

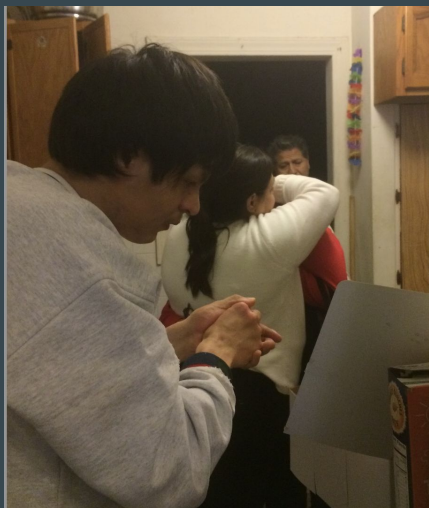
# A Sibling Experience

...

Gissel Escobedo







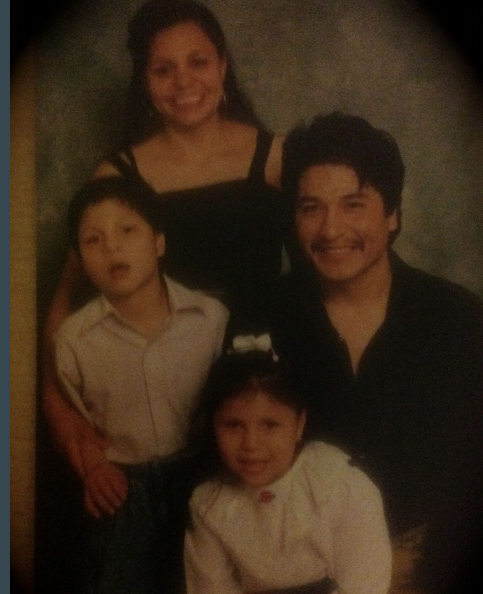






My parents travelled to major cities like Monterrey and Mexico City in search for answers.

# Chicago O'hare International Airport (1989)





# Growing Up



Remembering

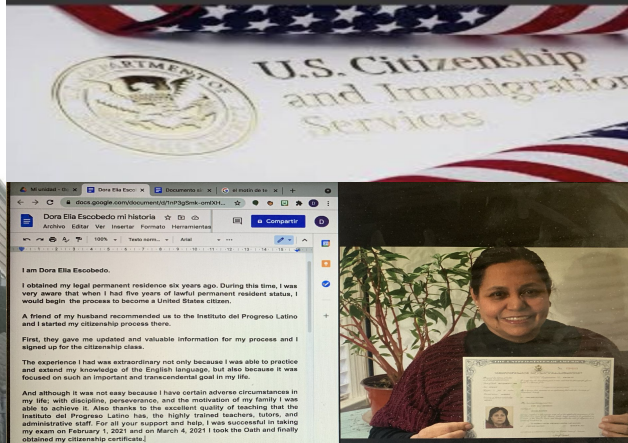




## Connecting between home and public spaces through language



# Major transitions in our family



## From crisis to self awareness

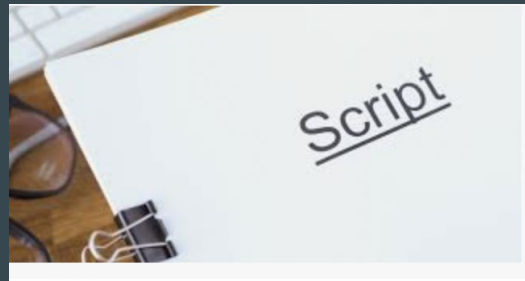
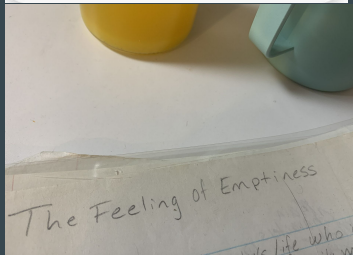
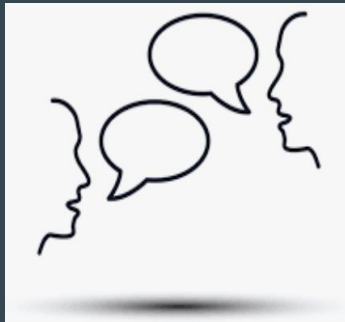




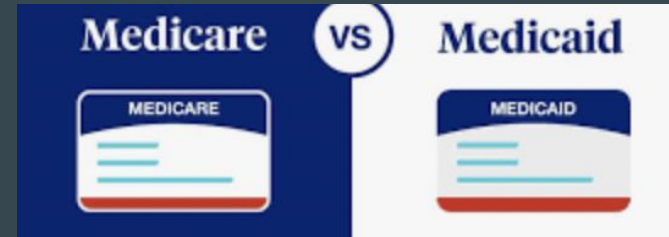
Pause



# Inward exploration



# life transitions, navigating new systems





# Looking ahead...



- What career paths or changes will I have to make when my parents are no longer able to take care of my brother?
- Will I be emotionally ready to take on full responsibility when that moment comes?
- What will be my brother's living arrangement? And what supports will he need for his own transitions?
- How will my sister and I provide support to my parents who will need help to take care of themselves?

# Adjusting w/Support



Friends and Community

# Adjusting w/Support





# Reflective Thought

Help the sibling develop their  
own uniqueness, talents, hobbies



# Reflective Thought

Have an open line of  
communication



# Reflective Thought

## Space to Pause

- Rethink
- Reflect
- Evolve
- Shift



# Reflective Thought

social, cultural, linguistic  
economic, immigration layers

- To unpack
- Recognize

