

## **Family Support Groups – Recommendations from attendees**

- There's a monthly support group in St. Clair County for families of individuals with ASD. They meet the third Wednesday of each month and bring in presenters on different topics.
- Illinois Center for Autism: 618.398.7500 Ask to speak with Christina Haren
- The Illinois Center for Autism also has a monthly social group for the individuals with ASD who go out into the community for socializations.
- Not Your Average Autism Mom is a support group online also. I am a member and it is a great group.