



## **Behavioral Health Services**

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Healthcare is a human right.

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## **Erie Family Health Center is an FQHC**

### What is an FQHC?

FQHC is an acronym that stands for <u>Federally Qualified</u> <u>Health Center</u>. An FQHC is a community-based health care provider that receives funds from the U.S. Human Resources and Service Administration's Health Center Program to provide outpatient clinical services to underserved areas.

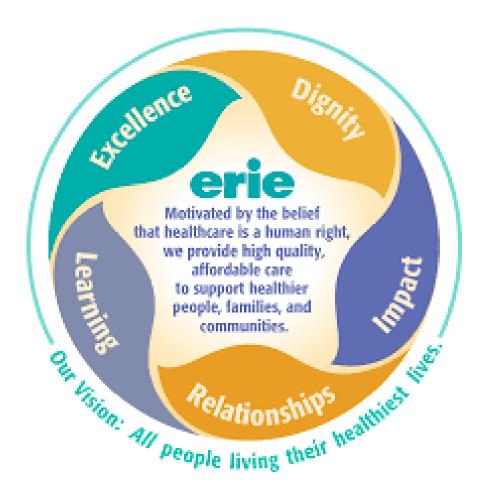


### erie At Erie we want all people living their healthiest lives

We believe that healthcare is a human right, we provide high quality, affordable care to support healthier people, families and communities.

3 categories of services -

- **Primary & Preventive Health Care Services** - Children, Teen, Adult and Senior Health
  - Reproductive health and Prenatal care
  - HIV/AIDS, PrEP and Hepatitis C Care
- Dental services
- Mental health and substance abuse services



### **BH-Mission Statement**

The Behavioral Health team at Erie Family Health Centers strives to increase patients' access to efficient and effective care in order to improve their overall health. To accomplish this, Behavioral Health Clinicians provide an array of services, including short-term counseling services, brief mental health and crisis interventions, and linkage to other levels of care.





### **Our Approach To Care**



#### **BHC-** same day encounters

We provide brief therapy for Erie patients and collaborates with medical staff as well as other providers to work towards improving patients' overall wellbeing

#### **Brief Therapy**

Brief therapy can include various approaches to short-term, solutionoriented psychotherapy. Sessions usually last 20-45 minutes and patients are only seen for a handful of sessions up to 6 months.



### How to receive BH services?

- Patients need to be established with a medical provider before BH can render care
- We only accept sliding scale, uninsured, Medicaid and Medicare (BH)
- We offer service to children and youth with disabilities
- At Teen Center, we offer medical service access, like access to birth control counseling and access to parenting services for new teen moms and their partners

\*We do not specialize in mental health care for children and youth with significant cognitive disabilities and/or severe behavioral issues. We collaborate with partner agencies to refer care. We offer support to the patient's immediate BH symptoms, including services to their parents.

# Some of services that we offer!

# OUR SERVICES

#### Applicable

- Diagnostic clarification
- Behavioral Interventions
- Treatment planning
- Facilitate consultation with psychiatry
- Behavior and mood management
- Suicidal/homicidal risk assessment
- Substance abuse assessment and intervention (MAT) Not Appl
- Trauma & Anxiety management
- Interim check of psychotropic medication response
- Co-management of somaticizing patients
- Parenting skills
- Stress Management
- Medication management
- Weight Management
- Chronic Pain Management

- Insomnia / Sleep Hygiene
- Psychosocial and Behavioral Aspects of Chronic Disease
- Management of Inappropriate Medical Utilization
- <sup>)</sup> Not Applicable
  - Disability Evaluations
  - Attorney-drafted forms related to disability
  - Conservatorship evaluations and forms
  - Payee forms
  - Child Custody Evaluations
  - DCFS Mental Health or Alcohol and Drug Evaluations
- Court ordered anger management



### An example of our volume



Average in April, May and June (South Region)			
) D-17	115	77	
18-24	120	78	

Any questions, reactions or body sensations?



