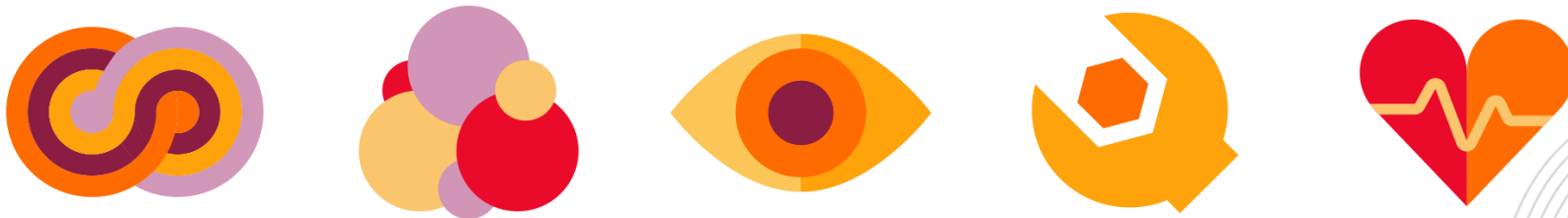




Services & Resources at Shirley Ryan AbilityLab



Chris Lau, Pediatric Social Worker
Stephany Kunzweiler, Pediatric Physical Therapist



Shirley Ryan
AbilityLab

Objectives



At the end of this presentation, participants will be able to:

- Understand the patient population served at Shirley Ryan AbilityLab
- Describe the services available to patients
- Describe how to access services at Shirley Ryan AbilityLab

Agenda

- Overview
- “Tour”
- Pediatric Services & Programs
- Ancillary Programs/Resources
- Accessing Services

Overview



FORMERLY RIC – THE REHABILITATION INSTITUTE OF CHICAGO

- Physical medicine and rehabilitation for adults and children with the most severe, complex conditions — from traumatic brain and spinal cord injury to stroke, amputation, and cancer-related impairment.

MISSION

- Shirley Ryan AbilityLab is dedicated to providing the best patient outcomes through the highest-quality clinical care, translational research, scientific discovery and education.

VISION

- To be the global source of science-driven breakthroughs in Human Ability.

Overview - Patients Served



- Stroke
- Spinal Cord Injury
- Brain Injury
- Neuromusculoskeletal Conditions
- Pediatric Care
- Cancer



Overview - 3 Levels of Care



- Inpatient
- Day Rehabilitation
- Outpatient



Overview - Specialized Services



- Prosthetics/Orthotics
- Wheelchair & Seating
- Technology Center
- Aquatic Therapy (select locations)



Overview - 40 Sites of Care



- Chicago
 - Flagship with IP, OP, Specialized Services
 - Streeterville Day Rehab
- Burr Ridge (DR, OP, Peds, Specialized Services)
- Glenview (DR, Peds, Specialized Services)
- Homewood (DR, Peds, Specialized Services)
- Arlington Heights (DR)
- Northbrook (OP)
- Alliance Locations (see <https://www.sralab.org/locations> for more information)

Overview - Insurance Accepted



- PPO
- HMO
- POS
- Medicare Advantage Plans
- Government Plans
 - Aetna Better Health
 - Blue Cross Community
 - County Care
 - IDPA
 - Meridian

**See the full list of accepted insurance here: <https://www.sralab.org/contact/insurance>

Flagship - 355 East Erie "Tour"



- Opened March 2017 with 242 beds
 - All private rooms
- Translational Medicine = Research and Clinical Care under one roof
- Care support capabilities:
 - IMRI & CT scanning, ultrasound, fluoroscopy, DEX and bone density diagnostics
 - Special "MACU": Higher-level medical care for rehabilitation patients
 - Infusion suite



Virtual Tour



- <https://www.sralab.org/videos#tour>



Our Model of Care



In this setting, research is integrated real-time into the clinical environment, engaging patients in the process.

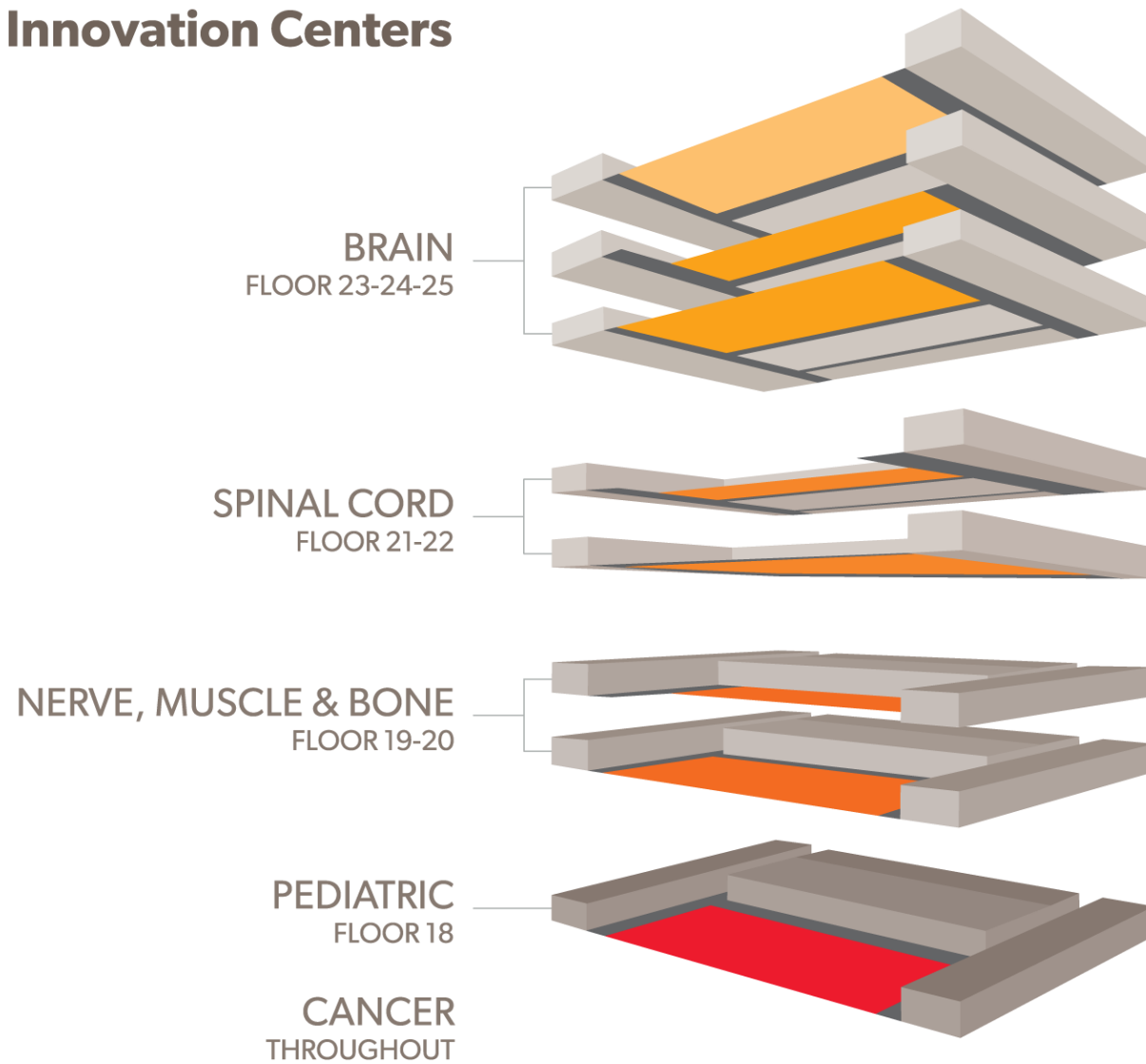
Innovation Centers

- Brain
- Spinal Cord
- Nerve, Muscle & Bone
- Pediatric
- Cancer

Ability Labs

- Think + Speak
- Legs + Walking
- Arms + Hands
- Strength + Endurance
- Pediatric

Innovation Centers



Ability Labs

THINK + SPEAK LAB
FLOOR 25

LEGS + WALKING LAB
FLOOR 23-24

ARMS + HANDS LAB
FLOOR 21-22

STRENGTH + ENDURANCE LAB
FLOOR 19-20

PEDIATRIC LAB
FLOOR 18

A New Kind of Research Hospital



Outdated, standard
model of care



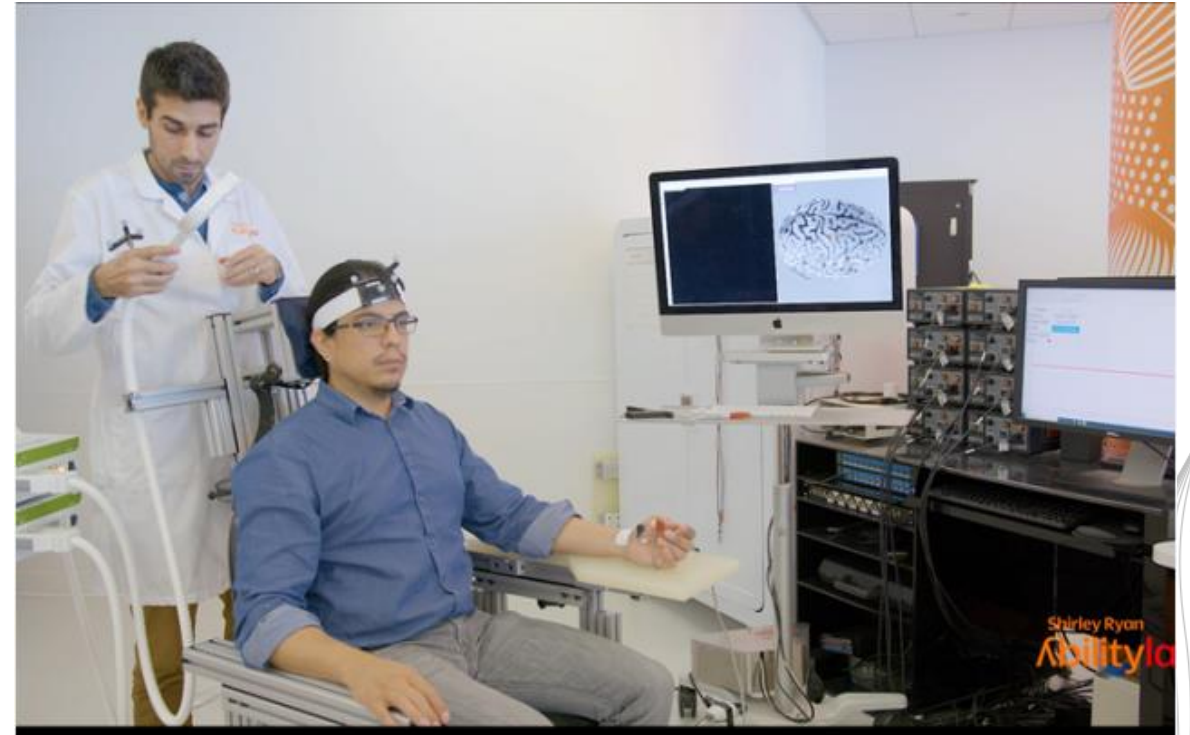
We think – and
behave – differently

Research Opportunities



Join SRALab's Research Registry

<https://www.sralab.org/general-research-registry-form>



Outpatient Pediatric Services



- Medical
 - Physiatrists
 - Collaborative clinics with Orthopedic & Neurosurgeons
 - Focus on improving transition of care from peds to adults
- Therapy
 - PT, OT, Speech (aquatic therapy available for each)
 - Equipment Clinic
 - Casting (PT & OT)
 - Lokomat

Outpatient Pediatric Therapy Programs



- Stride Through Summer: PT Gait Camp
- Power Play: Constraint Induced Movement Therapy (CIMT) OT Camp
- Language Explorers – Summer Speech Camp
- Young Adult Transition Program

Young Adult Transition Program



- 10 week program
- Ages 13-21
- 5 Units:
 - Community Transportation
 - Money Management
 - Cooking
 - Medical Information and Care
 - Education and Employment
- **Participants must be:**
 - Independent with toileting or have an available caregiver
 - Able to participate in a group setting



Ancillary Services & Resources



- Adaptive Sports & Fitness Program
- Life Center
- Vocational Rehabilitation



Adaptive Sports & Fitness



Adaptive Sports for Adults

- Archery
- Boccia
- Cycling
- Golf
- Mountain Biking
- Rock Climbing
- Tennis
- Sled Hockey
- Wheelchair Basketball
- Wheelchair Rugby
- Wheelchair Softball



Adaptive Sports & Fitness



Adaptive Sports for Kids (ages 6-21)

- Archery
- Cycling
- Judd Goldman Sailing
- Judo
- Karate
- Kayaking
- Paralympic soccer clinics
- Scuba diving
- Swimming
- Tennis
- Wheelchair basketball (Competitive)
- Wheelchair softball (Competitive)
- Yoga

Sports Camp (ages 6-21)

Day Off School Programming (ages 6-17)

- Free of Charge
- Transportation provided for participants in Chicago
- Participation Criteria:
 - Primary Physical Disability
 - Independent with Daily Living Skills

For more information:

<https://www.sralab.org/services/youth-adaptive-sports>

Adaptive Sports & Fitness



Adaptive Fitness (most are ages 16+)

- Functional Fitness
- Telefitness
- Flex-Ability
- Fall Prevention Program
- Nordic Poles Agility
- Parkinson's PWR Class
- Pulmonary Rehabilitation Maintenance
- Pilates
- Yoga

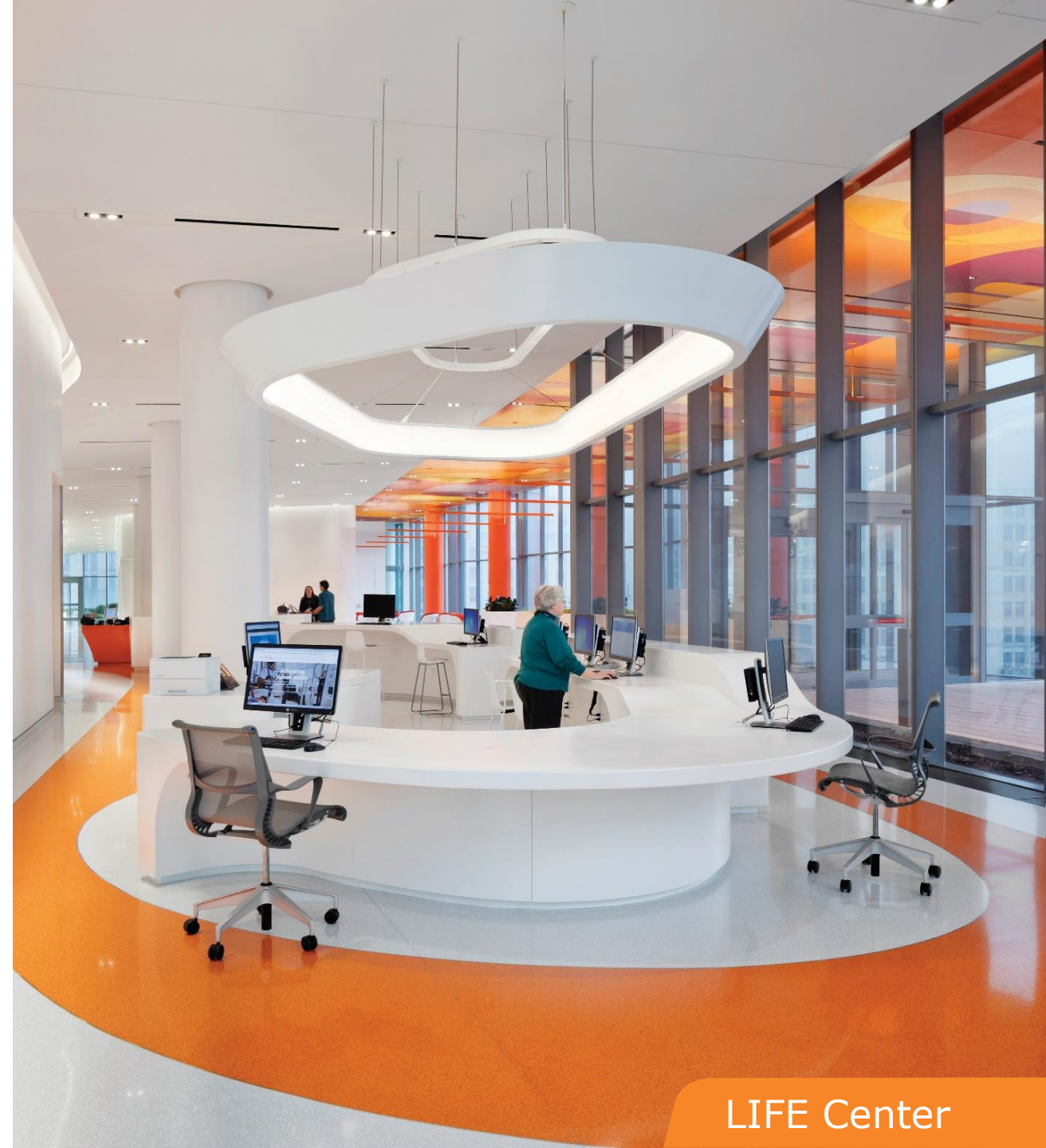
- All fitness is by appointment only
- For more information on class fees and registration, go to www.sralab.org/sports-fitness or call 312-238-5001

Henry B. Betts LIFE Center



Our knowledgeable staff members are available to help patients, families, visitors and professionals find resources and information about living with a variety of conditions.

Learning
Innovation
Family
Empowerment



LIFE Center

Life Center Website



- <https://www.sralab.org/lifecenter>
- Resource Topics
 - Medical Information & Care
 - Caregiving & Equipment
 - Housing & Transportation
 - Education & Employment
 - Finance & Law
 - Sports & Wellness
 - Recreation & Leisure
 - Inspiration & Hope

Vocational Rehabilitation



- Assist individuals with disabilities to return to work or obtain a new job
- Services are provided to people with physical disabilities (i.e., brain injury, spinal cord injury, cerebral vascular accidents, chronic pain, amputations, neurological disorders, cerebral palsy, burn and orthopedic injuries) who are of working age.
- Serves inpatients or outpatients throughout the Shirley Ryan AbilityLab system of care

How to Access our Services & Programs



- Adult Physician & Therapy Services: 312-238-1000
- Pediatric Physician & Therapy Services: 312-238-1139
- Wheelchair/Seating: 312-238-2998
- Prosthetics/Orthotics: 312-238-1000
- Assistive Technology Center: 312-238-2889
- Vocational Rehabilitation: 312-238-6800
- Sports/Fitness Center: 312-238-5001
- Life Center: 312-238-5433
<https://www.sralab.org/lifecenter>
- SRA Lab General Number: 312-238-1000
<https://www.sralab.org/>

For More Information



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Thank you!!