God and the Group Home:

Moving Beyond the Nervous Relationship of Providers and Religion Illinois QIDP Leadership Conference, January 24, 2023

Religious Practice is a Cultural Norm

- Religion and culture are intertwined. Religion influences culture, and culture influences religion.
- About 42% of the US population is regularly engaged with a place of worship. (2020 US Census)

Protected by Law & Supported by Professional Organizations

- The First Amendment and the church/state relationship
- Positions Statements of The ARC and AAIDD

The Home and Community-Based Services Regulations

- Passed in 2014, but implementation by states was delayed... and delayed again
- The new regulations pull no punches when it comes to answering the most fundamental questions:
 - Whose Plan Is It? It is directed by and belongs to the individual being supported.
 - ▶ Where does stuff happen? In typical and ordinary community settings.

Some Common Faith Community Perceptions

- There is evidence that faith communities view themselves as more welcoming and inclusive than they actually are.
- Faith communities—because they are a subset of the general population—may be deriving much of their knowledge about intellectual and developmental disabilities from social media rather than first-person experiences. Some popular misconceptions include:
 - > People with I/DD are always happy and kind
 - > People with I/DD are courageous in their "struggle" with the disability

- > People with I/DD are eternally children
- Faith communities may see their role differently than people with disabilities or those who support them.
 - > People with disabilities are not your mission projects
 - Proliferation of the "mercy" perspective

Where Does One Start?

- Start by asking questions... and the answer may be 'no'.
- The pattern of questions is a familiar one
 - ➢ How important are your spiritual beliefs to you?
 - > Are your spiritual beliefs something you wish to express?
 - How do you express your spiritual beliefs (e.g., alone, with others, traditional and non-traditional rituals, in your home, etc.)?
 - ➤ What is your faith preference?
 - ➤ What assistance do you need (if any) to express your faith/spiritual beliefs?
 - Is there any other information about faith or spirituality that you would like to explore?
 - Do you get enough opportunities to express your spiritual beliefs and/or faith?
 - Do you wish to learn more and/or develop a deeper understanding about the spiritual beliefs/faith you have chosen?
 - ➤ Is your current faith expression meeting your needs?
 - > Are you sharing faith life experiences with the people you wish to?

A Case for Exploring Collaboration with Faith Communities

- 1. They are called to do good work.
- 2. They are called to be inclusive—and profess to be so.
- 3. They are networks of community connection.
- 4. They already face the things that threaten people with disabilities.
- 5. They are a place where friendships are developed and nurtured.
- 6. They are accustomed to exploring the gifts that people bring.

- 7. They are places where justice is consistently preached.
- 8. They espouse human value that is inherent rather than earned.
- 9. They are lifespan oriented.
- 10. They are family oriented.

Reference and Resource List

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