## http://eiclearinghouse.org

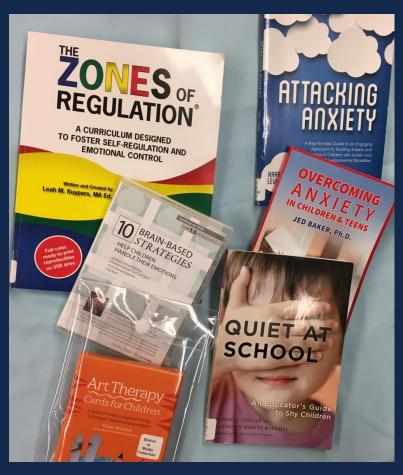


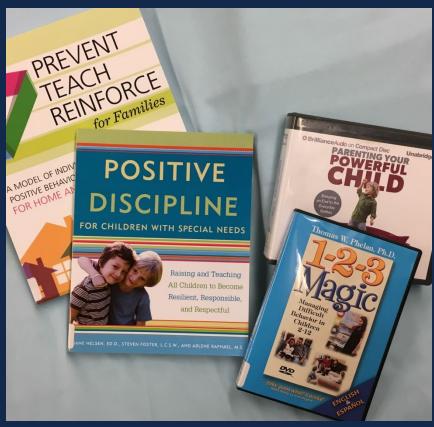
# Books for children What If YBODY Gald That? Calm-Down Time Momento para calmarse

## Illinois Developmental Therapy Association Conference - 2018



## Social-Emotional Development, Self-Regulation and behavior





## eBooks!

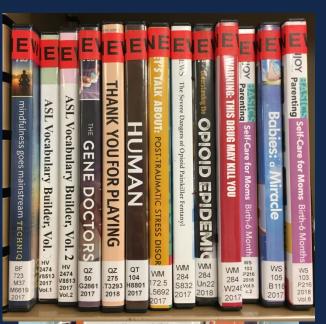








### DVDs and Audiobooks on CD





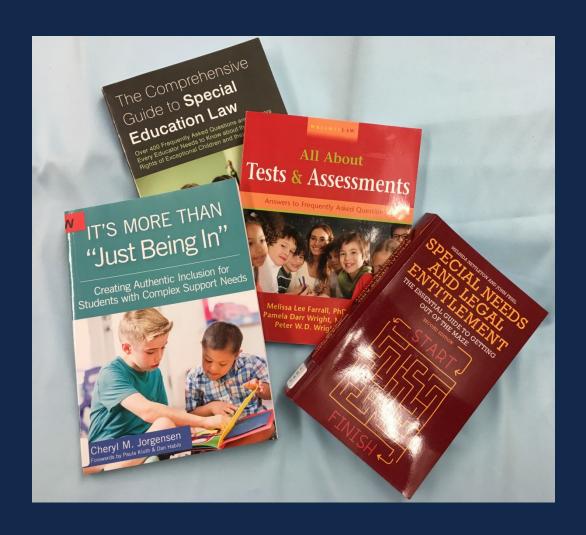


## Executive Functioning, Social Skills and Sensory processing challenges

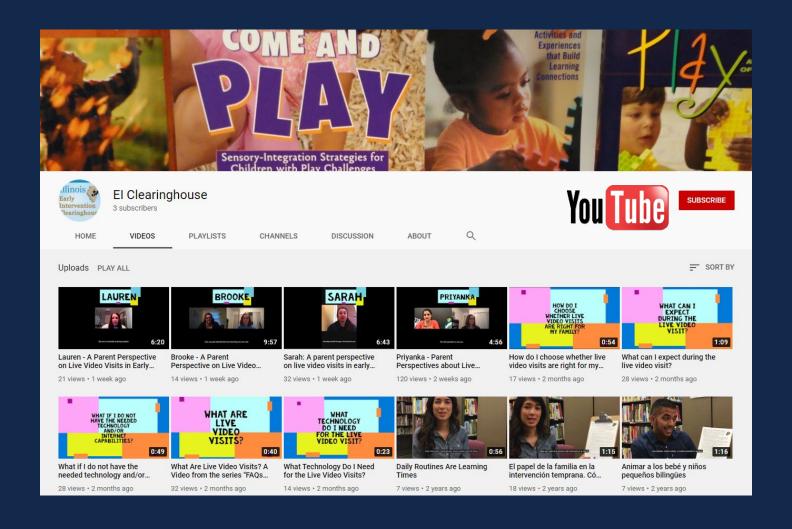




## Special Education and IEPs

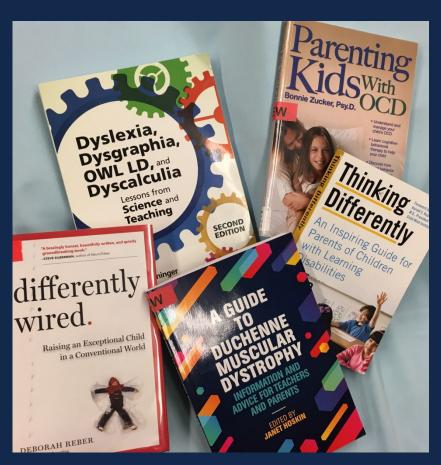


### Check out our YouTube channel!



## Unique resources on topics that can be difficult to find

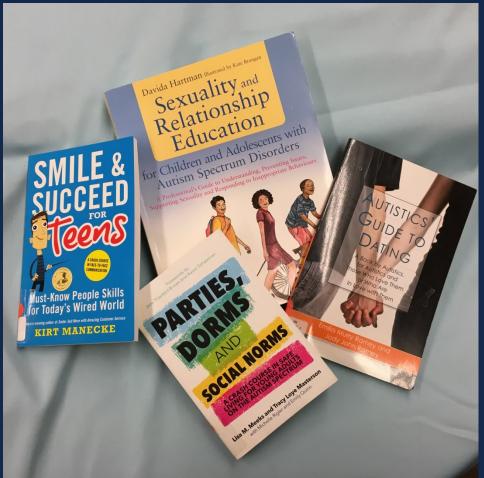




Growing up with Autism Spectrum

Disorder



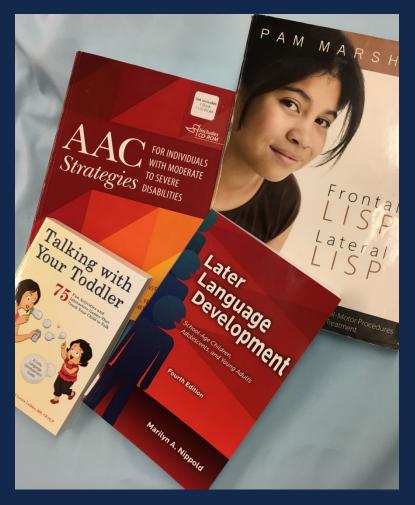


## Nutrition and feeding



## Communication

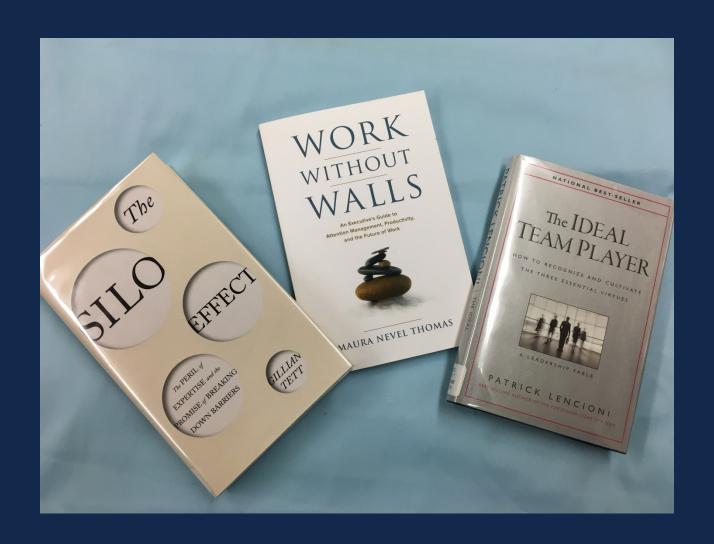




## **Sharing A Vision Conference 2017**



## Professional development resources

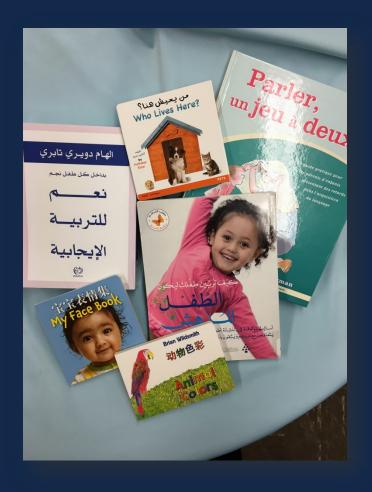




Chicago Parents presentation - 2018

## Resources in other languages





## Parent-friendly tip sheets

#### How I Feel

Like adults, infants and toddlers have complex emotions. However, they what they are feeling and how to express it to you. As they grow and dev to identify the wide range of human emotions and how to cope with the become aware that other people have feelings too. As a caregiver, you ca and understand what they are feeling, provide the appropriate names, ar respond to their emotions. Below is a list of ways your baby is showing his

#### Children from birth to 6 months old

- I show pleasure and excitement when I see caregivers.
- I may seem wary of unfamiliar people, places, and activities. I love to repeat my actions over and over.
- I am delighted when people or things respond to my efforts. I am frustrated and angry when I can't make things happen and d

#### Children from 6 to 12 months old

- I feel secure with familiar people and may show anxiety around str I am generally happy and self-assured.
- I show anger by stomping my feet and hitting. I show affection to my caregivers and other familiar people.

#### Children from 12 to 24 months old

- I show delight and pride in my achievements.
- I feel fear and anger but may try to hold back my tears.
- I want to explore my independence. I have a true "personality."
- I may separate willingly from my caregiver, especially if prepared in ad

#### Children from 24 to 36 months old

- I am aware of myself and of my actions with others.
- I know that I am the same and different from others. I show empathy with how others feel.
- I sometimes hurt others intentionally.
- I am learning to share.

Adapted with permission from the "What I Am Like" handout created by the Parents Ii project at the University of Illinois at Urbana-Champaign.

For more information on child development, see the Illinois Early Intervention



Early Intervention Clearinghouse

#### Who is on Your Early Intervention Team?

in early intervention (Ei), we work as a team to help your child learn and overcome challenges. The most important member of the tearn is the child's family. Every tearn includes a service coordinator. The team will look different for each child and family. Other team members bring knowledge and skills from a specific field to help the child and family meet outcomes.

#### Service Coordinator Knowledge of the EI system

Supports families through the Intake,

evaluation, and IFSP process as well as

**Physical Therapist** 

movement

needs

**Pathologist** 

Helps family promote their child's language

and swallowing

and communication development

promote the child's nutrition

Helps families adapt feeding routines to

Knowledge of motor

development and

Helps family adapt

everyday activities

based on their child's

 Focuses on grossmotor skills such as

crawling and walking

Speech Language

Knowledge of language, feedle

that require large muscle

the transition out of El

Organizes the team

Your El Team

Your family

WHAT COOKERNATOR

- Knowledge about their family's culture
- and everyday routines Knowledge about their child and their family's needs

#### **Developmental Therapist** Knowledge about child

- development and learning Helps families find ways to promote their child's development and learning through everyday routines and
- Helps families understand how the IFSP goals fit together to promote overall child development

#### Occupational Therapist

- Knowledge of motor, self-help,
- and sensory development Helps family adapt everyday activities based
- on their child's needs Focuses on fine-motor skills such as feeding and
- grasping that require small muscles

Each El team is unique. Other members of the El team may include child care providers, extended famil members, other caregivers, social-emotional specialists, behavioral specialists, assistive technology specialists, or medical specialists.

#### **Daily Routines Are Learning Times** Engage My Brain, Body, and Voice to Help Me Grow

You can help promote healthy development for a child with developmental delays by involving them through conversation and simple actions during regular activities throughout the day, it's easy as talking to your child about your everyday routines.

#### Wake Up

 Help me learn my body parts, clothing names, sequence (first my sock, then my shoe, etc.)



#### Mealtime

 Describe texture, taste, colors, opposites (hot/cold, soft/hard) Encourage me to feed myself with a spoon, cup, or my fingers

**Chore Time** 

Let me help! I can match

baskets, hold a dust pan or

broom, wipe a table, etc.

socks, empty laundry

#### **Bedtime**

• Read to me. Let me read to you Talk about our day together

• Sing a lullaby, share music



#### **Bath Time**

- I can follow directions: pour water, grasp toys, scrub myself, name objects
- Hide my rubber duck under a washcloth and ask me to find it

E For more information, visit the Illinois Early Intervention Clearinghouse at http://eiclearinghouse.org Any opinion, finding, courlesion, or ecommendation experiencial this publication are those of the authority and do notice affect devices of the IIII of Department of Phress Services, the neurof Early Interestion.

Department of Human Services Buses of Early Intersection



Clearinghouse

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### Questions?

- Contact Us
  - Email: <u>Illinois-eic@illinois.edu</u>
  - Phone: 1-877-275-3227
- Visit the Early Intervention Clearinghouse
  - www.eiclearinghouse.org
  - 51 Gerty Dr, Champaign, IL 61820
  - Follow us on Facebook https://www.facebook.com/eiclearinghouse/

