ONLINE WEBINAR



JANUARY 23, 2024

9:00 - 10:15 a.m. - "Dignity of Risk"

Presented by Lucy Klym, PhD, CQL

The Arc

Dignity of Risk is essential to providing opportunities for people to grow and flourish. Choices we have made, both the positive and the lesson, give us pathways to learn from and decide where to go next. Through this training, we will cover topics and examples of how education, experience, and exposure can further choice and understanding of one's definition of quality of life. In this training, we will discuss the balance of duty of care and dignity of risk. We will also cover the balance of risk and reward. Every choice is unique, but each person has a right to dream and set their path with supports that promote dignity of risk.

10:15 - 11:15 a.m. - "Integrating Faith-Based Support within Transition Planning Services"

Presented by Sehrish Shikarpurya, PhD

Racially minoritized families highly value faith-based support. However, faith-based supports are often omitted within transition planning services. This presentation will explore strategies to develop meaningful collaboration between minoritized families, faith-based support systems, educators, and transition leaders to better support families during the transition planning process. We will offer templates and resources for meaningfully integrating faith-based goals for self-determination and employment in IEP and person-centered planning.

11:15 - 11:30 a.m. - Break

11:30 a.m. - 12:30 p.m. - "A Deeper Dive into Short Term Stabilization"

Presented by Amie Burke, BCBA, and Kim Shontz, LCSW

This session will cover who is SST, how they can help, when is a referral appropriate to SST, how to make a referral, and how to work collaboratively with SST.

12:30 - 1:00 p.m. - Lunch Break

1:00 - 2:00 p.m. - "Effective Strategies for LGBTQIA+ Self-Advocates"

Presented by Lydia Dolch, M.A, Sp. Ed., Empowerment Coach/Founder of Open the Lid

In an increasingly polarized world, people are coming out as part of the LGBTQIAA+ community and facing incredible adversity. Join Open the Lid's, queer, neurodivergent founder, Lydia Dolch to discuss how to offer support for people who identify as disabled/neurodivergent, and part of the LGBTQIAA+ community. In addition, create achievable steps towards even more effective support you and/or your workplace can offer.

2:00 - 3:00 p.m. - "Service Provider Essentials: Opening and Managing IL ABLE Accounts for Those You Serve" Presented by JJ Hanley, IL ABLE

IL ABLE Accounts can be an excellent tool for providers to protect clients' federal benefits, to help clients build savings for large expenditures, and for clients who work to build assets from earnings. However, service providers must know how to open and manage IL ABLE Accounts correctly. Join this webinar, specifically designed for service providers, to learn how to do it right! We will cover IL ABLE Account basics – eligibility, saving and spending, protecting federal benefits; Service provider role as IL ABLE Authorized Individual; and Entity process to open and manage IL Accounts as Authorized Individual as Agent under power of attorney; Guardian; and SSA representative payee.

3:00 - 3:15 p.m. - Break

3:15 - 4:15 p.m. - "The Value of Care Planning Across The Life Span: Signs, Strategies, and the Significance Of Serving Seniors With ID/DD" Presented by Amanda Ripley, BCBA

The number of adults aged 60+ living with a developmental disability is expected to DOUBLE over the next decade. Seniors with DD face more challenges as they age, but continue to hold values and accomplish goals. In this session, learn about signs and strategies with planning for senior clients with DD and consider how values may play a role in care.

About the Presenters

Amie Burke, BCBA, received her Master's degree in Applied Behavior Analysis and Therapy from Southern Illinois University. Amie is currently serving as the Clinical Director and oversees the Rockford, Springfield and Chicago offices. Amie has been with ICPN for over 8 years and has been in the field of ID/DD for 30 year. Her experience is with all levels of disabilities across the lifespan. Amie provides training on evidence-based practices such as Dealing with Challenging Behaviors, Data Collection, Management & Leadership, Caring for the Caregiver, and Empowering DSP's. Outside of work she likes to sew, walk her dogs and spend time with her husband and daughter.

Lydia Dolch, M.A., Sp. Ed., is an Empowerment Coach and Founder of Open the Lid, Web-Based, Empowerment Courses and Community. She holds multiple, New York State professional certifications in teaching. Lydia has 19 years in the field of exceptional education supporting autistic people and people with communication/learning/behavioral challenges, 16 years of parenting children with sensory and language challenges, and 6 years of living with Sensory Processing Disorder after a TBI. Lydia shares her wide range of tools through workshops, private coaching, and Open the Lid Classes with disabled people and allies of all ages. For more information, visit <u>openthelid.com</u>.

JJ Hanley is Deputy Chief Officer for Financial Products at the Illinois State Treasurer's Office, where she leads the IL ABLE team. Her role combines all aspects of two careers: first as a financial securities trader followed by parent advocate after one of her children was diagnosed with Autism Spectrum Disorder and disability services and advocacy professional. She serves on the Governance Committee for the National Association of State Treasurers ABLE Savings Plan Network and Steering committee for Equip for Equality's Illinois ADA Project. She founded jjslist.com a review website on the disability friendliness of businesses, produced the award-winning PBS documentary "Refrigerator Mothers", and served with pride for eight years on the Illinois Council on Developmental Disabilities.

Lucy Klym, Ph.D., is a Quality Enhancement Specialist for the Council on Quality and Leadership and works as Chief Strategy Officer at Opportunities for Positive Growth, Inc. in Fishers, Indiana. Dr. Klym has nearly twenty years' experience in supporting people with intellectual and developmental disabilities. Beginning as a direct support professional, Lucy has worked in leadership roles in North Dakota and Indiana. Lucy's passion is spurred by her dedication to dreams and corresponding goal development for people supported. Dr. Klym holds a Bachelor of Arts in Honors from the University of North Dakota, a Master of Arts in Public Administration from the University of North Dakota, a Master of Arts in Public Policy and Administration from Walden University.

Amanda Ripley, BCBA is from Chicago and attended Western Michigan University as an undergraduate student. She attended Southern Illinois University in Carbondale for graduate school, receiving a master's degree in Behavior Analysis and Therapy. Amanda worked in several states, including Michigan, Colorado, and Illinois, providing ABA services to children, adults and seniors. Amanda currently works at Abilities Behavior Services, and co-manages their aging-related programs. She consults with a caseload of senior clients (with and without I/DD). Amanda also helps in the development of training materials for clinicians looking to serve seniors. Amanda is an avid runner and enjoys playing outside with her kids and husband.

Sehrish Shikarpurya, Ph.D., (She/Her) is an Assistant Professor of Special Education in the Department of Counseling, Higher Education, and Special Education at the University of Maryland, College Park. Her research takes a critical and comprehensive approach to understanding the multifaceted impact of intersectional and marginalized identities, such as race and disability, on the postsecondary transition outcomes of racially minoritized young adults with intellectual and developmental disabilities. Her work is guided by an equity-focused perspective aimed at ameliorating systemic inequities to ensure that all racially minoritized young adults have the opportunity to live meaningful lives while actively participating in the broader social and economic landscape of their communities. She has published in top-tier peer-reviewed journals, presented at multiple conferences, served in leadership positions for national organizations, and conducted workshops for schools, communities, and non-profit organizations. She is also committed to community-driven research partnerships and is currently working alongside organizations serving racially minoritized families of children with disabilities across DMV and Texas.

Kim Shontz, LCSW, is the Director of the Illinois Crisis Prevention Network (ICPN). ICPN provides support service teams funded by the Illinois Department of Human Services to people with intellectual and developmental disabilities experiencing behavioral and/or medical challenges in their current residential setting across the state. Kim previously served as the deputy director of the Behavioral Health program at Trinity Services, providing residential and psycho-social rehabilitation day program services supporting people dually diagnosed with mental illness and intellectual disabilities.



COST & REGISTRATION



January 23, 2024 - 9:00 a.m. to 4:15 p.m. This Conference will be held VIRTUALLY using Zoom Webinar.

Registration Fees for Participants are: Members of The Arc of Illinois:

Professional\$	100.00
Consumer/Family Member\$	55.00

Non Members of The Arc of Illinois:

Professional\$	160.00
Consumer/Family Member\$	85.00

Please complete the attached registration form, fax it to 815-464-5292, then mail the hard copy along with your check to:

> The Arc of Illinois 9980 190th Street, Suite C Mokena, IL 60448 815-464-1832

You can also register at

https://www.thearcofil.org

<u>CEU's:</u> Licensed Nursing Home Administrators, Licensed Social Workers, Licensed Clinical Social Workers, Licensed Occupational Therapists and Physical Therapists, Licensed Counselors and QIDP's participating on Zoom on the day of the event are entitled to six (6) CEU's.

Groups of more than 7 from one agency are entitled to a 10% discount. If you have any special needs, please contact Becca Schroeder at 815-464-1832. Notice of any special accommodations are required TWO WEEKS prior to the event.

If financial restrictions prevent you from paying full registration, you may contact the Consumer Involvement Program at The Arc of Illinois (815-464-1832) for a consumer stipend application for self-advocates and families.

CANCELLATIONS & REFUNDS Participants canceling their registration 72 hours in advance will be entitled to a credit or refund. No refund or credit will be given for cancellation less than 72 hours before the conference.

> The QIDP Conference will be held VIRTUALLY, using Zoom Webinar.





QIDP Leadership - January 23, 2024 One form per person.

Name:
Job Title:
Agency:
Address:
City:
State: Zip:
Phone:
E-mail:
You can also register at www.thearcofil.org/events

AMOUNT PAID:

METHOD OF PAYMENT: _____

- Fax form and send check to The Arc of Illinois
- Check enclosed payable to The Arc of Illinois
- P.O. or State Voucher #
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Credit Card Number:

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Card holder's signature:

Notice of any special accommodations is required two weeks prior to the event. Contact The Arc of Illinois at 815-464-1832.