

The Value of Care Planning For Seniors



| | Mild NCD | Major NCD | Mild ID/DD | Severe ID/DD |
|--|--|-----------------------------------|---|---|
| Decreased or poor judgement | Give \$\$ to tele-marketer | Urinate into plant in common area | Give \$\$ to peers at day program | Run into parking lot |
| Challenges in planning and problem solving | Getting lost while driving home | Puts on dirty clothes from hamper | Gets lost walking home from neighborhood store | Cannot sign "food" |
| Changes in mood and personality | Less social; Short temper | Aggressive during ADLs | More angry than typical (not using coping skills) | Doesn't want to go on outings |
| Withdraw from work or social programs | Does not want to attend larger family gatherings | Spends most of time at home alone | Quits church group | Refusals to attend work/not interested in holiday parties |
| Memory loss that disrupts daily life | Forgets steps to childhood recipe | Gets lost in own home | Forget where things are kept | Forgot close friend known all life |
| New problems with words or speaking | Losing train of thought; specific word | Speaking less; only yes/no | Inserting the wrong word for another word | More difficult to understand |
| Difficulty with familiar tasks | Forgetting appointments | Forget how to use phone | Melting something in microwave | More extreme refusals to shower |
| Confusion with time or place | Lost in a familiar place | Not sleeping at night | Lost in a familiar place | Not sleeping at night |
| Trouble with visual or spatial | Missing the steps on home stairs | Falls | Difficulty completing work at day program | Bumping into doors |

The Diagnosis of Dementia & How It Impacts ID/DD

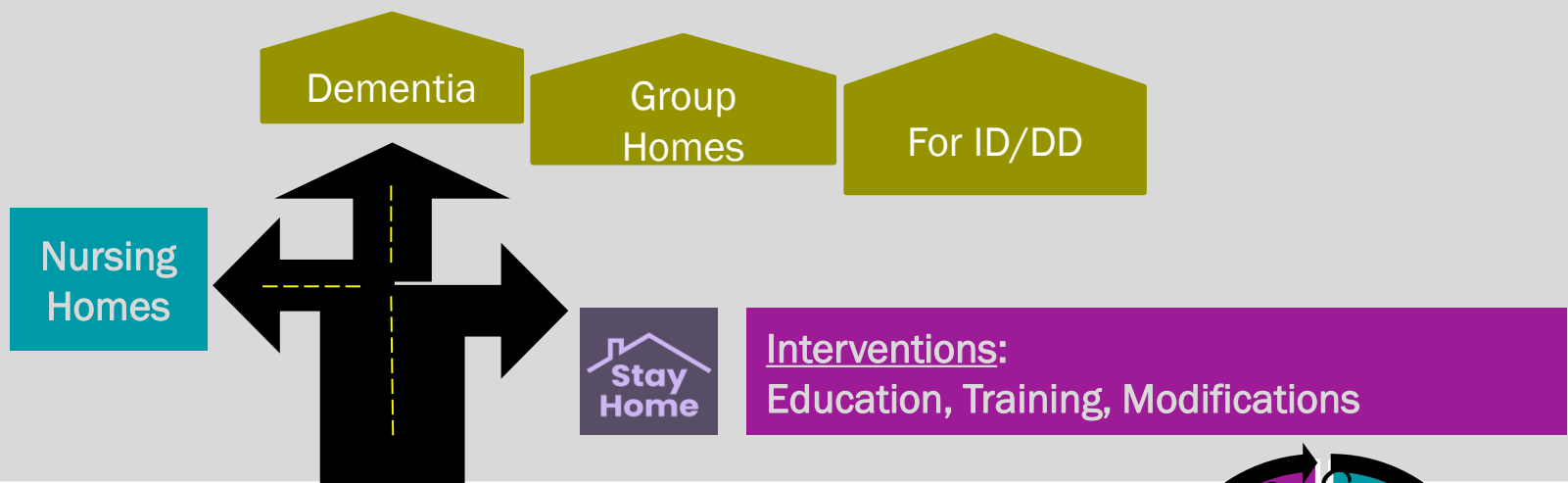
Cognitive Screening Tools For ID/DD and Dementia

- ABDQ = Adaptive Behavior Dementia Questionnaire
- NTG-EDSD = Early Detection Screen for Dementia

Monitor for
Medication
Side-Effects

D - Diet
E - Electrolyte imbalance (dehydration)
L - Lung, liver, kidney, or heart failure
I - Infections; UTIs
R - Rx drugs
I - Injury, pain, stress
U - Unfamiliar environment
M - Medical procedures

Potential Living Arrangements



Dementia Services: AN ONGOING CONVERSATION

