



Behavioral Health Services

Jose M Viruet, LCPC
Clinical Director of Behavioral Health

Healthcare is a human right.



Erie Family Health Center is an FQHC

What is an FQHC?

FQHC is an acronym that stands for Federally Qualified Health Center. An FQHC is a community-based health care provider that receives funds from the U.S. Human Resources and Service Administration's Health Center Program to provide outpatient clinical services to underserved areas.

At Erie we want all people living their healthiest lives

We believe that healthcare is a human right, we provide high quality, affordable care to support healthier people, families and communities.

3 categories of services -

- **Primary & Preventive Health Care Services**
 - Children, Teen, Adult and Senior Health
 - Reproductive health and Prenatal care
 - HIV/AIDS, PrEP and Hepatitis C Care
- **Dental services**
- **Mental health and substance abuse services**



BH-Mission Statement

The Behavioral Health team at Erie Family Health Centers strives to increase patients' access to efficient and effective care in order to improve their overall health. To accomplish this, Behavioral Health Clinicians provide an array of services, including short-term counseling services, brief mental health and crisis interventions, and linkage to other levels of care.



How to receive BH services?

- Patients need to be established with a medical provider before BH can render care
- We only accept sliding scale, uninsured, Medicaid and Medicare (BH)
- We offer service to children and youth with disabilities
- At Teen Center, we offer medical service access, like access to birth control counseling and access to parenting services for new teen moms and their partners

*We do not specialize in mental health care for children and youth with significant cognitive disabilities and/or severe behavioral issues. We collaborate with partner agencies to refer care. We offer support to the patient's immediate BH symptoms, including services to their parents.

Some of services that we offer!



Applicable

- Diagnostic clarification
- **Behavioral Interventions**
- **Treatment planning**
- Facilitate consultation with psychiatry
- **Behavior and mood management**
- Suicidal/homicidal risk assessment
- **Substance abuse assessment and intervention (MAT)**
- **Trauma & Anxiety management**
- Interim check of psychotropic medication response
- Co-management of somaticizing patients
- **Parenting skills**
- **Stress Management**
- Medication management
- Weight Management
- Chronic Pain Management

- **Insomnia / Sleep Hygiene**
- Psychosocial and Behavioral Aspects of Chronic Disease
- Management of Inappropriate Medical Utilization

Not Applicable

- Disability Evaluations
- Attorney-drafted forms related to disability
- Conservatorship evaluations and forms
- Payee forms
- Child Custody Evaluations
- DCFS Mental Health or Alcohol and Drug Evaluations
- Court ordered anger management

An example of our volume

Average in April, May and June (South Region)

Age	# Of BH Visits	# Of BH Patients
0-17	115	77
18-24	120	78
Total	235	155

Any questions,
reactions or
body
sensations?

