#### Who We Are.

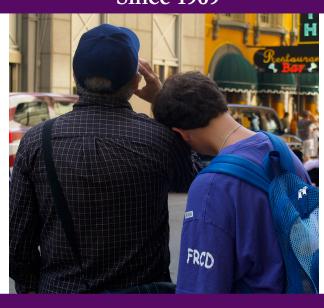
#### **FRCD**

#### Empowering Families Since 1969

### Family Resource Center on Disabilities

Family Resource Center on Disabilities (FRCD) of the Chicago Metropolitan area is a Parent Training and Information Center, that is here to help you learn how to prepare your child to lead a productive and independent adult life.

Organized in 1969 by parents, professionals, and volunteers who sought to improve services for all children with disabilities, FRCD has been a pioneer as a coalition that covers all disabilities. It has been the continued goal of FRCD to inform, empower and assist parents on their rights under Individuals with Disabilities Education Act (IDEA).





#### Our Trainings Cover...

- The Special Education Rights of Children. with Disabilities (IDEA).
- The Individualized Education Program. (IEP)
- Skills for Effective Parent Advocacy.
- Transition to Post Secondary Education
- Procedural Safeguards.

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# Family Resource Center on Disabilities

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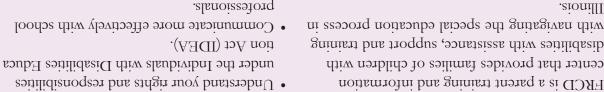
Fax: (312)854-8980

Providing parents of children with disabilities with information, training, assistance, and support.

#### Family Resource Center on Disabilities

#### We Help You.. Who We Are

with navigating the special education process in disabilities with assistance, support and training center that provides families of children with FRCD is a parent training and information











## *TEARN MORE ABOUT FRCD*

#### How Can FRCD Help Me?

Training for Parent Leaders

Obtain appropriate services for your children.

resources or information you need. FRCD staff will help you find the

outreach. phone trainings and community through informational workshops, state, and national levels everyday families and professionals on local, FRCD helps a wide variety of

#### What Can I Expect?

support for your family. the first steps toward finding more By contacting FRCD, you are taking

you help your child. experiencing and are ready to help who understand what you are parents of children with disabilities The majority of FRCD staff are

#### How Do I Start?

Twitter. Follow us @ Facebook, YouTube, and Send an e-mail to info@fred.org Visit us on-line at www.frcd.org Our office hours are from 9 am to 5 pm Give us a call at (312)939-3513



