Infinite Combinations”.
11:00 - 11:15am	Break
11:15 – 11:45am	Fun Activity! Erin Compton - “Speak Up Speak Out Dance Advocacy We can all be united together by doing the same dance. This integrative dance will be accessible fun for everyone. When we dance together, it is like giving the world a hug. This dance will be led and choreographed by self-advocate, Erin Compton.
11:45 am – 12:15 pm	Lunch Break - OPEN MIC - 10 People - Sign up for Open Mic on your Registration Form. It is first come, first served and the topic to speak about is: How do you feel the POWER OF YOUR COMMUNITY Through SUSO?

12:15 – 12:45pm	Director Allison Stark
12:45 – 1:30 pm	<p>Jae Jin Pak, Jesus Chuy Campuzano, Richard Hollenbeck, Whitney Rosier, and Noemi Cervantes</p> <p>“Keys to Zoom: Tricks to Meeting Online”</p> <p>Panel will discuss tips and tricks to holding online meetings in the time of social distancing. Featuring multi-media success stories of self advocates driving their community day programming remotely.</p>
1:30 – 1:45 pm	Break
1:45 – 2:30pm	<p>Linda Sandman, Mary Mathis, Diana Braun, Teresa Parks, and Tara Ahern</p> <p>“Self-Advocates & Sexuality: We Have Rights!”</p> <p>Did you know there is a new law about sexuality education in Illinois? Come learn about sexual self-advocacy, the new sex education law, and your rights. Hear from self-advocates and get your questions answered.</p>
2:30 – 2:35 pm	Closing for Day One

Tuesday, November 17, 2020 – Agenda

9:45 – 10:00am	Housekeeping and Welcome to Day Two!
10:00 – 11:00am	<p>Keynote Speaker: Daniel Smrokowski - "Special Chronicles: Giving Respect and Voice To People with Disabilities Through Digital Media Storytelling"</p> <p>Presented by The Arc of Illinois Self Advocacy Award 2020 Recipient, learn how Daniel Smrokowski, a young man with developmental disabilities created a global nonprofit media platform reaching 42,316 listeners per month. During this session, Daniel will talk about the Origin Story of Special Chronicles and how you too can become an award-winning Self-Advocate, podcaster, journalist or storyteller. Learn firsthand the backstory of whom Fox32Chicago News calls “a podcast celebrity with a global audience.” Attendees of this session will hear from the young man whom Tim Shriver, Chairman of Special Olympics International, calls a “True Leader in the Inclusion Revolution.”</p> <p>In this powerful session, you’ll receive a toolbox of practical tips you can put into action to become a powerful self-advocate for social change in the disability inclusion movement.</p>

11:00 – 11:15am	Break
11:15am – 12:00pm	<p>FUN ACTIVITY! Peter Leidy - “Are We Having Fun Yet? Songs and Stories that Make Us Think (and Laugh)”</p> <p>Join Peter for this humorous musical session that helps us look at the importance of advocacy, community, and good relationships. This will be fun as well as thought-provoking!</p>
12:00 – 12:30pm	<p>Lunch Break - OPEN MIC - 10 People - Sign up for Open Mic on your Registration Form. It is first come, first served and the topic to speak about is: How do you feel the POWER OF YOUR COMMUNITY Through SUSO?</p>
12:30 – 1:15 pm	<p>Phil Milsk, Susy Woods and Adam Woods</p> <p>“The Election is Over: Now What?”</p> <p>This will be a presentation on the importance of voting, what we need to know about voting, what we need to do to prepare to vote, how we find out about candidates and how we can interact with the candidates and educate them on disability issues before the election.</p>
1:15 – 1:30 pm	Break

<p>1:30 – 2:15pm</p>	<p>Jen Buoy and Hannah Sheets “Get Involved in Holiday Celebrations” Everyone wants to be included and feel comfortable during holiday celebrations. This is just as important for people with intellectual and developmental disabilities as anyone else. For some folks it’s easy to become involved. Others may need some extra support and help to be involved and contribute to celebrations in meaningful ways. Developed and facilitated by Jen B, a self-advocate from Champaign-Urbana, the webinar will share options, learn from examples, and pose questions that will help other self-advocates and their supports discover ways people with disabilities.</p>
<p>2:15 – 2:30 pm</p>	<p>Elected Official Invited</p>

Wednesday, November 18, 2020 – Agenda

9:45 – 10:00am	Housekeeping and Welcome to Day Three!
10:00 – 11:00am	<p>Keynote Speaker: Lydia X. Z. Brown - “Disability as part of social justice/diversity movements/work”</p> <p>For many decades, disabled people have advocated against ableism - discrimination and prejudice related to disability. People with disabilities also belong to communities of color, the LGBTQ+ community, and other marginalized communities. We need to advocate for civil rights and social justice in ways that take into account how different forms of discrimination and prejudice overlap and connect to each other. Issues such as segregation, police violence, institutions, mass incarceration, medical discrimination, homelessness, and sexual violence all have greater impact on disabled people who experience more than one form of prejudice. We will learn about ableism that affects individual people and all of society. We will also learn about different strategies that disabled people and our allies use to fight ableism, racism, and other forms of systemic discrimination and prejudice.</p>

11:00 – 11:15am	Break
11:15 – 11:45am	FUN ACTIVITY! Tricia Hogan and Amy Foster - “Dog Tricks” Watch the fun as the dogs from Furry Friends Recovery perform tricks.
11:45am – 12:15pm	Lunch Break - OPEN MIC - 10 People - Sign up for Open Mic on your Registration Form. It is first come, first served and the topic to speak about is: How do you feel the POWER OF YOUR COMMUNITY Through SUSO?
12:15 -12:45pm	Director Rahnee Patrick
12:45 – 1:45pm	Keynote Speaker: Micah Fialka-Feldman - “Through the Same Door: Inclusion Includes College and Beyond” Micah Fialka-Feldman tells the story of his fully inclusive life. Micah proudly describes what supports were helpful to him in his school, such as Circle of Friends, peer tutors, technology, accommodations, and active participation in planning and participating in his meetings, including IEPs. In addition, Micah talks about his experiences in college as a student with an intellectual disability and his legal fight to be included and live in the dorms at his university. Lastly, Micah speaks about his choice to move from his home state of Michigan to Syracuse, New York, to work

	<p>as a Teaching Assistant at the School of Education and the Lawrence B. Taishoff Center for Inclusive Higher Education at Syracuse University. Also, learn about what supported Micah to become a strong advocate, which groups influenced him, and how learning about disability pride, culture and history helped him become stronger. The audience learns new ideas, resources, and how to build networks of support. Most importantly, the audience feels as if they are right there with Micah walking with him on his journey. At this presentation, participants witness how Micah’s story empowers us to reexamine what we believe is possible and how inclusion creates what Dr. Martin Luther King, Jr. referred to as the Beloved Community.</p>
1:30 – 1:45pm	Break
1:45 – 2:30pm	<p>Ashley Degroote and Devon Jefferson “Going to College and the Challenges Faces”</p> <p>Going to college can be a challenge, I would like to talk about the issues that I have faced in the past with going to college, getting to and from my classes and the accommodations that are needed.</p>

2:30 – 2:35 pm	Closing for Day Three
4:00 – 5:30 pm	<p>“Intelligent Lives” Movie Screening If interested, join us as we watch the movie, Intelligent Lives. INTELLIGENT LIVES stars three pioneering young American adults with intellectual disabilities – Micah, Naieer, and Naomie – who challenge what people think about intelligence as they go to high school, college, and work. Oscar winning actor Chris Cooper uses the story of his son Jesse as he talks about the lives of Micah, Naieer, and Naomie as the movie shows the unfair way people are tested to see how smart they are in the United States. This is a great movie that shows that with the right support people can do what they want!</p>

Thursday, November 19, 2020 – Agenda

9:45 – 10:00am	Housekeeping and Welcome to Day Four!
10:00 – 11:00am	Keynote Speaker: Russell Lehman - “Finding Success Through Struggle” It is not one or the other, you can struggle and still be successful! In fact, your greatest accomplishments are waiting to be found within your struggles! In this presentation, Russell will share how he has found his success through his own struggles, and how you can, too! Empowering, motivating and inspirational.
11:00 – 11:15am	Break
11:15 – 11:45am	FUN ACTIVITY! DJ Pump Pump It Up - Get up and get moving as DJ Pump Pump It Up plays music.
11:45am – 12:15pm	Lunch Break - OPEN MIC - 10 People - Sign up for Open Mic on your Registration Form. It is first come, first served and the topic to speak about is: How do you feel the POWER OF YOUR COMMUNITY Through SUSO?
12:15 – 1:00pm	Becca Burrow, Joshua Agopian, Melissa Anderson, Katie Head, Adam Beyer, and Shannon O’Connell

	<p>“Being the Best Advocate That You Can Be”</p> <p>In this presentation, we will be discussing how to be the best advocate and how to support others to advocate for themselves. We will also be talking about the importance of using your team and finding resources available to you.</p>
1:00 – 1:15pm	Break
1:15 – 2:00pm	<p>TJ Gordon, Jae Jin Pak, Jesus Chuy Campuzano, Brittany King and Genevieve Nutley</p> <p>“#HearOurVoices!: Stories from People of Color with Disabilities”</p> <p>Panel discussion on intersection of disability, communities of color and racial justice. Speaking about challenges faced by people of color with disabilities. Sharing stories, experiences and reflections on what disability pride and racial justice means for people of color with disabilities.</p>
2:00 – 2:15pm	Elected Official Invited
2:15 – 2:20pm	Closing for Day Four

Friday, November 20, 2020 – Agenda

9:45 – 10:00am	Housekeeping and Welcome to Day Five!
10:00 – 11:00am	Keynote Speaker: TJ Gordon and Candace Coleman - “Disabled I AM” TJ and Candace will talk about their journey of being empowered by their disability identity to do advocacy around racial justice.
11:00 – 11:15am	Break
11:15 – 11:45am	FUN ACTIVITY! SUSO Closing Ceremony...or Is It? - Though this is officially the end of SUSO 2020, this doesn't mean that you can't connect with fellow self-advocates again! Learn from TJ ways you can keep in touch with people you've met at SUSO. You can also get ideas for fun games you can play with friends and people you've met at SUSO.
11:45am – 12:15pm	Lunch Break - OPEN MIC - 10 People - Sign up for Open Mic on your Registration Form. It is first come, first served and the topic to speak about is: How do you feel the POWER OF YOUR COMMUNITY Through SUSO?
12:15 – 12:45pm	Elected Official Invited

12:45 – 1:30pm	<p>John Paschedag and Michael Roush “Financial Wellness”</p> <p>In this session people will learn that there are classes and trainings throughout the state for people with developmental disabilities. Michael will share what NDA is doing, and together, John and Michael, will be doing a snapshot of each lesson.</p>
1:30 – 1:45pm	Break
1:45 – 2:30pm	<p>Amy Foster “Wellness Recovery Action Plan— W.R.A.P”</p> <p>In this session you will hear about W.R.A.P. and how it has helped me during these changing times. You will also learn resources that might help you, including how to connect with regional staff, know more about classes and resources in your area!</p>
2:30 – 2:45pm	Closing for 1 st Virtual SUSO!!