

VOLUNTEER WITH US

In Our Adult Programs

Community Day Service Programs

- Be extra hands for a party for our adult friends
- Plan and lead an activity using your talents
- Lead yoga, yard games, an art project, etc.
- Lead a daily living skills activity (simple cooking lesson, budgeting, etc.)
- Lead music appreciation activity like karaoke or a piano sing-a-long
- Plan and lead a work-related activity (job-site tour, presentation on professionalism, etc.)

Monday–Friday, 10 am–1 pm
1–2 volunteers

Support “Lifelong Friends” adults at Second Pres Church

- Be extra help for activities planned by our coordinator

Tuesday and Thursdays
9:30–12:30

In the BloNo community:

Clean up the outdoor areas at our five group homes
Great for large groups

Help our adults volunteer at Midwest Food Bank
Ask for available dates
1–5 volunteers

Help staff sort and deliver holiday meals to our community homes
Mornings, Friday April 18, 2025;
Wednesday November 26, 2025;
and Monday December 22, 2024
1–5 volunteers

*Support Disability Pride Night
at the Corn Crib*
Friday July 11, 2025
1–5 volunteers

In Our Young Adults Programs

Transitions

- Help shoppers follow a budget while shopping for interview attire

Monday–Friday, mid June–late July
1–2 volunteers

HS Transition Spring Break Program

- Be additional chaperone for interactive events at our agency and out in the community

Anytime during the hours of 8:30–3:30
March 24–27, 2025
1 volunteer

Summer School to Work program

- Provide extra hands at a party for young adults

Late July
3 volunteers

In our Pediatric Program

- Plan and host a party for the kiddos
- Help out at a community event

Do you have a special talent?
Send us your ideas and we will help
you share it with our friends!
for more info please email:
kendrakornfeld@lifelongaccess.org

