

BEHAVIORAL **HEALTH SERVICES**

BEHAVIORAL HEALTH OUTPATIENT SERVICES

- Case Management
- · Health Services
- · Individual & Group Counseling
- · Psychosocial Rehabilitation (PSR)
- · Therapy On-Site
- · Treatment Alternative Court (TAC)
- · Re-Entry Program
- · Therapy In-Home/Community

INDIVIDUAL PLACEMENT & SUPPORT (IPS)

A Supported Employment model, IPS is a program that helps people with mental illness find and keep jobs, while at the same time providing employers with access to motivated employees. IPS is a no barrier, strengths-based approach that seeks to engage persons with behavioral health conditions from the moment that they express interest in obtaining employment in their communities.

CHILDREN & FAMILY SERVICES

Families seek services for a variety of reasons, including mental illness, trauma, disruptive behavior disorders, family relationship issues and school trouble. AID Children & Family services navigate these important issues to allow children, youth, adults and families to grow and heal. Services include therapy, psychiatric treatment, psychiatric nursing services and medication management.

COMMUNITY SUPPORT TEAM (CST)

CST is an intensive team approach that provides services to best meet client's mental health needs, reduce symptoms, reduce emergency room visits, prevent homelessness and eliminate unnecessary call-outs to emergency personnel while increasing compliance with medication and treatment follow-up. Each CST maintains 24 hour/ 7 day a week availability with intensive community support and focus on client's goals

ACCESS AID SERVICES BY DIALING: (877) AID-0001

AID CRISIS LINE OF THE FOX VALLEY

Provides free phone counseling for depression, suicide, rape, addiction, domestic violence and family issues. Callers receive referrals to human service agencies in the area.

The "Sunshine Calls" program, a service of the AID Crisis Line of the Fox Valley, offers regular, scheduled phone calls to those in need of medication reminders or general social interaction.



CRISIS LINES

CALL: (630) 966-9393

TEXT: (833) 243-8398

- * SUBSTANCE USE HELP
- **★** ANXIETY
- **★ LONELINESS**
- **★ DEPRESSION**
- The Arc

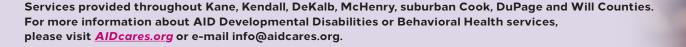
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BEHAVIORAL HEALTH SERVICES

PSYCHIATRIC SERVICES

The primary purpose of Psychiatric
Services is to reduce symptoms of mental
illness, improve coping skills and instruct in
the use of medication(s), thus allowing the
individual to improve functioning at home
and in the community.

AID offers face-to-face and tele-health psychiatric care for children and adults.

SUPERVISED COMMUNITY LIVING

The purpose of this program is to help people with mental illnesses live more independently in the community.

People live in their own apartments with 24-hour on-site staff support.
Services include counseling, case management, assistance in the community, crisis resolution and more.

SUPPORTED VICT COMMUNITY LIVING

Provides the same, but less intensive services as Supervised Community Living, Supported Community Living allows people to live on their own and receive staff support at least once a week in their home.

Services include counseling, case management, assistance in the community, crisis resolution and more.

VICTIMS & OUTREACH SERVICES

Includes 24-hour assistance to victims of violent crime and/or trauma.

Services include crisis intervention, counseling, advocacy, education and referral to local resources. Available in Aurora, Batavia, Geneva, Lombard, N. Aurora, South Elgin and St. Charles.

AID also contracts with the Cary and Huntley law enforcement departments to reduce recidivism and ensure residents get the specialized help they need.

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HOW TO ACCESS AID BEHAVIORAL HEALTH SERVICES

CALL THE AID CRISIS LINE
OF THE FOX VALLEY:
(630) 966-9393

VISIT AN OUTPATIENT PROGRAM: 1230 N. Highland Ave., Aurora, IL 60506

5342 W. Elm St., McHenry, IL 60050

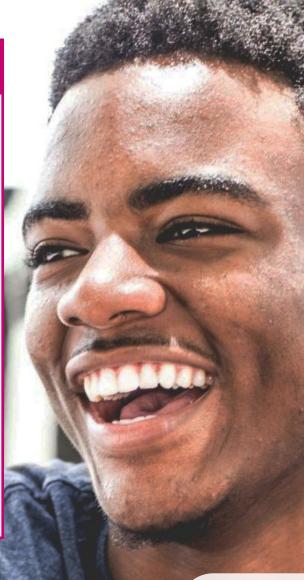
E-MAIL:

INFO@AIDCARES.ORG

FILL OUT AN ONLINE CONTACT FORM:

AIDCARES.ORG





The Arc

Services provided throughout Kane, Kendall, DeKalb, McHenry, suburban Cook, DuPage and Will Counties. For more information about AID Developmental Disabilities or Behavioral Health services, please visit <u>AIDcares.org</u> or e-mail info@aidcares.org.



DAY PROGRAMS

COMMUNITY SERVICES: TRADITIONAL, STARS & SPECIALIZED

Traditional small workshop program offered from 9am until 3pm that assists with the acquisition, retention and improvement in self-help, socialization and adaptive skills. Activities may include job exploration, volunteer work or piece work, recreation and educational experiences.

STARS (Structured Therapeutic Adult Recreation Services) focuses on active community integration, volunteer work and fitness activities by locating in local fitness centers and churches.

The Keeler Center is a specialized day program for individuals with complex behavioral, medical and physical support service needs. This program promotes building of fine and gross motor, social, and daily living skills through community participation and volunteer opportunities. Individualized programming and Behavior Supports are provided by on site Program Manager, Education Specialist, Assistive Technologist and Behavior Analyst.

EMPLOYMENT SERVICES

AID Employment Specialists work with clients to discover employment interests, find and retain employment and offer job coaching / skill building through community integration. Job satisfaction for the employer and employee are major goals of this program.

INDIVIDUAL PLACEMENT & SUPPORT (IPS)

A Supported Employment model, IPS is a program that helps people with mental illness find and keep jobs, while at the same time providing employers with access to motivated employees. IPS is a no barrier, strengths-based approach that seeks to engage persons with behavioral health conditions from the moment that they express interest in obtaining employment in their communities.

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PSYCHOSOCIAL REHABILITATION (PSR)

PSR offers group counseling interventions to assist individuals in developing new and refining current life skills needed to function optimally.



AID believes that people can live and work in their communities with the proper supports.

AID strives to meet clients where they are and support them in moving where they want to be.

AID VISION: Recognized leader providing best quality outcomes for individuals served in areas of housing, employment, community integration, health promotion, recovery and crisis prevention

VISIT: AIDCARES.ORG E-MAIL: INFO@AIDCARES.ORG

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For most DD day programs, individuals will need to contact their local Independent Service Coordination (ISC) agency and apply for the Prioritization for Urgency of Need for Services (PUNS) list.



Association for Individual Development

COMMUNITY LIVING



COMMUNITY INTEGRATED LIVING ARRANGEMENT (CILA)

- Shared Housing (House, family home or apartment/condo/ townhouse/co-op building)
- 24-Hour CILA services include:
- Case Management
- · Assistance with Activities of Daily Living
- Benefit Maintenance
- Community Integration
- Personal Care
- Protective Oversight/Supervision
- Behavior Intervention (Treatment and Counseling)
- Therapy (Speech, Physical, and Occupational)
- Health and Nursing (including Assistance in Medication Management)

INTERMITTENT COMMUNITY INTEGRATED

LIVING ARRANGEMENT (ICILA)

- Individual or single roommate (House, family home or apartment/condo/ townhouse/co-op building)
- Services provided at least 15 hours a week may include:
- · Case Management
- · Assistance with Activities of Daily Living
- · Benefit Maintenance
- Community Integration
- Personal Care
- Protective Oversight/Supervision
- Behavior Intervention
 (Treatment and Counseling)
- · Therapy (Speech, Physical, and Occupational)
- Health and Nursing (including Assistance in Medication Management)

FAMILY COMMUNITY INTEGRATED LIVING ARRANGEMENT (FCILA)

- Services provided in a family home, at least 15 hours a week, may include:
 - Assistance with daily living skills
 - · Case management
 - · Benefit maintenance
 - Community integration
 - · Developmental training
 - · Volunteer opportunities
 - · Supported employment (including job coaching)
 - Behavior intervention (treatment and counseling)
 - · Therapy (speech, physical and occupational)
 - Health and nursing (including assistance in medication management)

HOME BASED SERVICES

- Services Provided in a Family or Individual Home
- Families may purchase services based on the individual needs of clients
- Services purchased limited to two times the individual Supplemental Security Income (SSI) amount
- Self-Directed Assistance, an optional service that can be purchased with Home Based funds, can be utilized to help individuals with developmental disabilities locate and utilize other services to develop and maintain their independence and quality of life.
- Any of the services listed in CILA and more can be purchased

SUPPORTIVE HOUSING

- People live in their own apartments with staff support.
- Services include:
- · Individual and Group Counseling
- Case Management
- · Help with Medications
- Assistance in the Community
- Skill building such as budgeting, shopping, cooking, cleaning and laundry
- · Crisis Resolution
- Healthy Living

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For most DD day programs, individuals will need to contact Service Inc. at (815) 741-0800 or visit svcincofil.org and apply for the Prioritization for Urgency of Need for Services (PUNS) list.