



Association for  
Individual Development

This service is made possible with the support  
of the Aurora Township and Senior Services.

# SENIOR SUNSHINE PROGRAM

A **FREE** program serving individuals  
age **60 OR OVER** with a scheduled  
“check-in” phone call for individuals  
with mental health concerns such as  
anxiety or depression.



*“In some of my lowest moments, they  
are always there. They have been a  
lifeline for me and they are all so nice.”*

*Start receiving Senior Sunshine Calls* **Today!**

**(630) 966-4304 • CBrown@AIDcares.org**

**CHERYL BROWN, AID CRISIS LINE MANAGER**

LEARN MORE ABOUT AID PROGRAMS AND SERVICES BY VISITING [AIDCARES.ORG](http://AIDCARES.ORG)