ONLINE WEBINAR



21st Annual QIDP Leadership Conference

JANUARY 24, 2023

9:00 - 10:00 a.m. - "Road to Success: Creating a Successful Person-Centered, Value Driven, Environment to Support People with IDD and additional Complex Needs in the Community"

Presented by Charlene Bennett, EdD, CEO Individual Advocacy Group, and Melissa Rowe, Associate Executive Director, Individual Advocacy Group

The purpose of the presentation is to provide practical techniques that have been proven successful in supporting people with IDD and additional complex needs to live a high quality of life in the community. During this session, we will share samples of dignity of risk assessments to mitigate against risk, how to develop a staff culture to support people with IDD and additional complex needs and how to develop outcome driven, customized person-centered plans and much more!!

10:00 - 10:15 a.m. - Break

10:15 - 11:15 a.m. - "America Runs on Behavior...and Values, Choices, Empathy, and Skill Development: Using Person Centered Thinking to Develop Behavior Plans"

Presented by Amie Burke, BCBA, ICPN, and Anna Vvanti, ICPN

Personal Centered Thinking is at the very center of what we do. Why do we still have plans that do not include values, choices, teaching skills that are important to the person supported? During this session, we will challenge you to think about person centered thinking during the assessment, implementation, and follow up phases of the development of a behavior support plan.

11:15 a.m. - 12:00 p.m. - Meg Cooch, Deputy Director of the Ligas Consent Decree

12:00 - 12:30 p.m. - Lunch Break

12:30 - 1:30 p.m. - "God and the Group Home: Moving Beyond the Nervous Relationship of Providers and Religion" Presented by David Morstad, M.Ed, FAAIDD

Historically, there has been a reluctance on the part of support provider organizations when it comes to actively supporting the spiritual practices of the individuals whom they support. Yet, the acknowledgement of the spirituality of people with disabilities raises important questions about the integrity of individual supports as well as the full and complete personhood of the individual. Acting as though this is somehow a delicate "church and state" concern is a distraction from the real issue. The session will provide data relative to US cultural norms of religious practice, and the practical impact of faith communities as natural support

Agenda Continued

1:30 - 2:30 p.m. - "What Even is Spiritual Health? And How to Support Someone with I/DD in their Grief?"

Presented by Sarah VanderZee McKenney, MDiv - Spiritual Support Coordinator for the Stone Belt Arc

First we will take a look at the term "Spiritual Health". Sarah will explore what this term means, explain how this is a basic human need, and explore how this is tied with mental health, physical health, and general wellbeing. Second, Sarah will demonstrate the critical connection between Spiritual Health and grief. People with I/DD experience "compound grief" more so than any other population. Together you will explore why this is the case, and ways you can respond to people with I/DD in their grief in the healthiest and most supportive ways. You will leave with a better knowledge of what is supportive to say and do, and not harmful.

2:30 - 2:45 p.m. - Break

2:45 - 3:45 p.m. - "Retirement and End of Life for People with IDD" Presented by Sarah A. Hall, PhD, FAAIDD, Institute on Community Integration, University of Minnesota, and Roger J. Stancliffe, PhD, FAAIDD, FIASSIDD, Institute on Community Integration, University of Minnesota

This presentation will describe the experiences of adults with IDD with retirement, highlighting the factors that impacted their decision to retire, their preparation, and their adjustment to retirement. We will introduce the Transition to Retirement model and describe the experiences of adults with IDD in Australia. Then, we will introduce ways to teach about end of life using the Talking End of Life online toolkit.

3:45 - 4:45 p.m. - "Joy for Ourselves and the People We Support" Presented by Tamara Besser, LCSW, NCG, QIDP, JCFS Chicago, and Jennie Marble, MA CCC-SLP, JCFS Chicago

We know the paperwork requirements, theoretical underpinnings, and evidence for the work that we do, but in the end are the people we support experiencing joy and true delight? How might our outcomes and the shape of our work change if joy was part of the discussion? Come learn about the science and art of joy and how we might reimagine the work we do and bring more joy into the lives of the people we support and our own lives.

ALL BIOS

Please see The Arc of Illinois special Event Page for the QIDP Conference at



COST & REGISTRATION



January 24, 2023 - 9:00 a.m. to 4:45 p.m. This Conference will be held VIRTUALLY using Zoom Webinar.

Registration Fees for Participants are: Members of The Arc of Illinois:

Professional\$	100.00
Consumer/Family Member\$	55.00

Non Members of The Arc of Illinois:

Professional\$	160.00
Consumer/Family Member\$	85.00

Please complete the attached registration form, fax it to 815-464-5292, then mail the hard copy along with your check to:

> The Arc of Illinois 9980 190th Street, Suite C Mokena, IL 60448 815-464-1832

You can also register at

https://www.thearcofil.org

<u>CEU's:</u> Licensed Nursing Home Administrators, Licensed Social Workers, Licensed Clinical Social Workers, Licensed Occupational Therapists and Physical Therapists, Licensed Counselors and QIDP's participating on Zoom on the day of the event are entitled to six (6) CEU's.

Groups of more than 7 from one agency are entitled to a 10% discount. If you have any special needs, please contact Becca Schroeder at 815-464-1832. Notice of any special accommodations are required TWO WEEKS prior to the event.

If financial restrictions prevent you from paying full registration, you may contact the Consumer Involvement Program at The Arc of Illinois (815-464-1832) for a consumer stipend application for self-advocates and families.

CANCELLATIONS & REFUNDS Participants canceling their registration 72 hours in advance will be entitled to a credit or refund. No refund or credit will be given for cancellation less than 72 hours before the conference.

The QIDP Conference will be held VIRTUALLY, using Zoom Webinar.





QIDP Leadership - January 24, 2023 One form per person.

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