## Association for Individual Development

# DAY PROGRAMS

### COMMUNITY SERVICES: TRADITIONAL, STARS & SPECIALIZED

Traditional small workshop program offered from 9am until 3pm that assists with the acquisition, retention and improvement in self-help, socialization and adaptive skills. Activities may include job exploration, volunteer work or piece work, recreation and educational experiences.

STARS (Structured Therapeutic Adult Recreation Services) focuses on active community integration, volunteer work and fitness activities by locating in local fitness centers and churches.

The Keeler Center is a specialized day program for individuals with complex behavioral, medical and physical support service needs. This program promotes building of fine and gross motor, social, and daily living skills through community participation and volunteer opportunities. Individualized programming and Behavior Supports are provided by on site Program Manager, Education Specialist, Assistive Technologist and Behavior Analyst.

### EMPLOYMENT SERVICES

AID Employment Specialists work with clients to discover employment interests, find and retain employment and offer job coaching / skill building through community integration. Job satisfaction for the employer and employee are major goals of this program.

#### INDIVIDUAL PLACEMENT & SUPPORT (IPS)

A Supported Employment model, IPS is a program that helps people with mental illness find and keep jobs, while at the same time providing employers with access to motivated employees. IPS is a no barrier, strengths-based approach that seeks to engage persons with behavioral health conditions from the moment that they express interest in obtaining employment in their communities.

#### PSYCHOSOCIAL REHABILITATION (PSR)

PSR offers group counseling interventions to assist individuals in developing new and refining current life skills needed to function optimally.



AID believes that people can live and work in their communities with the proper supports.

AID strives to meet clients where they are and support them in moving where they want to be.

AID VISION: Recognized leader providing best quality outcomes for individuals served in areas of housing, employment, community integration, health promotion, recovery and crisis prevention

VISIT: AIDCARES.ORG E-MAIL: INFO@AIDCARES.ORG

ACCESS AID SERVICES BY DIALING: (877) AID-0001

Services provided throughout Kane, Kendall, DeKalb, McHenry, suburban Cook, DuPage and Will Counties. For more information about AID Developmental Disabilities or Behavioral Health services, please visit <u>AIDcares.org</u> or e-mail info@aidcares.org.

For most DD day programs, individuals will need to contact their local Independent Service Coordination (ISC) agency and apply for the Prioritization for Urgency of Need for Services (PUNS) list.

