


# Beyond Traditional Staffing

Remote Supports that Transform Lives



A photograph of three people smiling and embracing each other in what appears to be a store or warehouse. On the left is an older man with grey hair wearing a white button-down shirt. In the middle is a younger man with dark hair wearing a grey t-shirt with a 'CHICAGO' logo and a bulldog graphic. On the right is a woman with short dark hair wearing a red and white jacket. They are all smiling warmly. The background shows shelves with various items and bright overhead lights.

Envision Unlimited is a full spectrum of care organization serving people with intellectual and developmental disabilities as well as mental health conditions in Chicagoland.

# Research on Remote Supports for People with IDD

- Many studies have been completed that demonstrate positive outcomes for people with IDD living in remote support environments.
- A thorough review of the literature highlights some themes that emerge:
  - A greater sense of independence
  - Increased sense of safety
  - Improvement in navigating one's environment
  - Decrease in aggression
  - An increase in self-directed changes in one's life.



# Project Timeline

December 2024-  
January 2025

## T1: Pre-Remote Supports Phase

- POM interviews gathering data about outcomes and supports
- N=8
- Average Age of 40.1
- 5 male, 3 female

February-April  
2025

## Interventions Applied

- Interventions applied:
- Recommendations from POM implemented
  - Move into remote supports

January-February  
2026

## T2: Post Phase

- POM interviews collecting data again, 1 year after the first round
- N=9 (One additional interview with someone who did not want to participate in round 1)
- 3 individuals did not end up moving to remote support homes (control group)

April 2026

## Final Results

- Run statistics
- Present findings at the Arc of IL conference

# Methodology

- Personal Outcomes Measures interviews were conducted with seven people with IDD supported by Envision starting in December 2024 through January 2025.
- The Personal Outcome Measures® (POM) interview is a research-based tool developed by The Council on Quality and Leadership (CQL) to understand what truly matters in a person's life.
- Structured in an interview style with a person, this tool breaks down twenty-one outcomes into five broad factors to look at areas of human security, community, relationships, choice, and goals.
- The tool then breaks down each outcomes into an **outcomes area** that examines an individual's outcomes and a **supports area** that examines the appropriateness of the level of supports the individual is getting in that area.

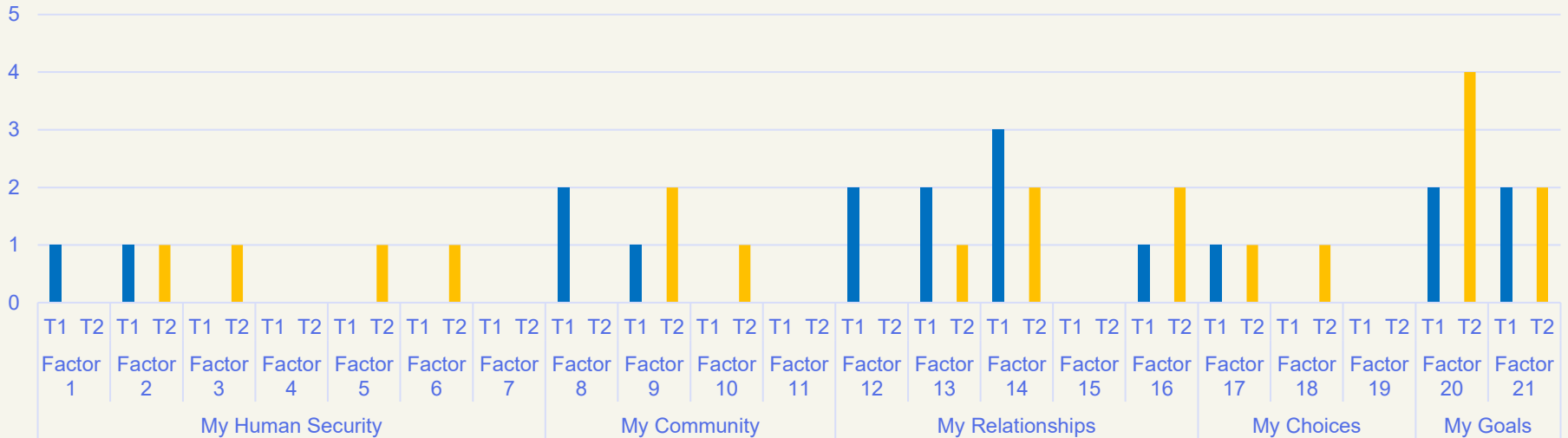


# Results

How did POMs scores change over time for people living in remote supports?

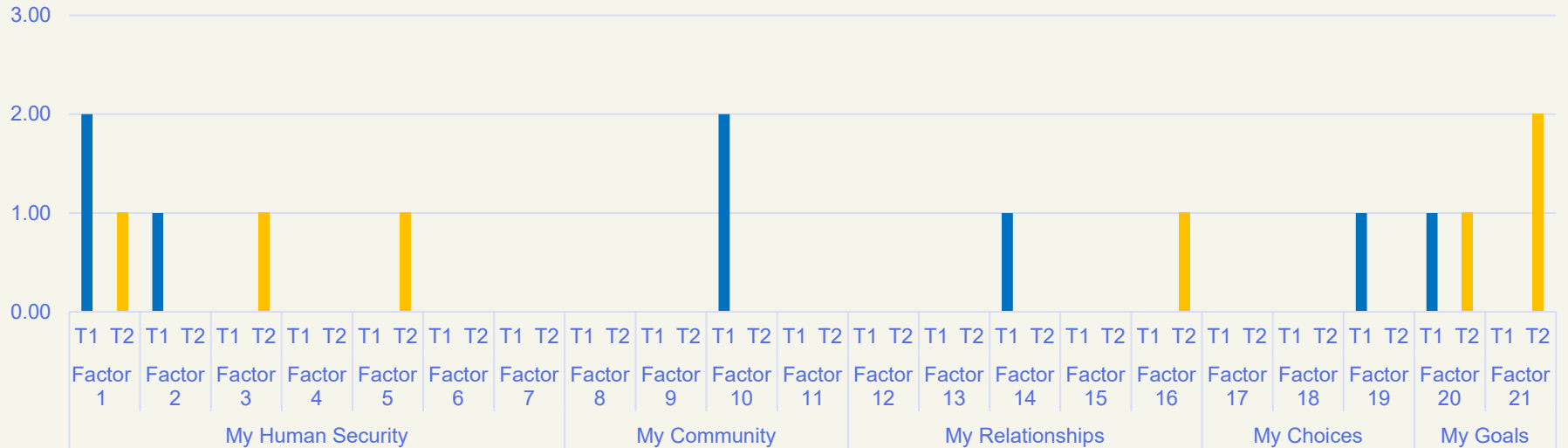
# Outcomes for Remote Supports Group

Total Outcomes Present T1 & T2 – REMOTE SUPPORTS



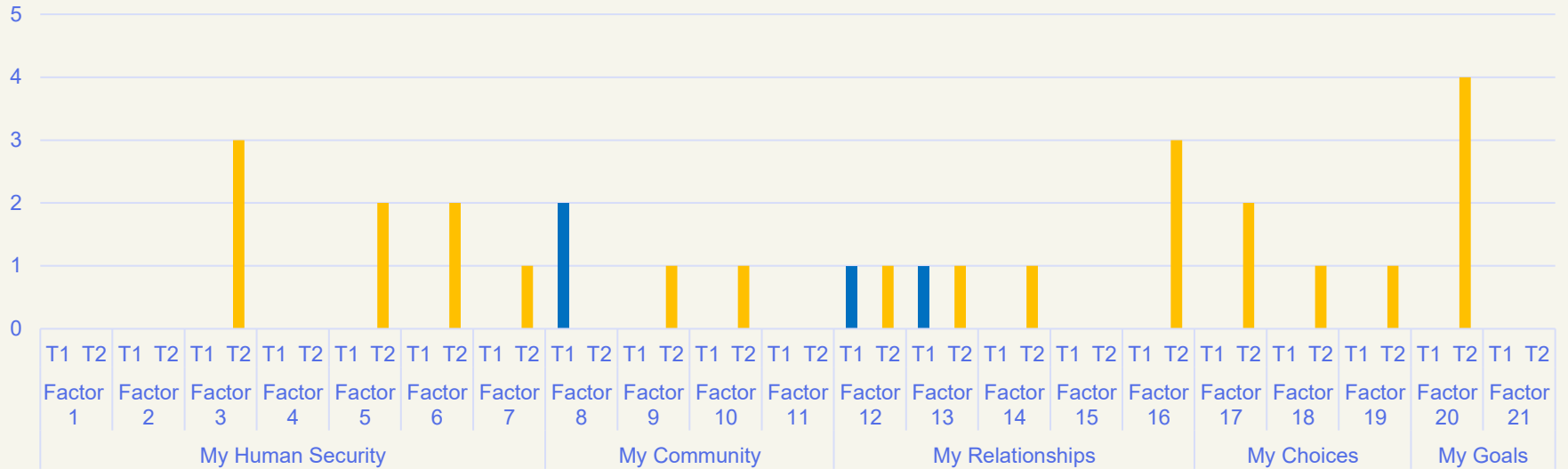
# Outcomes for Control Group

Total Outcomes Present T1 & T2 - CONTROL



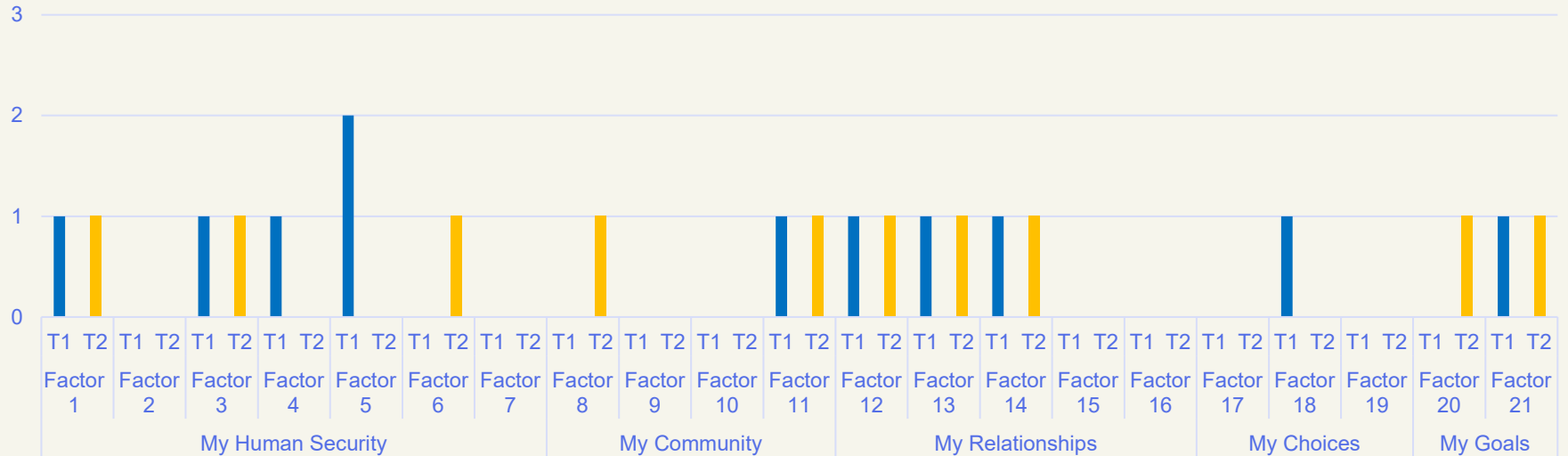
# Supports for Remote Supports Group

Total Supports Present T1 & T2 – REMOTE SUPPORTS



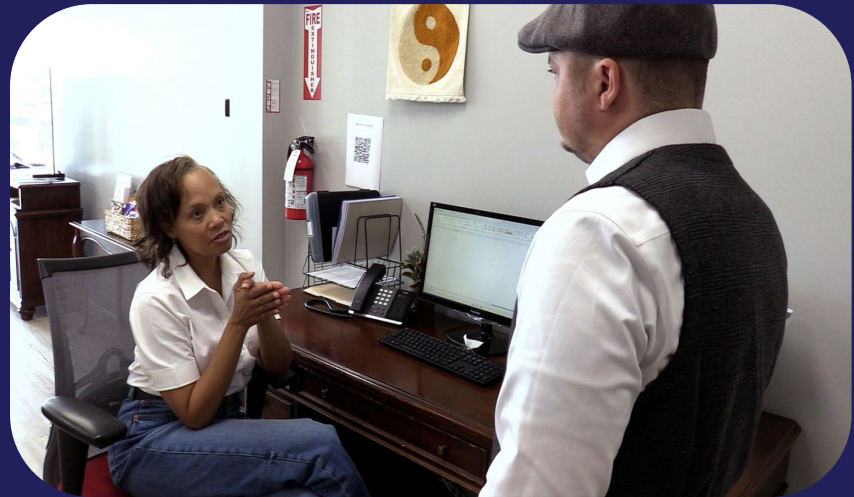
# Supports for Control Group

Total Supports Present T1 & T2 - CONTROL



# Conclusions

- People living in remote supports saw dramatic increase in POMs support scores that was not seen in the control group.
- This increase is especially surprising considering people living in remote support homes generally see staff less and get less direct care from staff compared to people living in traditional CILAs
- Support means more than direct care tasks!



# Discussion

## Start with Supports

It is not surprising that we see support scores improve before outcomes scores.

## Hopeful results

While these results are not statistically significant, they are promising!

## Low statistical power

We were not able to get results that were statistically significant due to low numbers.

## Cannot imply causality

These are observations. We cannot imply that remote supports alone caused any of these improvements.

## Future Directions

We should keep collecting data for this study as we open more remote support homes.

Other organizations should collect POMs data on their remote support residents see if these results are replicable.

