



# *Ligas Family Advocate Program*



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**The Arc**<sup>™</sup>

*Illinois*

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***Families Helping Families!***

*The Ligas Family Advocate Program is funded by the Department of  
Human Services*



# The Ligas Family Advocate Program

- Established as a pilot program in 2014 after the Ligas Consent Decree (2011) to provide consistent information about waiver services and living options statewide
- Connect families of loved ones with I/DD to similar families seeking funding and services selected from the PUNS
- Share creative ways to utilize waiver funding
- Funded through a grant from the Illinois Department of Human Services
- Work with Independent Service Coordination agencies (ISCs) in getting information about all available options for services to adults and families  
<https://www.thearcofil.org/about-us/programs/ligas-family-advocate-program/>

# Some key acronyms:

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CILA: Community Integrated Living Arrangement

DD: Developmental Disabilities

CDS: Community Day Service Programs

PAS: Pre-admission screening

HBS: Home Based Services

ICF-DD: Intermediate Care Facility for individuals with DD

ISC: Independent Service Coordination

DHS: Department of Human Services

- DDD: Division of Developmental Disabilities
- DRS: Division of Rehabilitative Services

# PUNS Selection Letter

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Summer following Early Notification

Invitation to apply for Home and Community Based Waiver Services

Evaluation process required – planned in partnership with ISC (contact upon receiving the letter of invitation)

Psychological Evaluation

Medical Exam

Ensure Medicaid in place

Continue to explore Developmental Disability Providers in your area

**Contact Ligas Family Advocate Program**

Once evaluation process complete, and individual is approved for services, you will receive an Award letter confirming that you will receive waiver funding

# Home Based v CILA

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Both provide services and supports to individuals with developmental and intellectual disabilities

Both can be provided in various home environments

**CORE DIFFERENCE: Who MANAGES the services?**

1. Home-based Supports and Services: Family and Individual manage the services
2. CILA: Developmental Disability Provider Agency manages the services

# Key Roles within Home-Based

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- Self-Advocate & Family
- PSW
- Fiscal Agent
- Employer of Record
- Self-Direction Assistant

# How can you use DDD waiver funding once eligible?

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**Home-based Services Program:** (funding is fixed =3 times SSI); all services/supports must fit within monthly budget (\$2,382.00).

## **Example of common services:**

- Personal Support Worker (PSW)
- Community Day Services(CDS) program
- SDA -Self-Direction Assistant; optional service (\$50.26)/hour for assistance in arranging for, directing & managing PSW services, skills re: recruiting/hiring of PSWs, info on effective communication and problem solving skills

**OR**

**CILA –no fixed funding amount**

- Group Home (24/7 care –up to 8 individuals)
- Host Home (24/7)
- Intermittent/In home-family CILA (less than 24/7 care daily)
  - House you live in with your family (family CILA)
  - Your own apartment - can be a permanent supportive housing apt.

# Services of the DDD waiver: HBS “Menu”

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## HOME BASED SERVICES (HBS) PROGRAM –Fixed funding (3x SSI Monthly)

Individualized Service and Support Advocacy -ISC

Supported employment (SEP) –auth. & prior approval

Community Day Service (CDS) program; temporary intensive staffing in CDS program –auth. & prior approval

Behavior Counseling (individual & Group)

Behavior Intervention and Treatment; Psychotherapy

Adult day care if 60 or older or medically fragile

Support Services Team

PT/OT/Speech Therapy –auth. & prior approval

Adaptive Equipment –auth. & prior approval

Assistive Technology –auth. & prior approval

Home Accessibility & Vehicle Modifications – auth/prior approval

Self-Direction Assistance (SDA)

Personal Support – Personal Support Worker (PSW)

Temporary Assistance (if PSW unavailable) –prior auth. & approval

Nursing; Emergency Home Response Services; non-medical transportation; training and counseling for unpaid caregivers; out of home respite, adult day care (60 and older) –auth. & prior approval; Other Day Program – auth. & prior approval

**Note – Many supports require preapproval;  
always talk with you ISC before scheduling  
services**



# What HBS Supports are used most often?

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Personal Support Workers (PSW)

Community Day Services (CDS)

Self-Direction Assistance (SDA)

# Where can I use Home Based Services?

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- In the house where I live with my family
- In a house where I live on my own or with a roommate
- In a condo where I live on my own or with a roommate
- In supportive housing

# Read core information, apply for Medicaid and SSI at age 18

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Illinois Consumer Handbook for Home-Based Services

- [http://www.dhs.state.il.us/page.aspx?item=101181#a\\_toc29](http://www.dhs.state.il.us/page.aspx?item=101181#a_toc29)

ABE Illinois: Assistance with healthcare, food, cash assistance

- [www.abe.illinois.gov](http://www.abe.illinois.gov)

Social Security

- [www.ssa.gov/applyonline/](http://www.ssa.gov/applyonline/)

**Note: You MUST have Medicaid to utilize Home and Community Based Waiver Services**

# LFAP Contact Information

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