

SPEAK UP AND SPEAK OUT summit

Funded by the Illinois Council on
Developmental Disabilities

October 9 - 11, 2024 Summit Registration



Registration
\$50.00
for all three
days!

Please read this carefully.
**This year's SUSO Summit will be held
VIRTUALLY, using Zoom Webinar**

\$50 Summit Registration fee is required for all attendees, including personal support workers. Financial assistance for registration fee is available. (Please see Form 2.)

To Attend:

- Submit Registration Form and \$50 payment, or complete the Financial Assistance Request (Form 2). **There is a limit of 75 individuals from one agency to apply for a stipend.**
- **T-SHIRT DEADLINE:** In order to mail your t-shirt in time for SUSO, please register by **September 6, 2024**. After this date, we cannot guarantee you will receive your t-shirt by SUSO. T-Shirts will be mailed to the address on your registration.
- Make sure correct email address is listed on your registration form to receive the Zoom link.
- Please mail, fax or email your registration form along with payment to: The Arc of Illinois 9980 190th Street, Suite C, Mokena, IL 60448, fax to 815.464.5292, or email to kim@thearcofil.org

Attending this event gives permission for your photo or video to be used in brochures, websites, etc. If you do not want your picture taken and published, please contact Becca Schroeder at 815-464-1832, extension 1018.

Interested in hosting a watch party? Gather fellow self-advocates and watch SUSO together! Use a large TV or projector so everyone can see and participate.

Register as a group and all t-shirts and materials will be mailed to one location.

For more information about the Summit, call 815-464-1832 or e-mail kim@thearcofil.org

Wednesday, October 9, 2024 - AGENDA

10:00 - 10:15 am	Housekeeping and Welcome: Kimberly Mercer-Schleider, ICDD
10:15 - 11:00 am	Keynote Speaker: Nicole Leblanc "Control your own destiny or someone else will" Nicole will share her story and how we all need to speak up and speak out.
11:00 - 11:10 am	Break
11:10 - 11:45 am	Adam Wiser and Carole Rosen "Discussing Politics with Civility" This presentation advises on discussing politics gracefully, emphasizing respectful conversations and setting boundaries, with practical examples and assessments for learning, as well as techniques to keep calm.
11:45 am - 12:15 pm	Lunch Break and Open Mic
12:15 - 12:30 pm	Chair Yoga with Ryan McGraw
12:30 - 1:05 pm	Russel Houser and Patrick Gale "Autism 'Adulthood' and Asking for Accommodations" We will discuss common experiences as people with disabilities enter adulthood. With our stories, we will talk about ways to learn what help you need and how to ask for help in various situations, including education, employment, mental health, independent living, and relationships.
1:05 - 1:15 pm	Break
1:15 - 1:50 pm	Casi Mertes, Laneka Myrick, Anne Thurston, and James Woods "Uniting to Advocate for our Health and Wellness" Do your doctors listen? Do you have a health resume? Join us to learn how we have been speaking up and speaking out to advocate for better healthcare and overall wellness for ourselves and others.
1:50 - 2:00 pm	Closing for Day One
2:00 - 2:30 pm	Join the After-Meeting. Share your comments from the day's presentations and share what you are excited to see tomorrow. Or share how you will speak up and speak out after this week.

Thursday, October 10, 2024 - AGENDA

10:00 - 10:05 am	Welcome
10:05 - 10:40 am	Dignity in Pay Task Force "Dignity in Pay Changing the System in Illinois" Members of the Dignity in Pay Task force will talk about how to get involved in asking the Senate to approve the Dignity in Pay bill!
10:40 - 11:05 am	DHS Update with Tonya Piephoff, Director, DDD
11:05 - 11:15 am	Break
11:15 - 11:50 am	The Going Home Coalition Hear from the Going Home Coalition, what they have accomplished this year, and how you can get involved.

Thursday, October 10, 2024 - Agenda Continued

11:50 am - 12:20 pm	Lunch Break and Open Mic
12:20 - 12:55 pm	<p>Erin Compton and Teresa Parks</p> <p>"Guardianship and Supported Decision-Making: Your Rights When You Have a Guardian and an Alternative to Guardianship"</p> <p>Teresa Parks GAC and Erin Compton will talk about rules that guardians need to follow when they are deciding whether people can participate in sex education. They will also introduce Supported Decision Making, a new way to get help with decisions without a guardian.</p>
12:55 - 1:15 pm	<p>Update from Casey Burke, Supported Employment Administrator, Division of Developmental Disabilities</p> <p>Hear from DHS on pending legislation, grants, and initiatives related to employment.</p>
1:15 - 1:25 pm	Break
1:25 - 1:55 pm	<p>Systems Change Panel Discussion led by The Alliance</p> <p>Join The Alliance for an important conversation about systems change! We will be joined by a panel of disability advocates to share ideas for how to improve services and support for people with intellectual and developmental disabilities.</p>
1:55 - 2:00 pm	Closing for Day Two
2:00 - 2:30 pm	Join the After-Meeting. Share what you learned from this week.

Friday, October 11, 2024 - AGENDA

10:00 - 10:15 am	Welcome Samantha Alloway, Executive Director, The Arc of Illinois
10:15 - 11:00 am	<p>Keynote Speaker: Barbara Coppens "Keys to Engaging Decision-Makers on the Local, State and Federal Levels"</p> <p>Decisions being made by administrations and legislators on the local, state and national levels have an enormous impact on us. This presentation will discuss why advocating with these decision-makers is important and how you can impact their decisions.</p>
11:00 - 11:10 am	Break
11:10 - 11:45 am	<p>Tiffany Greene, Kim Oliphant, Hector Renta, and Amanda Schumaker</p> <p>"We are Thrive on the Move"</p> <p>Thrive on The Move is a very active self advocacy group that works to educate and showcase abilities and skills while moving beyond barriers that come with labels. Three members will share their experiences and how they use their skills to educate others.</p>
11:45 am - 12:15 pm	Lunch Break and Open Mic
12:15 - 12:30 pm	Special Guest, DJ PUMP PUMP IT UP
12:30 - 1:05 pm	<p>Stephanie Kanter, Phyllis Kincs, and Tom Sadzewicz</p> <p>"Building My Financial Strength with My IL ABLE Account"</p> <p>A self-advocate who is an IL ABLE Account Owner will discuss how owning an IL ABLE Account helps foster self-determination and independent decision making while building their financial strength.</p>
1:05 - 1:15 pm	Break
1:15 - 1:50 pm	<p>Omar Abulsheikh, Rio Goodwin Perez, Ted Gram-Boarini, and Christopher Viau</p> <p>"Advocacy and Art"</p> <p>Self-advocates from Arts of Life created a zine series (a small magazine) featuring art and stories about challenges we face as disabled people. Our workshop will explore self-advocacy and community organizing through art.</p>
1:50 - 2:00 pm	Closing for 2024 SUSO!



Summit Registration - Form 1

Your address is where the t-shirt will be shipped unless otherwise noted. If we can send a group of shirts to one agency location, please let us know.

First Name: _____ Last Name: _____

Agency or Affiliate: _____

Home Address: _____

City: _____ State: _____ 9 digit Zip: _____

Phone: _____ Illinois Senate District: _____ Illinois House District: _____

Email (required to receive Zoom link): _____

Circle or Check T-Shirt Size Small Medium Large
 X-Large 2X 3X 4X 5X

Will you be attending with a support person or PSW? Yes No
If yes, please provide their name, contact information and T-Shirt size below:

First Name: _____ Last Name: _____

Agency or Affiliate: _____ T-Shirt size: _____

Address: _____

City: _____ State: _____ 9 digit Zip: _____

Cell Phone: _____ Email: _____

Accommodation Request

We would like to accommodate as many individuals as possible during the 2024 Speak Up Speak Out Summit. **Please note that you are not limited to the items listed below. The deadline for all accommodation submissions is September 13, 2024.**

Check all that apply:

- Do you need a sign language interpreter? Or Captioning/CART
- Do you need captioning in another language? If yes, what language? _____
- Do you need Braille? Large Print Other _____

If you have checked any of the above, please list your specific need and provide a detailed explanation below. If you need more room, use the back of this page or separate sheet.

Financial Assistance Request - Form 2

If financial restrictions prevent you from paying your registration fee, please complete the information below to apply for a Summit Stipend, funded through the Illinois Council on Developmental Disabilities and administered by The Arc of Illinois. **Send both the registration (Form 1) and the Financial Assistance (Form 2) to The Arc of Illinois Attn: Kim Swanson, 9980 190th Street, Suite C, Mokena, IL 60448 or fax to 815-464-5292 or email to kim@thearcofil.org. Questions, call 815-464-1832.**

Who can apply?

Illinois residents who are:

- A person with a developmental disability;
- A parent of a person with a developmental disability;
- An immediate family member of a person with a developmental disability; or
- A guardian/foster parent of a person with a developmental disability.

This stipend is to cover the \$50 cost of registration for Speak Up and Speak Out only.
This is a virtual event. There are no hotel stays or meals.

Fill in the blanks that apply:

I am a person with a developmental disability.

Name: _____

My disability is: _____

My family member (**circle one: son, daughter, other**) is a person with a developmental disability.

Family Member Name: _____

Their disability is: _____

**There is a limit of 75
individuals attending
from one agency to apply
for a stipend.**

The following statement must be signed to validate this request: I am requesting assistance from The Arc of Illinois, through funding from the Illinois Council on Developmental Disabilities, to attend this Summit that I would be unable to attend without this support. I promise to use the funds for the stated purposes.

Signature: _____

Printed Name: _____ Date: _____

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summit

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9980 190th Street, Suite C
Mokena, IL 60448



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October 9 - 11, 2024



Be a part of the buzz at
#SUSO2024



In order to receive your t-shirt, we must have your registration form by September 6, 2024 and remember to have your size on the form!



"In partnership with the Illinois Council on Developmental Disabilities. This communication is supported in part by grant number CFDA 93.630 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy."