THE ARC OF ILLINOIS
FAMILY TO FAMILY MONTHLY WEBINAR
WEDNESDAY, JULY 13, 2022

AMANDA M. WALSH, JD, LLM, MSW
DIRECTOR
AGENDA

I. Welcome

II. Meet the Partnership

III. Status of Children’s Mental Health

IV. Plans for the Future

V. Conclusion
MEET THE ILLINOIS CHILDREN’S MENTAL HEALTH PARTNERSHIP
ICMHP: HOW IT BEGAN

2001
- White Paper on Mental Health Services for Children

2002
- Children's Mental Health Task Force Convened

2003
- Children's Mental Health Act Passed

2005
- Strategic Plan for Building a Comprehensive Children's Mental Health System in Illinois
ICMHP MEMBERSHIP & OPERATIONS (THROUGH DEC 2022)

25 Experts
Including but not limited to
• Child and family voice
• Community mental health
• Early childhood
• Education
• Health
• Substance use
• Violence prevention
• Juvenile justice

State Agencies
• DHS
• ISBE
• DCFS
• HFS
• IDPH
• DJJ
• AG
• ICJIA

Legislature:
• 2 House Democrats
• 2 House Republicans
• 2 Senate Democrats
• 2 Senate Republicans

Governor Liaison
Chair
Staff
Fiscal Sponsor
2005 CHILDREN’S MENTAL HEALTH PLAN & ICMHP STRATEGIC PRIORITIES

- Family & youth involvement
- Increased mental health programs
- Mental health consultation across all child-serving systems
- Public awareness campaign
- Maternal depression
- Social & emotional education
- Screening & assessment for child welfare and juvenile justice
- Increased early intervention and treatment for:
  - 0-5 y/o
  - Transitioning out of public systems
  - Exposed to trauma
  - SASS follow-up
  - Mental health not severe enough for public assistance
- Residential treatment service review
- Policy & research center
SOCIAL EMOTIONAL LEARNING STANDARDS
ILLINOIS DOCASSIST

Illinois DocAssist
Answering primary care behavioral health questions about children, adolescents, and perinatal patients

Phone Consultation
CALL NOW!
1-866-986-ASST (2778)
There is no charge for phone consultations
MENTAL HEALTH CONSULTATION INITIATIVE – UNIVERSAL MODEL DEVELOPMENT

- **Model serves to:**
  - Identify best practices
  - Define the specific nature of infant/early childhood mental health consultation
  - Help coordinate consultation practices across the state
  - Describes the necessary structures and supports that need to be in place to support I/ECMH consultants and ensure the development of an adequate workforce to provide these services
SAY IT OUT LOUD CAMPAIGN
STATUS OF CHILDREN’S MENTAL HEALTH
Children's mental health crisis a 'national emergency,' pediatric groups declare

There has been a "shocking" rise in urgent mental health help for kids.

By Meredith Deliso
October 19, 2021, 4:47 PM • 5 min read
U.S. Surgeon General Issues Advisory on Youth Mental Health Crisis Further Exposed by COVID-19 Pandemic

FACT SHEET: President Biden to Announce Strategy to Address Our National Mental Health Crisis, As Part of Unity Agenda in his First State of the Union
COVID-19 AND CHILDREN’S MENTAL HEALTH: NATIONAL

24% for children aged 5-11

31% for children aged 12-17
COVID-19 AND CHILDREN’S MENTAL HEALTH: ILLINOIS

- Drug use: 65%
- Tobacco (including e-cigs): 65%
- Stress: 62%
- Depression: 62%
- Child abuse and neglect: 60%
- Suicide: 57%
- Childhood obesity: 57%
- Teen pregnancy: 49%
- Alcohol use: 46%
- Unintentional injuries: 39%

- 48% of parents had talked with their child’s primary care provider about mental health concerns for their child in the last 6–12 months.
- 24% of parents said their child had used mental or behavioral health services in the last 6–12 months.
- 18% of parents said they could not get the mental or behavioral health services they wanted for their child.
<table>
<thead>
<tr>
<th>County</th>
<th>Pop. &lt; 18</th>
<th>Number of CAPs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cook County</td>
<td>1,186,398</td>
<td>181</td>
</tr>
<tr>
<td>DuPage County</td>
<td>218,771</td>
<td>41</td>
</tr>
<tr>
<td>Lake County</td>
<td>179,177</td>
<td>27</td>
</tr>
<tr>
<td>Sangamon County</td>
<td>45,563</td>
<td>14</td>
</tr>
<tr>
<td>Will County</td>
<td>182,916</td>
<td>7</td>
</tr>
<tr>
<td>Champaign County</td>
<td>39,273</td>
<td>6</td>
</tr>
<tr>
<td>Winnebago County</td>
<td>69,159</td>
<td>6</td>
</tr>
<tr>
<td>Kane County</td>
<td>142,953</td>
<td>4</td>
</tr>
<tr>
<td>McHenry County</td>
<td>76,907</td>
<td>4</td>
</tr>
<tr>
<td>Peoria County</td>
<td>44,665</td>
<td>4</td>
</tr>
<tr>
<td>McLean County</td>
<td>38,166</td>
<td>3</td>
</tr>
<tr>
<td>St. Clair County</td>
<td>64,054</td>
<td>3</td>
</tr>
<tr>
<td>Rock Island County</td>
<td>32,821</td>
<td>2</td>
</tr>
<tr>
<td>Adams County</td>
<td>15,184</td>
<td>1</td>
</tr>
<tr>
<td>Brown County</td>
<td>1,045</td>
<td>1</td>
</tr>
<tr>
<td>DeKalb County</td>
<td>22,872</td>
<td>1</td>
</tr>
<tr>
<td>Jackson County</td>
<td>10,703</td>
<td>1</td>
</tr>
<tr>
<td>Lee County</td>
<td>7,006</td>
<td>1</td>
</tr>
<tr>
<td>Macoupin County</td>
<td>10,072</td>
<td>1</td>
</tr>
<tr>
<td>Madison County</td>
<td>59,303</td>
<td>1</td>
</tr>
<tr>
<td>McDonough County</td>
<td>5,274</td>
<td>1</td>
</tr>
</tbody>
</table>

In Illinois, **81** of the 102 counties, representing nearly 540,000 children, **do not** have a CAP.

In the 21 counties that do have a CAP, there are only **310** for 2.45 million children.
## National Rankings: Mental Health America

<table>
<thead>
<tr>
<th></th>
<th>MHA- IL</th>
<th>2015</th>
<th>2020</th>
<th>2021</th>
<th>2022</th>
<th>2022</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall State Rank For Youth Mental Health</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>NATIONAL</strong></td>
</tr>
<tr>
<td>Youth With At Least One Major Depressive Episode In The Past Year</td>
<td></td>
<td>8.86% 94,000</td>
<td>14.00% 141,000</td>
<td>14.86% 148,000</td>
<td>15.15% 149,000</td>
<td>15.08% 149,000</td>
</tr>
<tr>
<td>Youth With MDE In The Past Year Who Did Not Receive Treatment</td>
<td>(Not Asked)</td>
<td>56.1% 80,000</td>
<td>62.1% 90,000</td>
<td><strong>62.1% 90,000</strong></td>
<td><strong>55.25% 77,000</strong></td>
<td>60.3% 77,000</td>
</tr>
<tr>
<td>Youth With Severe MDE In The Past Year</td>
<td>(Not Asked)</td>
<td>10.1% 98,000</td>
<td>11.0% 104,000</td>
<td>11.0% 104,000</td>
<td>10.6% 104,000</td>
<td></td>
</tr>
<tr>
<td>Youth With Severe MDE Who Received Some Consistent Treatment</td>
<td>(Not Asked)</td>
<td>27.40% 26,000</td>
<td><strong>25% 26,000</strong></td>
<td><strong>38.3% 38,000</strong></td>
<td>27.2% 38,000</td>
<td></td>
</tr>
<tr>
<td>Students Identified With Emotional Disturbance for an IEP</td>
<td></td>
<td>10.87% 20,192</td>
<td>10.17% 18,373</td>
<td>10.19% 18,237</td>
<td>10.59% 18,381</td>
<td>7.59% 18,381</td>
</tr>
<tr>
<td>Youth With Private Insurance That Did Not Cover Mental Or Emotional Problems</td>
<td></td>
<td>36.4% 82,513</td>
<td>5.8% 28,000</td>
<td>7.2% 34,000</td>
<td>6.6% 33,000</td>
<td>8.1% 33,000</td>
</tr>
<tr>
<td>Youth With Substance Use Disorder In The Past Year</td>
<td></td>
<td>5.83% 62,000</td>
<td>4.67% 47,000</td>
<td>4.04% 40,000</td>
<td>4.25% 42,000</td>
<td>4.08% 42,000</td>
</tr>
</tbody>
</table>
PLANS FOR THE FUTURE
COORDINATION
- Interagency Crisis Staffing Workgroup
- Data-Sharing Agreements

ANALYSIS
- Needs and Gaps Analysis
- Business Process Review
- Policy Review

TRANSFORMATION
- Online Portal Prototype
- Best Practices
- Blueprint Due December 2022
N.B. V. NORWOOD CONSENT DECREE UPDATES

CMS Approved 1915(i) Waiver!

- August 2022: Care Coordination & Support Orgs (CCSO) Announced & Prep Begins
- Aug – Oct 2022: Hiring Completed
- Nov 2022: Readiness Review & Trainings Begin
- Dec 2022: Readiness Review Complete
- Jan 2023: Pathways to Success Services Begin!
CHILDREN’S MENTAL HEALTH PLAN –

Phase 1
- ICMHP Pre-Planning
- Kick-Off Webinar

Phase 2
- Steering Committee Engagement
- Community & Workgroup Input
- Workgroup Meeting #1
- Workgroup Polling

Phase 3
- Workgroup Meeting #2
- Prepare Draft Plan & Community Input
- Final Plan Drafting & Implementation Prep

Phase 4
- Jan – Feb 2022
- Mar – Apr
- May
- Children’s Mental Health Week Release
TOTAL UNIQUE INDIVIDUALS PROVIDING INPUT: 808
(68 / 102 counties represented)
OUR VALUES

In order to improve the mental health of the citizens of our State, it was important for the Plan to start with a set of values for every overarching goal and recommendation of the Plan. These values must be at the center of every decision, program, and policy meant to improve child and family mental health:

**Equity**
the fair treatment, access, opportunity, and advancement of all people, while also striving to identify and eliminate barriers that have excluded individuals;

**Diversity**
diverse representation across race, ethnicity, gender, ability, sexual orientation, gender identity, and socio-economic status;

**Inclusion**
all voices must not only be represented, but actively included in the process. In particular, the youth, families, and communities with lived experience;

**Wellness**
mental health for all, including children and families, should not be viewed as separate from our overall health and well-being. We must all recognize it is part of our everyday actions and lives; and

**Health in All Policies**
an acknowledgement needs to made about the role of mental health being a relevant portion of all statewide policies, including economic development, housing, food insecurity, transportation, and more.
CHILDREN’S MENTAL HEALTH PLAN GOALS

1. Awareness, Acceptance, and Supports
2. Coordination, Needs Assessment, & Innovation
3. Centralized Hub
4. Child and Family Serving Workforce
5. Systems of Care
ANNOUNCING THE ILLINOIS CHILDREN’S MENTAL HEALTH PLAN!

ICMHP was charged with developing and monitoring a plan to build comprehensive and coordinated mental health services, programs, and supports for Illinois children and their families. The Partnership created its initial plan in 2003, with a brief update to the strategic priorities in 2012. We are excited to announce that for the first time in 10 years, ICMHP and the State of Illinois have developed a new Children’s Mental Health Plan to improve the overall well-being of all Illinois youth and families.
Thank you!
Please visit us at:
www.ICMHP.org

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