

# SPEAK UP AND SPEAK OUT summit

Funded by the Illinois Council on  
Developmental Disabilities

## November 16 - 18, 2021 Summit Registration

Building a New World that  
includes Independence,  
Belonging, Inclusiveness  
and Respect



Registration  
\$50.00  
for all three  
days!

★ **This year's SUSO** ★  
**Summit will be held VIRTUALLY,**  
**using Zoom Webinar**

Sign Up  
Today!

### \$50 Summit Registration Fee includes:

**Tuesday, November 16, Wednesday, November 17 and  
Thursday, November 18, 2021**

**All Zoom Speaker Sessions; All Zoom Meet Ups**

**\$50 Summit Registration fee is required for all attendees. Financial assistance for registration fee is available. (Please see Form 3.)**

**Submit Registration Form and \$50 payment, or complete Stipend Application.**

**Make sure correct email address is listed on your registration form to receive the Zoom link.**

**T-Shirts will be mailed to the address on your registration form.**

**Attending this event gives permission for your photo or video to be in brochures, websites, etc. If you do not want your picture taken and published, please contact Becca Schroeder at 815.464.1832 extension 1018.**

**Interested in hosting a watch party? Gather fellow self-advocates and watch SUSO together!  
Use a large TV or projector so everyone can see and participate.**

**Register as a group and all t-shirts and materials will be mailed to one location.**

### **T-SHIRT DEADLINE:**

**In order to mail out your t-shirt in time for SUSO,  
please register by October 8, 2021.**

**After this date, we cannot guarantee you will receive your t-shirt by the start of SUSO. We will continue to mail out t-shirts until November 5th.**

For more information about the Summit, call 815-464-1832 or e-mail [becca@thearcofil.org](mailto:becca@thearcofil.org)

## TUESDAY, NOVEMBER 16, 2021 - AGENDA

9:30 - 9:45 am	<b>Housekeeping and Welcome:</b> <b>Kimberly Mercer-Schleider, Director, Illinois Council on Developmental Disabilities, ICDD</b>
9:45 - 10:45 am	<b>Keynote Speaker: Noor Pervez - "How do you build a new world"</b> "When this place was made, who made it? Whose work, whose heart and soul? Who made the world-and who had control? And were they ever the same? I don't know how we make who we become but I know it can only work if we decide to start." Noor talks about how people made the world we currently live in, and shares ways that he thinks that disabled people and our allies can build one that better works for all of us.
10:45 - 11:00 am	<b>Break</b>
11:00 - 11:15 am	<b>Update from Director Allison Stark, Division of Developmental Disabilities, DHS</b>
11:15 am - 12:00 pm	<b>Chuy Campuzano, Cate Adelman and Leanne Mull</b> <b>"I Got This! Living My Best Life with Epilepsy (a disability)"</b> Join us as we learn about epilepsy, how to support our friends who have epilepsy and how to take good care of ourselves! We will do activities, watch some videos and take cook stuff home to help us live our best lives!
12:00 - 12:30 pm	<b>Lunch Break and Open Mic</b>
12:30 - 1:15 pm	<b>Curtis Harris and Laura Furlong</b> <b>"Alternatives to Calling Police and Crisis Intervention Team (CIT) Training"</b> Curtis Harris and Laura Furlong are experts in First Responders. We are self-advocates and we advocate for the safety of people with disabilities. In this session, we will talk about: <ul style="list-style-type: none"> <li>• What is the Community Emergency Services and Support Act (CESSA)</li> <li>• What it's like to support crisis support without the policy involved</li> <li>• Why police officers need improved training in CIT</li> </ul>
1:15 - 1:30 pm	<b>Break</b>
1:30 - 2:15 pm	<b>"Living a Life in the Community: New Funding and Policies That Can Support You"</b> <b>Meg Cooch, Deputy Director of the Ligas Consent Decree ,Division of Developmental Disabilities</b> Join Meg Cooch to talk about the latest funding and supports being addressed through the Ligas Consent Decree and discuss important changes coming with the federal home and community-based services settings rule requirements happening between now and 2023.
2:15 - 2:30 pm	<b>ELECTED OFFICIAL INVITED</b>
2:30 pm	<b>Closing for Day One</b> Join the After-Meeting. Share your comments from the day's presentations and share what you're excited to see tomorrow. Or share how you will speak up and speak out after this week.

## WEDNESDAY, NOVEMBER 17, 2021 - AGENDA

9:30 - 9:35 am	<b>Housekeeping and Welcome</b>
9:35 - 10:45 am	<b>Keynote Speaker: Tia Nelis, Ashley Degroot, Barb Pritchard, Vincent Smith and Katherine Hamann "What to Expect When You're Expecting a Legislative Meeting!"</b> This breakout session will model what a legislative meeting looks like. Attendees will learn from peers on what the best practices are for engagement with elected officials.
10:45 - 11:00 am	<b>Break</b>
11:00 - 11:45 am	<b>Kenzie Hunt, Jackie Steward, Tiffani May, and Michelle Davis</b> <b>"Envision Members Bring Their Fashions to a Screen Near You"</b> Envision Unlimited used the pivot to virtual events to host the inaugural member-led, member-designed, and member-focused fashion show. From ideation to creation, Envision members brought heat to the runway through their one-of-a-kind designs.



Summit Registration - Form 1 (\$50/Person)

Your address is where the t-shirt will be shipped unless otherwise noted. If we can send a group of shirts to one agency location, please let us know.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Agency or Affiliate: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ 9 digit Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Illinois Senate District \_\_\_\_\_ Illinois House District: \_\_\_\_\_

Email (required to receive Zoom link): \_\_\_\_\_

Circle or Check T-Shirt Size  Small  Medium  Large  X-Large  2X  3X  Other: \_\_\_\_\_

Will you be attending with a support person or DSP? Yes No If yes, please provide their name, contact information and T-Shirt size below:

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Agency or Affiliate: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ 9 digit Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_ T-Shirt size \_\_\_\_\_

Please mail your registration form and other forms along with payment to: The Arc of Illinois 9980 190th Street, Suite C, Mokena, IL 60448 or email to becca@thearcofil.org

Interested in hosting a watch party? Gather fellow self-advocates and watch SUSO together! Use a large TV or projector so everyone can see and participate.

Register as a group and all t-shirts and materials will be mailed to one location.

I will be part of a watch party Name of individual or organization hosting watch party:

\_\_\_\_\_

## Support Needs Request - Form 2

This form is dedicated to those with support requests. We would like to accommodate as many people as possible during the 2021 Speak Up Speak Out Summit. **Please note that you are not limited to the needs listed below. The deadline for all needs submissions is October 1, 2021. If you have questions or would like to speak with someone about your support requests, you can call Becca Schroeder at 815-464-1832 extension 1018 or email at [becca@thearcofil.org](mailto:becca@thearcofil.org).**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Agency or Affiliate: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

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**Check all that apply:**

Do you need a sign language interpreter?  Or Captioning/CART

Do you need captioning in another language?  If yes, what language? \_\_\_\_\_

Do you need Braille?  Large Print  CD  Other

**If you have checked any of the above, please list your specific need and provide a detailed explanation below. If you need more room, use the back of this page or separate sheet.**


## Financial Assistance Request - Form 3

If financial restrictions prevent you from paying your registration fee, please complete the information below to apply for a Summit Stipend, funded through the Illinois Council on Developmental Disabilities and administered by The Arc of Illinois. **Send both the registration (Form 1) and the Financial Assistance (Form 3) to The Arc of Illinois, 9980 190th Street, Suite C, Mokena, IL 60448 or fax to 815-464-5292 or email to [becca@thearcofil.org](mailto:becca@thearcofil.org). Questions, call 815-464-1832.**

### Who can apply?

Illinois resident and

- A person with a developmental disability
- A parent of a person with a developmental disability
- An immediate family member of a person with a developmental disability
- A guardian/foster parent of a person with a developmental disability
- A DSP attending Speak Up and Speak Out with a person with a disability

This stipend is to cover the \$50 cost of registration for Speak Up and Speak Out only!  
**This is a virtual event. There are no hotel stays or meals.**

### Fill in the blanks that apply:

I am a person with a developmental disability. **Name:** \_\_\_\_\_

My disability is: \_\_\_\_\_

My family member (**circle one: son, daughter, other**) is a person with a developmental disability.

**Family Member Name:** \_\_\_\_\_

Their disability is: \_\_\_\_\_

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I am a DSP supporting a person with a developmental disability.

My Name: \_\_\_\_\_

Person I am supporting at SUSO: \_\_\_\_\_

The following statement must be signed to validate this request: I am requesting assistance from The Arc of Illinois, through funding from the Illinois Council on Developmental Disabilities, to attend this Summit that I would be unable to attend without this support. I promise to use the funds for the stated purposes.

Signature: \_\_\_\_\_

**WEDNESDAY, NOVEMBER 17, 2021 - AGENDA CONTINUED**

11:45am - 12:30 pm	<b>Lunch Break and Open Mic</b>
12:30 - 1:15 pm	<b>Bryan Jones, Stacy LeGate, Alex Tabor, and Carla Crawford</b> <b>"Take This Job and LOVE It!"</b> Three Self-Advocates describe their journeys to successful community employment. Each have created their own path using available supports to overcome obstacles, break down barriers, and maintain jobs in their own neighborhoods.
1:15 - 1:30 pm	<b>Break</b>
1:30 - 2:15 pm	<b>TJ Gordon, Jae Jin Pak, Chuy Campuzano, Brittany King and Genevieve Nutley</b> <b>"#HearOurVoices"</b> Panel discussion on intersection of disability, communities of color and racial justice. Speaking about challenges faced by people of color with disabilities. Sharing stories, experiences and reflections on what disability pride and racial justice means for people of color with disabilities.
2:15 - 2:30 pm	<b>ELECTED OFFICIAL INVITED</b>
2:30 pm	<b>Closing for Day Two</b> Join the After-Meeting. Share what you learned from this week.

**THURSDAY, NOVEMBER 18, 2021 - AGENDA**

9:30 - 9:35 am	<b>Housekeeping and Welcome:</b>
9:35 - 10:45 am	<b>A Conversation With: Emily Ladau and Amie Lulinski</b> How does storytelling create connections and drive change? All of Emily's activism is driven by her belief that "it is by sharing our stories and making the disability experience accessible to the world that we will reach a world that is accessible to the disability community." Join the conversation of the power of storytelling in self-advocacy.
10:45 - 11:00 am	<b>Break</b>
11:00 - 11:45 am	<b>Chuy Campuzano, Tavarus Wesley, Da Wen Mei, and Leanne Mull</b> <b>"It Starts by Saying Hi!"</b> In this interactive session we will talk about diversity, equity and inclusion using music, video, activities and personal stories. Attendees will learn the importance of respecting all people, even those who are different from them.
11:45 am - 12:15 pm	<b>Lunch Break and Open Mic</b>
12:15 - 12:45 pm	<b>Update from Director Rahnee Patrick, Division of Rehabilitation Services, DRS</b>
12:45 - 1:30 pm	<b>Tara Ahern, Lindsay Tonyan, and Adam Wiser</b> <b>"Healthy Relationships &amp; Sexuality"</b> Let's talk about what makes a healthy versus unhealthy relationship and learn the basics of sexuality. We will also touch on gender, pronouns, sexual violence prevention, accessing resources and ways to advocate for yourself.
1:30 - 1:45 pm	<b>Break</b>
1:45 - 2:30 pm	<b>Curtis Harris, Julie Verdu, Vincent Smith, and Julie Nelson</b> <b>"Supportive Housing"</b> <ul style="list-style-type: none"> <li>• What is Supportive Housing</li> <li>• What its like to live in our own apartment</li> <li>• Why we chose Supportive Housing</li> <li>• What Services and Supports we use</li> <li>• Why people have the right to live in supportive housing</li> <li>• Why family should support someone if they want to live in supportive housing</li> </ul>
2:30 - 2:35 pm	<b>Closing for 2nd Virtual SUSO</b>

# SPEAK UP AND SPEAK OUT

## summit

Funded by The Illinois Council on  
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9980 190th Street, Suite C  
Mokena, IL 60448

November  
16 - 18,  
2021



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**November 16 - 18, 2021**

Building a New World that  
includes Independence,  
Belonging, Inclusiveness  
and Respect



Be a part of the buzz at  
[#2021SUSO](#)



In order to receive your  
t-shirt, we must have your  
registration form by October 8, 2021  
and remember to have your size on  
the form!



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