

Beyond Traditional Staffing

Remote Supports that Transform Lives



A photograph of three people smiling and embracing in a large, well-lit indoor space that appears to be a warehouse or a large retail store. On the left is an older Asian man with grey hair, wearing a white button-down shirt. In the center is a man with dark hair and a beard, wearing a grey t-shirt with a 'CHICAGO' graphic and a bulldog logo. On the right is a Black woman with short hair, wearing a red and white jacket. They are all smiling warmly at the camera. The background shows shelves stocked with various items, including a red horse statue, under bright fluorescent lights.

Envision Unlimited is a full spectrum of care organization serving people with intellectual and developmental disabilities as well as mental health conditions in Chicagoland.

Meet the Team



Donna Ennis
Envision
Unlimited



Jackie Stewart
Envision
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Kristen Salkas, PhD
Envision
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Jesse Brian McMorris
Envision
Unlimited



Kimberly Hill
Rest Assured

Development of Remote Supports at Envision Unlimited

Donna Ennis & Jackie Stewart



Objectives of our Remote CILA Program

- Create opportunities for individuals to live more independently
- Create a bridge from 24-hour CILA to Intermittent CILA
- Address staffing shortage
- Meet Home and Community Based Waiver Settings rule requirements (choice, independent, inclusion)

Staffing Model Employed

- Regular staff during the day (ADSPs)
- Remote supports from late evening to early morning, with flexibility to change with member needs
- On-Call House Manager/QIDP
- On-Call ADSPs

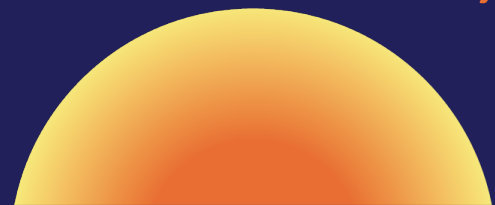
Rest Assured Perspective

Kimberly Hill



Data on Remote Supports Outcomes and Supports

Kristen Salkas, PhD



envision
UNLIMITED

evolving care with empathy,
every time, everywhere



Research on Remote Supports for People with IDD

- Many studies have been completed that demonstrate positive outcomes for people with IDD living in remote support environments.
- A thorough review of the literature highlights some themes that emerge:
 - A greater sense of independence
 - Increased sense of safety
 - Improvement in navigating one's environment
 - Decrease in aggression
 - An increase in self-directed changes in one's life
 - Potential rights violations – use caution!



Project Timeline

December 2024-
January 2025

T1: Pre-Remote Supports Phase

- POM interviews gathering data about outcomes and supports
- N=8
- Average Age of 40.1
- 5 male, 3 female

February-April
2025

Interventions Applied

- Interventions applied:
- Recommendations from POM implemented
 - Move into remote supports home

January-February
2026

T2: Post Phase

- POM interviews collecting data again, 1 year after the first round
- N=9 (One additional interview with someone who did not want to participate in round 1)
- 3 individuals did not end up moving to remote support homes (control group)

April 2026

Final Results

- Run statistics
- Present findings at the Arc of IL conference

Methodology

- Personal Outcomes Measures interviews were conducted with seven people with IDD supported by Envision starting in December 2024 through January 2025.
- The Personal Outcome Measures® (POM) interview is a research-based tool developed by The Council on Quality and Leadership (CQL) to understand what truly matters in a person's life.
- Structured in an interview style with a person, this tool breaks down twenty-one outcomes into five broad factors to look at areas of human security, community, relationships, choice, and goals.
- The tool then breaks down each outcomes into an **outcomes area** that examines an individual's outcomes and a **supports area** that examines the appropriateness of the level of supports the individual is getting in that area.

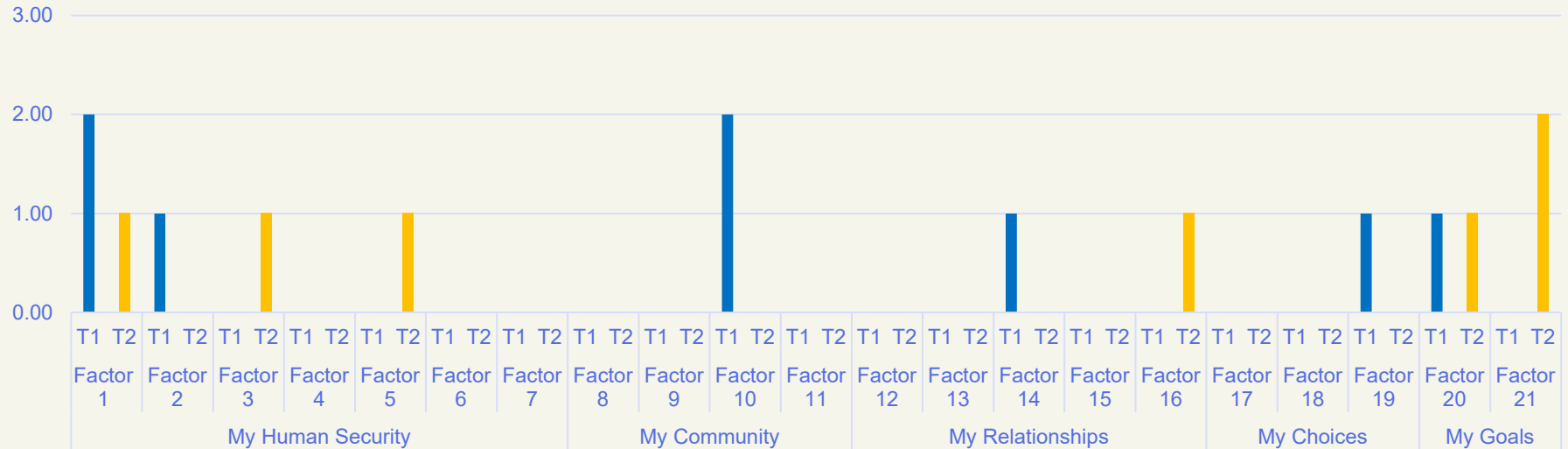


Results

How did POMs scores change over time for people living in remote supports?

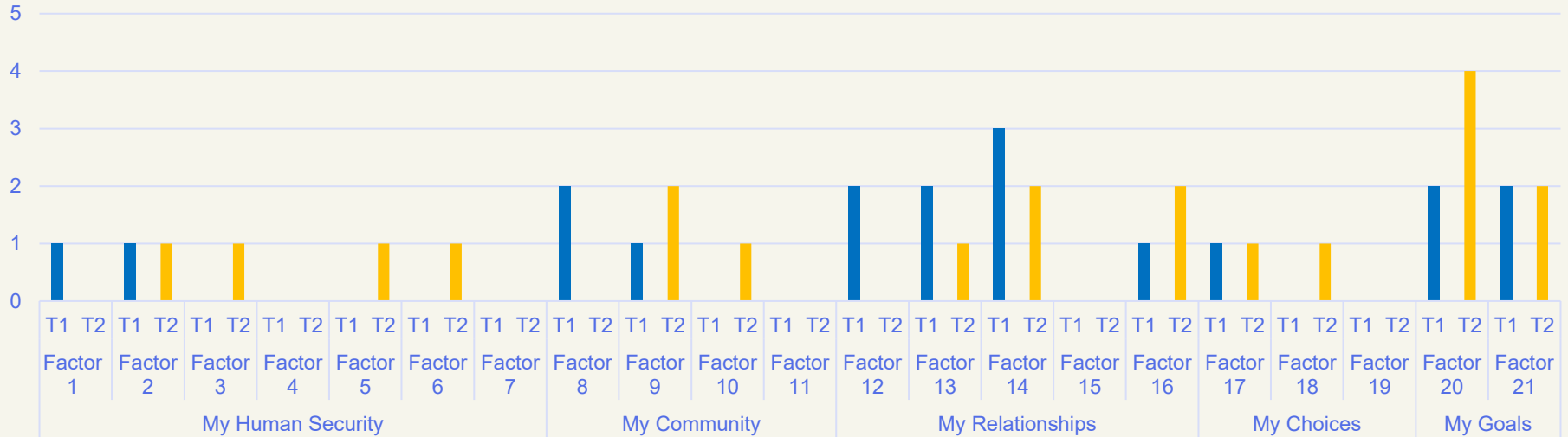
Outcomes for Control Group

Total Outcomes Present T1 & T2 - CONTROL



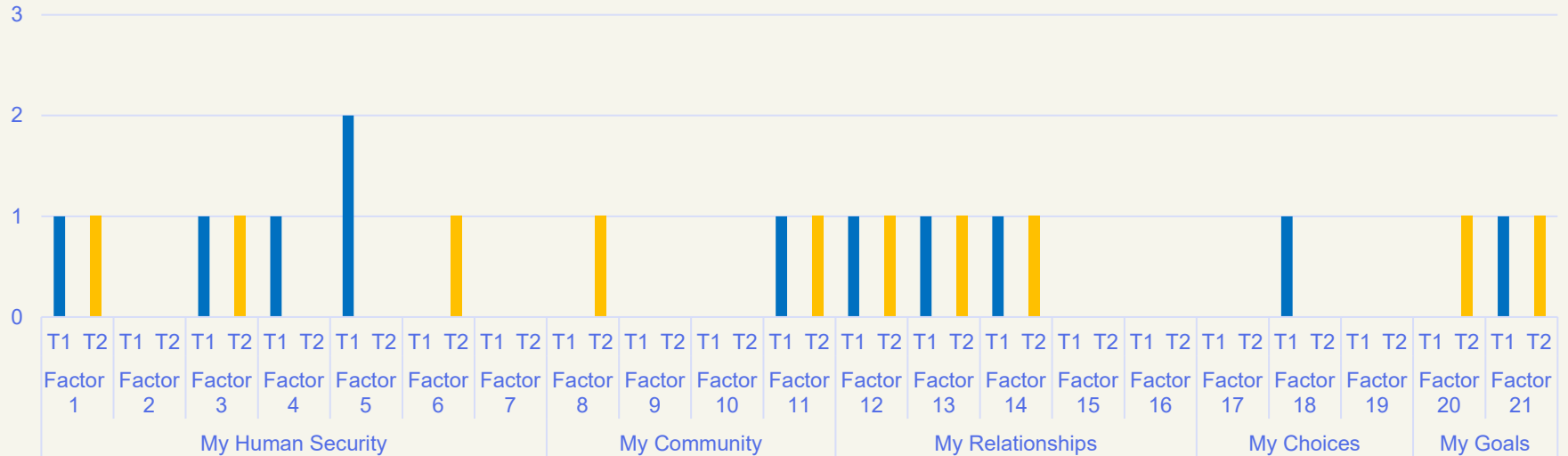
Outcomes for Remote Supports Group

Total Outcomes Present T1 & T2 – REMOTE SUPPORTS



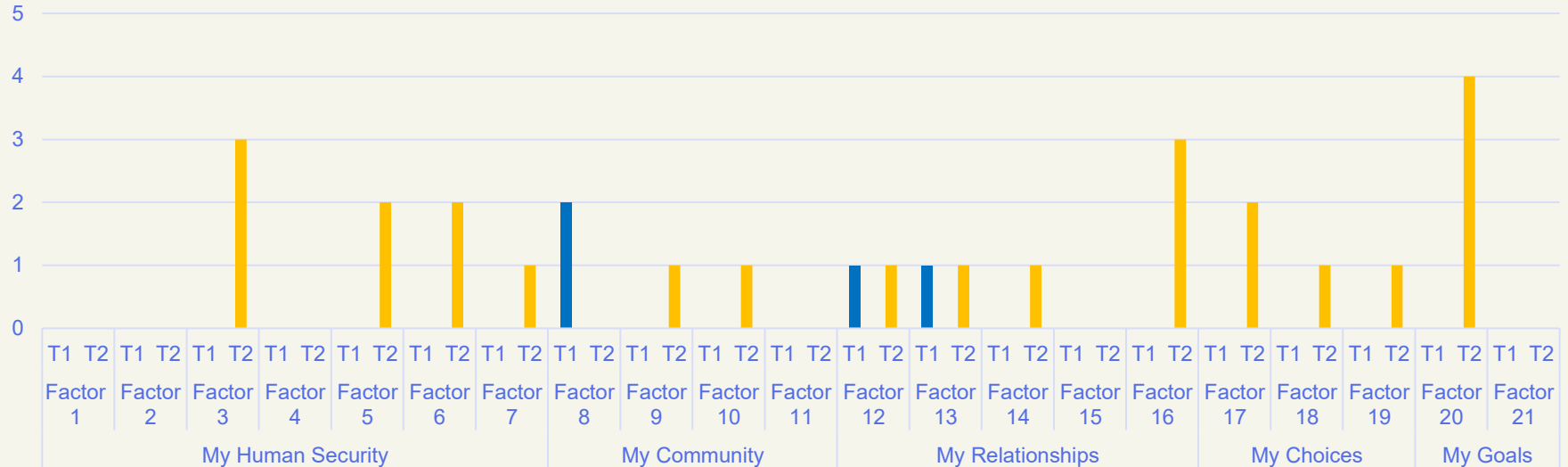
Supports for Control Group

Total Supports Present T1 & T2 - CONTROL



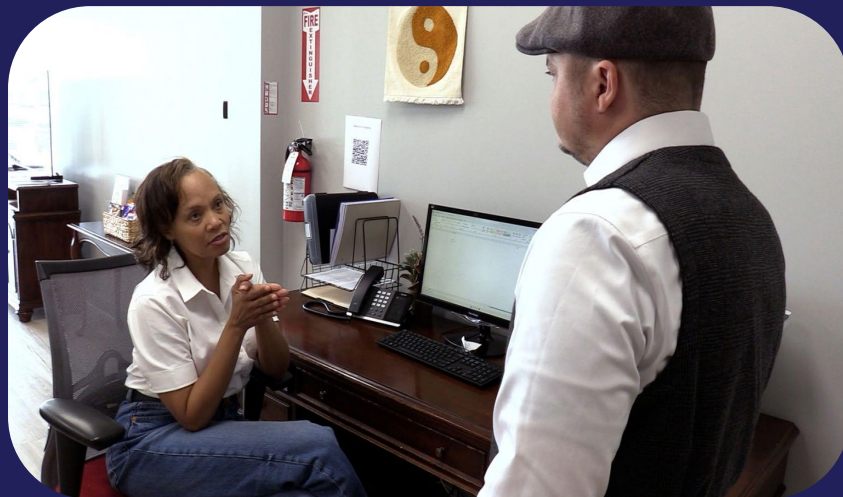
Supports for Remote Supports Group

Total Supports Present T1 & T2 – REMOTE SUPPORTS



Conclusions

- People living in remote supports saw dramatic increase in POMs support scores that was not seen in the control group.
- This increase is especially surprising considering people living in remote support homes generally see staff less and get less direct care from staff compared to people living in traditional CILAs
- Support means more than direct care tasks! The supports provided in these homes can be more *meaningful*.



Discussion

Start with Supports

It is not surprising that we see support scores improve before outcomes scores.

Hopeful results

While these results are not statistically significant, they are promising!

Low statistical power

We were not able to get results that were statistically significant due to low numbers.

Cannot imply causality

These are observations. We cannot imply that remote supports alone caused any of these improvements.

Future Directions

We should keep collecting data for this study as we open more remote support homes.

Other organizations should collect POMs data on their remote support residents see if these results are replicable.

Living my Best Life

Jesse Brian McMorris



evolving care with empathy,
every time, everywhere



