



ExpoCARES

RESEARCHERS DEVELOPING WEARABLE COVID-19 TEST STRIP

Researchers at UC San Diego are experimenting with new wearable test strips which change color if they detect the SARS-CoV-2 virus in a person’s breath or saliva.

The strips can be affixed to any mask and are designed to detect “protein-cleaving molecules” produced from an infection of the virus, the university said in a news release Thursday.

While not intended to replace COVID-19 testing protocols, they offer a “surveillance approach,” similar to a smoke detector.

Users would be able to conduct the tests themselves when they take off their respective masks, researchers say. Each comes with its own blister pack that can be squeezed, changing color if SARS-CoV-2 proteases are identified, according to the university.

The strips — developed with \$1.3 million in funding from the National Institutes of Health — are ideal for higher risk settings such as homeless shelters or prisons to find infections earlier and more often to reduce potential spread.

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CONTRACEPTIVE OPTIONS AND PSYCHIATRIC DISORDERS

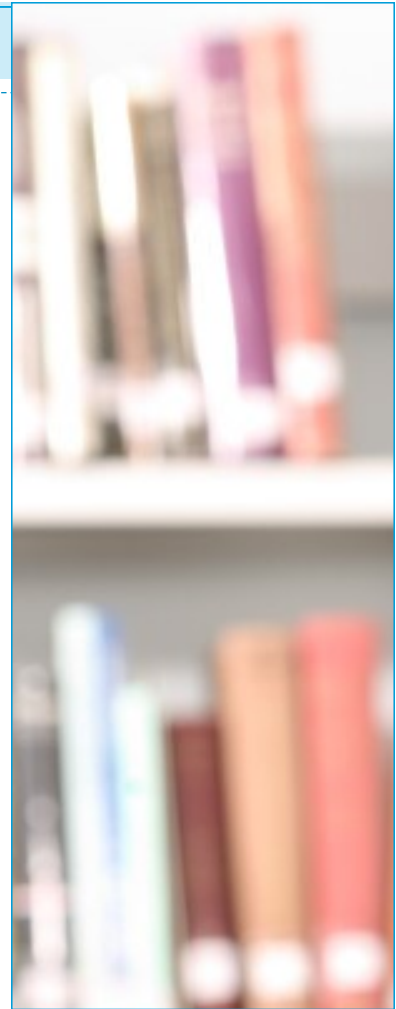
Although the mental health benefits outweigh the harms, combined hormonal contraceptives might risk dysphoric mood and could interact with psychiatric medications.

Contraceptive issues greatly concern patients with psychiatric disorders, but many clinicians are insufficiently informed about the benefits and harms of contraceptive options in relation to mental health and psychiatric medications. This authoritative narrative review and consensus statement based on CDC criteria for contraceptive use address the full range of contraceptive choices — for example, long-acting reversible implants (<1 pregnancy/100 women/year); progestin-only or combined hormonal contraceptives [CHCs] via injection, pill, patch, or ring (4–7 pregnancies/100 women/year); and barrier methods (>13 pregnancies/100 women/year). *CONT. pg. 2*

ABOUT TARRYTOWN EXPOCARE

Tarrytown Expocare Pharmacy is a national pharmacy that has been exclusively serving individuals with intellectual and developmental disabilities since 2007. Based out of Austin, TX with locations in Chicago, IL, Columbia, SC, Thomson, GA, and Elmwood Park, NJ, Expocare services over 13,000 individuals in over 3500 residential settings across 350 distinct locations nationwide. We are licensed in over 40 states.

For more information, please call us at 512-993-2968 or email us at info@tarrytownexpocare.com.



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