

Uniting Healthcare, Advocacy, and Disability

Family-to-Family
Health Information Center
Symposium

October 1, 2026





Welcome!

You can access the slides for all the presentations on the Symposium page. A link will be provided in the chat.

The symposium is being recorded. You will be able to access the recordings in a few days on the Symposium page.

Closed Captioning is enabled and available in English or Spanish through StreamText. We will provide a link in the chat.

Please be respectful of our speakers and moderators. We encourage the respectful exchange of ideas through the chat function. Harassment or other disruptive behavior will not be tolerated. If, after a private warning, an attendee continues to behave in a manner that is disruptive to this event, The Arc of Illinois reserves the right to remove the attendee.

Questions and Comments?

Participants are
muted

If you want to
speak, please
raise your hand

Please put
Questions in
the Q & A box

Please put
Comments in
the Chat box



Today's Schedule: Morning

9:15-9:30: Welcome and Introduction to Family-to-Family and The Arc of Illinois

9:30-10:30: Ready Together: Emergency Preparedness for Families with Complex Needs

Break 10:30-10:45

10:45-11:45: Understanding ABA Therapy: What It Is, What to Look For, and What to Question

11:45-12:00: Advocacy in Action



Today's Schedule: Lunch

Lunch break from
12:00-12:30



Today's Schedule: Afternoon

12:30-1:30: Ask The Arc: Your Disability Services Questions Answered

1:30-2:30: Therapies, Transportation and More: Related Services Under IDEA

Break 2:30-2:45

2:45-3:45: Navigating Medicaid Waiver Appeals and Insurance Denials

3:45-4:00: Wrap Up

Logistics

You may log in
and log out
during breaks

CEUs are
available for
those who
preregistered



AMPLIFYING Impact.

Individual, Family, and Organizational Memberships Become a Member!

There's Strength in Numbers

Together we are more **powerful**. Together we have more **resources**. Together our individual actions create **momentum** for change.

Since 1950, The Arc of Illinois has been committed to empowering persons with disabilities to have full participation in community life through informed choices and they're able to do so with dignity.

Membership ensures crucial programs and services remain available to the people who need them and that disability no longer means lack of opportunity. Let's achieve, **together**.

Your membership contributes to the work of The Arc of Illinois. Because of members like you, The Arc of Illinois is able to support others in the community, continue to offer free webinars and resources, and have a louder voice in legislative advocacy.

Family-to-Family Health Information Center



Susan Agrawal, Director

What is the Family-to-Family Health Information Center?



Family-led program that helps other families and professionals to navigate healthcare and disability systems for children and youth

We serve:

- Families of children and youth with ALL disabilities and chronic medical conditions from birth through age 21
- Professionals who work or care for kids with disabilities and chronic conditions



Illinois Life Span

- Assistance to those with Intellectual and Developmental Disabilities
- From birth through the entire life span
- The “Generalists”
- Questions about Intellectual and Developmental Disabilities



Family Advocate Program and Family Support Network



Family Advocate Program

Assistance to adults who have been selected from the PUNS list who are Ligas Class Members



Family Support Network

Help for those with ID/DD to live and thrive in the community



Family Transition Program

Assists individuals living in institutions to transition to the community

Mentorship from individuals who have transitioned to the community



Going Home Coalition and REV UP Illinois

Going Home Coalition

- Diverse statewide network of self-advocates, families, community service providers, and allies
- Advocate for Systems Change to transition away from institutional living

REV UP Illinois

- REV UP stands for Register, Educate, Vote, Use Your Power
- Build the power of the disability vote through civic engagement coalition



Contact rio@thearcofil.org to get involved!





Thank you!
The Arc of Illinois

