

SPEAK UP AND SPEAK OUT summit

Funded by the Illinois Council on
Developmental Disabilities

October 5 - 6, 2023 Summit Registration

Building a Better Future Together

Registration
\$50.00
for both
days!

Please read this carefully.
**This year's SUSO Summit will be
HYBRID - ONLY 250 in person, the
rest VIRTUALLY, using Zoom Webinar**

Registration
is
Limited!
Sign Up
Today!

\$50 Summit Registration fee is required for all attendees, including personal support workers. Financial assistance for registration fee is available. (Please see Form 3.)

To Attend SUSO in Springfield, IL:

- Submit Registration Form and \$50 payment, or complete the Financial Assistance Request (Form 3).
- Do not reserve a hotel room or book transportation until you receive a confirmation phone call.
- T-Shirts will be given during check-in.
- **Groups from one agency have a limit of 15 total individuals to attend in-person, including support staff.**

To Attend SUSO Virtually:

- Submit Registration Form and \$50 payment, or complete the Financial Assistance Request (Form 3). **There is a limit of 25 individuals from one agency to apply for a stipend.**
- **T-SHIRT DEADLINE:** In order to mail your t-shirt in time for SUSO, please register by **August 25, 2023**. After this date, we cannot guarantee you will receive your t-shirt by SUSO. T-Shirts will be mailed to the address on your registration.
- Make sure correct email address is listed on your registration form to receive the Zoom link.

Attending this event gives permission for your photo or video to be in brochures, websites, etc. If you do not want your picture taken and published, please contact Becca Schroeder at 815-464-1832 extension 1018.

For more information about the Summit, call 815-464-1832 or e-mail kim@thearcofil.org

Hotel and Travel Information

SUSO will be at the President Abraham Lincoln DoubleTree Hotel. Everyone attending in Springfield and needing a hotel room must make their own reservations and inform the hotel of any special accommodations. **Do not reserve a hotel room or book transportation until you receive a confirmation phone call.**

The single and double hotel rate is \$135.66 including tax per night. \$11.40 including tax for each additional person in the room per night. Wait until you receive registration confirmation to book your room. The Arc of Illinois will share the special rate code and any additional information to book your room. There are limited number of accessible rooms. **If you need an accessible room, please contact Becca Schroeder directly at 815.464.1832 or becca@thearcofil.org.**

If you need driving directions to the President Abraham Lincoln DoubleTree please go to Google Maps or you can call 815.464.1832 for assistance.

There is an Amtrak Train Station 5 blocks from the DoubleTree. Take Washington 4 blocks, then right on 7th Street for 1 block. To make a train reservation, call Amtrak at 1.800.872.7245.

If you need accessible transportation from the Amtrak Station to the DoubleTree, call ACCESS SPRINGFIELD at 217.522.8594. Be sure to call and make a reservation in advance.

A parking garage is attached to the hotel. The height clearance is 7 feet at the garage entrance, but once inside the garage, the height can be up to 9 feet on the ground floor only. Contact Becca if your vehicle will not fit in the garage. Parking is an added expense, please mark if needed on your registration form.

Thursday, October 5, 2023 - AGENDA

12:00 - 1:30 pm	IN PERSON ONLY: Check in at registration table; Lunch is on your own
1:30 - 2:30 pm	<p>ALL Breakout Session #1 Ani Hunt, Colleen Musselman, and Brandon Ramirez "A Seat at the Table"</p> <p>Individuals with disabilities will be discussing/sharing strategies for increased visibility in the workforce across various social professional settings.</p> <p>IN PERSON ONLY: Option to attend Breakout Session #2 (All Sessions will be recorded and shared) Beth Davis, Mary Hettel, Kenneth Powers, and Mary Suggs "Peer to Peer Bridging the Gap through Self-Advocacy"</p> <p>Peer to Peer can help self-advocates learn about helping someone who has experienced sexual and/or domestic violence. Offering support and choices makes a difference. Find out how you can bring Peer to peer to your program.</p>
2:30-3:00 pm	Break
3:00-4:00 pm	<p>ALL Breakout Session #3 Mary Matthews, Ebony Payne, Barb Pritchard, and Lyndsay Sullivan "Changing the Law in Illinois. A Roadmap to Change for People with Disabilities"</p> <p>Join us for this fun session learning about the process IRRC is using to get a bill passed! Learn the steps so far and how you can get involved as we cross the finish line!</p> <p>IN PERSON ONLY: Option to attend Breakout Session #4 (All Sessions will be recorded and shared) Leanne Kenworthy and Anne Thurston "Choosing to Move Forward: How Self-Advocacy Builds a Better Future"</p> <p>Everyone's journey to building their future is different. How you choose to start your journey and the perspective you choose matters. All things are possible if you stay positive, confident and keep moving forward.</p>
4:00-5:00 pm	IN PERSON ONLY: Free time
5:00-10:00	IN PERSON ONLY: Gala dinner with Open Mic and DJ



Summit Registration - Form 1

Check all that apply:

Registration \$50 - in-person virtually

Staying at hotel:
Applying for a stipend? Yes No

Hotel Roommate: _____
I understand I must let the hotel know who I will room with when I make my reservation.

Need Parking - Driving Alone Car Pooling with _____

First Name: _____ Last Name: _____

Agency or Affiliate: _____

Home Address: _____

City: _____ State: _____ 9 digit Zip: _____

Phone: _____ Illinois Senate District: _____ Illinois House District: _____

Email (required to receive Zoom link): _____

Circle or Check T-Shirt Size Small Medium Large
 X-Large 2X 3X 4X 5X

Will you be attending with a support person or PSW? Yes No
If yes, please provide their name, contact information and T-Shirt size below:

First Name: _____ Last Name: _____

Agency or Affiliate: _____ T-Shirt size: _____

Address: _____

City: _____ State: _____ 9 digit Zip: _____

Cell Phone: _____ Email: _____

Please mail, fax or email your registration form along with payment to: The Arc of Illinois
9980 190th Street, Suite C, Mokena, IL 60448, fax to 815.464.5292, or email to kim@thearcofil.org

Accommodation Request - Form 2

We would like to accommodate as many individuals as possible during the 2023 Speak Up Speak Out Summit. **Please note that you are not limited to the items listed below. The deadline for all accommodation submissions is September 8, 2023. If you have questions or would like to speak with someone about your accommodation requests, you can call Becca at 815-464-1832 extension 1018 or email at becca@thearcofil.org.**

First Name: _____ Last Name: _____

Check all that apply:

Do you need a sign language interpreter? Or Captioning/CART

Do you need captioning in another language? If yes, what language? _____

Do you need Braille? Large Print CD Other

In person Only:

Do you have any dietary restrictions?

If yes, please list your dietary requests: _____

Assistive Listening Device Shower Chair

Do you need a Nurse to administer medication?

Will you need assistance from a PSW during the regular hours of the conference?
PSWs will be onsite and available during the regular hours of the conference ONLY.

Will you need an accessible room? If you do, please call Becca at 815-464-1832.

Your PSW/Staff emergency (24 hour) phone number: _____
(This is important for questions on medication or other support needs.)

If you have checked any of the above, please list your specific need and provide a detailed explanation below. If you need medication administered by an RN, please provide the a copy of the current MAR (medical administration record). If you need more room, use the back of this page or separate sheet.

Financial Assistance Request - Form 3

If financial restrictions prevent you from paying your registration fee, please complete the information below to apply for a Summit Stipend, funded through the Illinois Council on Developmental Disabilities and administered by The Arc of Illinois. **Send both the registration (Form 1) and the Financial Assistance (Form 3) to The Arc of Illinois Attn: Becca Schroeder, 9980 190th Street, Suite C, Mokena, IL 60448 or fax to 815-464-5292 or email to becca@thearcofil.org. Questions, call 815-464-1832.**

Who can apply?

Illinois residents who are:

- A person with a developmental disability;
- A parent of a person with a developmental disability;
- An immediate family member of a person with a developmental disability; or
- A guardian/foster parent of a person with a developmental disability.

How much can I apply for?

**\$150 per Person Maximum
\$300 per Family Maximum**

This stipend is intended to assist you with the costs associated with the Summit and **is not intended to cover all the costs.** A portion of the cost is the responsibility of the participant.

Fill in the blanks that apply:

I am a person with a developmental disability. **Name:** _____

My disability is: _____

My family member (**circle one: son, daughter, other**) is a person with a developmental disability.

Family Member Name: _____

Their disability is: _____

Enter amount of financial assistance needed for:

Registration \$ _____

Hotel \$ _____

Transportation \$ _____

PA Registration \$ _____

TOTAL: \$ _____

There is a limit of 25 individuals attending virtually from one agency to apply for a stipend.

This stipend is intended to assist you with the costs associated with the Summit and is not intended to cover all the costs. **A portion of the cost is your responsibility.** When your request for assistance is approved, the stipend registration cost will be directly paid to The Arc of Illinois and the stipend share of the hotel cost will be directly paid to the Hotel. **However, you must make your own room reservations. When your stipend request for a hotel room is approved, you will be given a special code you need when making your room reservation to be paid with the stipend funds.**

The following statement must be signed to validate this request: I am requesting assistance from The Arc of Illinois, through funding from the Illinois Council on Developmental Disabilities, to attend this Summit that I would be unable to attend without this support. I promise to use the funds for the stated purposes.

Signature: _____

Printed Name: _____ Date: _____

Friday, October 6, 2023 - AGENDA

8:00 am	IN PERSON ONLY: Check in at registration table and visit with exhibitors
8:00-9:00 am	IN PERSON ONLY: Continental Breakfast
9:00-9:15 am	ALL: Welcome Kimberly Mercer-Schleider, Director, Illinois Council on Developmental Disabilities
9:15-10:15 am	ALL: Keynote Speaker: Liz Weintraub "My story: How do you get from here to there" Followed by a conversation with Amie Lulinski, Executive Director, The Arc of Illinois.
10:15-10:45 am	ALL: Break IN PERSON ONLY: Check out of rooms VIRTUAL ONLY: Special Guests
10:45-11:45 am	ALL Breakout Session #5 Erin Compton and Robert Handershot "Play Ball: Angels for Higher Changing the Game of Inclusive Employment" Inclusive, community employment is a win for employers, people with disabilities, and customers. Learn how Angels for Higher and teams like the Chicago Cubs are changing the game of inclusive employment in Illinois. IN PERSON ONLY: Option to attend Breakout Session #6 (All Sessions will be recorded and shared) Timotheus "TJ" Gordon, Piyush Mishra, and Jae Jin Pak "Virtual Future is Now: An Online Training Program to Plan for the Future" We will discuss about "Virtual Future is now" training intervention for individuals with IDD and their families. This intervention helps them plan for the future as caregivers age, centering the voices of adults with IDD.
11:45 am-1:30 pm	ALL: Lunch break IN PERSON ONLY: Lunch VIRTUAL ONLY: Open Mic
1:30-2:00 pm	ALL Tonya Piephoff, Director, Division of Developmental Disabilities, DHS
2:00-2:30 pm	ALL: Victoria Boateng "You Are Somebody! Turning your Pain into Your Purpose" Taking our life journey through trials and tribulation and finding an passion/outlet to fuel your Purpose. Followed by a performance from Victoria and a Drum Circle. Bring your own drums or shakers and join!
2:50-3:50 pm	ALL Breakout Session #7 Curtis Harris, Julie Nelson, Vincent Smith, and Julie Verdu "Supportive Housing" Julie Verdu, Vincent Smith and Curtis Harris are experts in supportive housing! We each live in our own apartments. We are self-advocates and we advocate for ourselves and others, so we can live the way we want. In this session, we will talk about how we enjoy supportive housing and so should you. Getting help from others, like our family and staff; and what it's like to live in our own apartment. IN PERSON ONLY: Option to attend Breakout Session #8 (All Sessions will be recorded and shared) Tavarus Wesley and Krescene Beck "Being a Board Member can Help Build a Better Future" Want to serve on a board? Board membership is a form of leadership that can help an agency/organization thrive. Learn how your passion, knowledge and inclusion as a board member can help make a difference.
3:50-4:00 pm	ALL: Wrap Up SUSO 2023! VIRTUAL ONLY: After Meeting

SPEAK UP AND
SPEAK OUT
summit

Funded by The Illinois Council on
Developmental Disabilities

9980 190th Street, Suite C
Mokena, IL 60448



Speak Up and Speak Out Summit

October 5 - 6, 2023

**Building a
Better
Future
Together**

Be a part of the buzz at
#SUSO2023



In order to receive your t-shirt, we must have your registration form by August 25, 2023 and remember to have your size on the form!



"In partnership with the Illinois Council on Developmental Disabilities. This communication is supported in part by grant number CFDA 93.630 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy."