

Disaster Preparedness II

Trooper Jason Wilson

Illinois State Police

Safety Education



Managing Expectations

Today is ONLY a starting point…

…or review.

When we talk disaster preparedness

- Its either this



When we talk disaster preparedness

- Or this

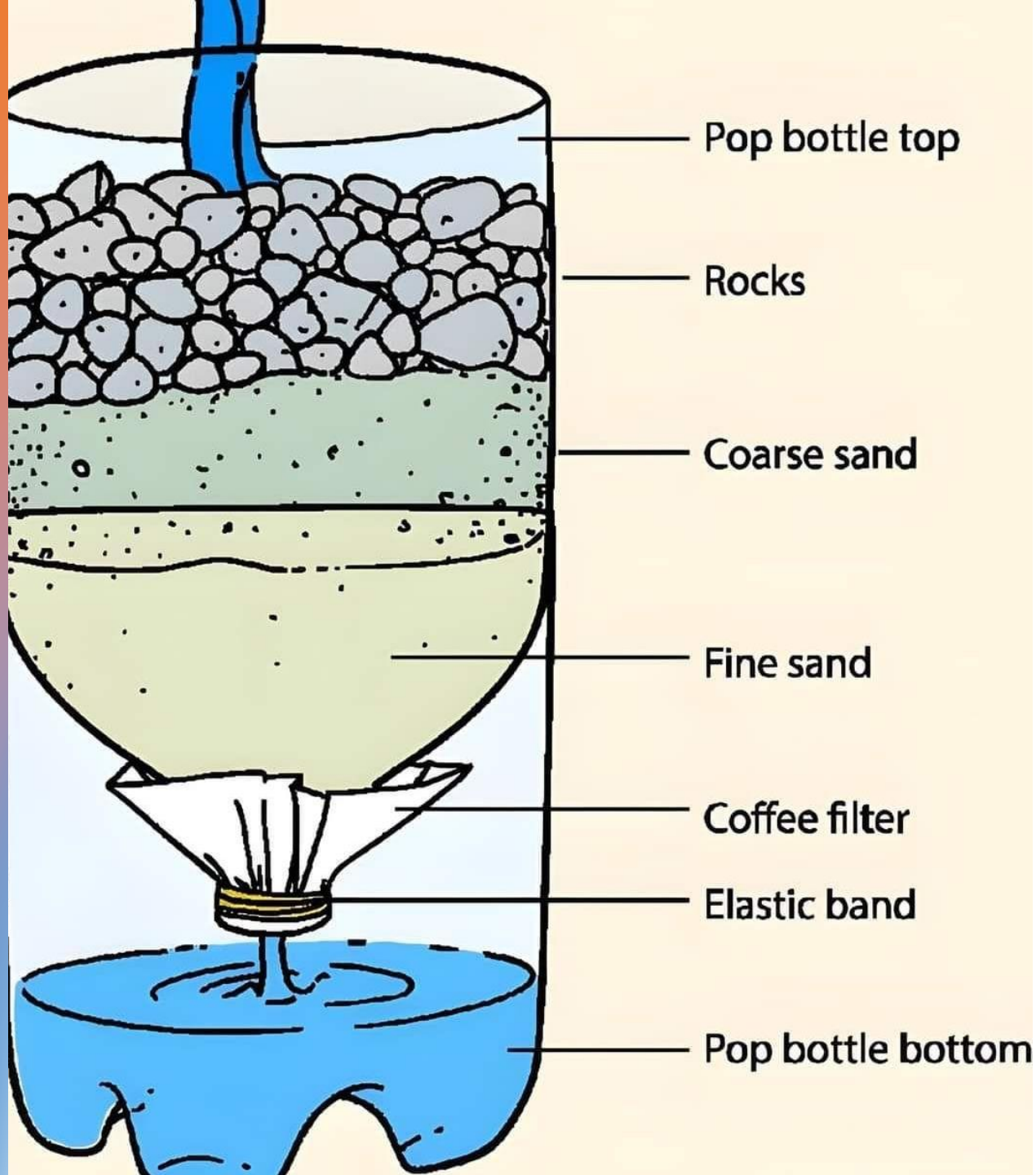




Goals:

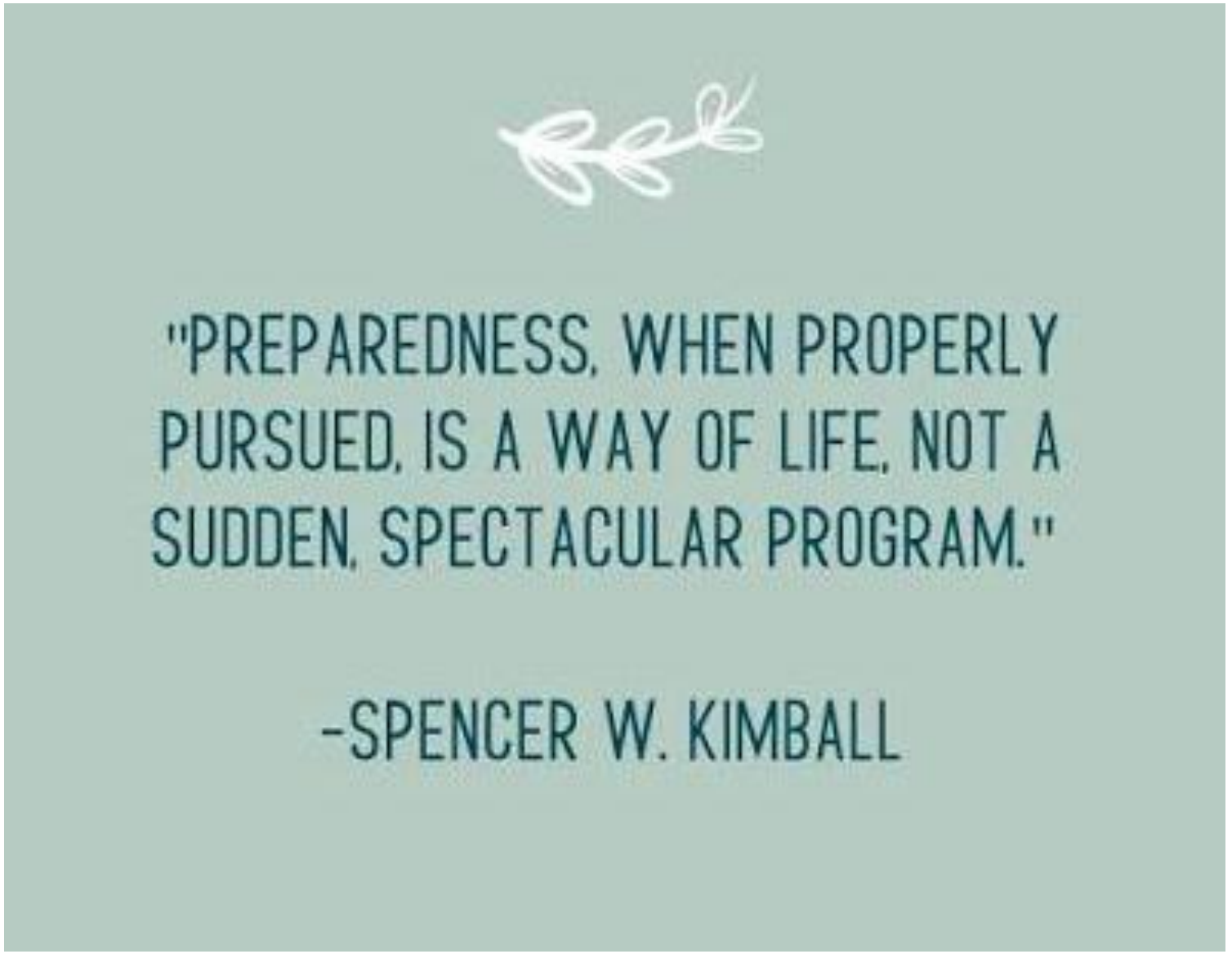
- **The PREP**
- **The PLAN**





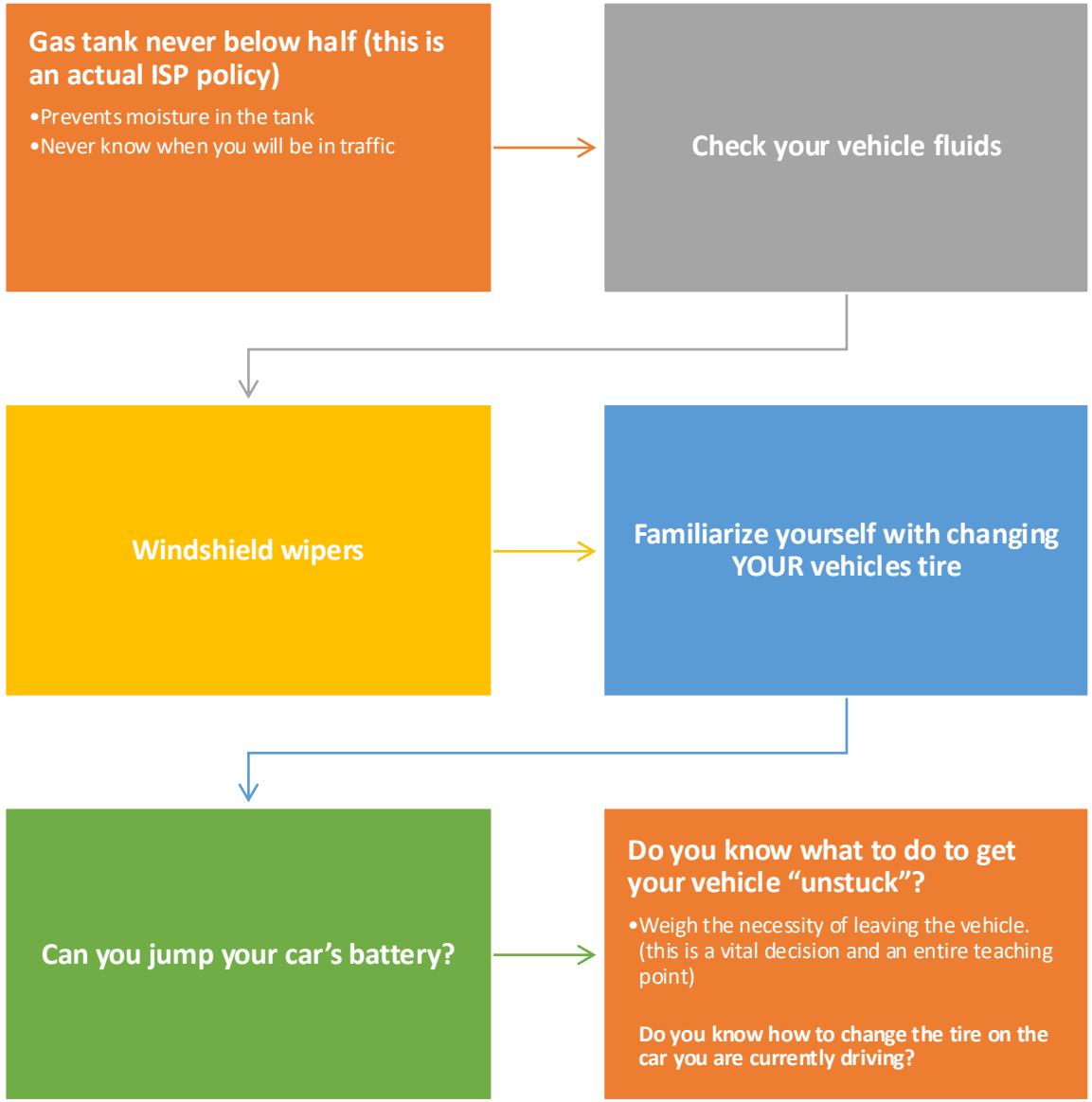
Goals

- “The more you know, the less you need.”
- Before today, who knew how to do this??
- Habits can be formed from many of today’s suggestions.


"PREPAREDNESS, WHEN PROPERLY PURSUED, IS A WAY OF LIFE, NOT A SUDDEN, SPECTACULAR PROGRAM."
-SPENCER W. KIMBALL


I practice what I preach…but could still do better.

General Vehicle Knowledge



Google "How do I check my _____ for roadworthiness?"

Safety Check

DO NOT take away from today you are behind and HAVE to have everything ready NOW.

“Distance gives you time and time gives you options.”

The American Red Cross and Illinois Emergency Management Agency sites are great resources (QRs Later)

A Realistic Personal Assessment



VS



Where to start: What do you need now

- Personal Assessment
  - Daily Living
    - Water
    - Food
    - Personal Equipment
    - Electricity Needs
    - Medicines and Medical Supply
    - Personal Care
  - Getting Around
    - Disaster Area
    - Transportation



- Evacuating
  - Out of the building
    - Stairs, Elevator, Options
    - Exits
      - How many options do you have
  - Getting Help
    - Do you have people to rely on
  - Mobility Aids
    - Are ramps and special equipment available
  - Service Animals
    - Do you have their supplies too?

Gather Information

- Make Copies of:
  - State Driver's License or ID Cards
  - SSN Cards
  - Passports
  - Personal Legal Documents
    - Deeds, Vehicle Titles
  - Medical Records
  - Insurance Policies

Store in your "go bag" in Ziploc bags

- Reach out to local emergency management or the Red Cross to learn about local community response plans and designated emergency shelters (*By town or County depending on population*)
- Is there a local registration for people with disabilities to provide quicker resources?
- IEMA can help with this!

From the Red Cross –

What Do You Need In A Survival Kit?



- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home)
- Flashlight/Alternative Light Sources
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries (for everything)
- First Aid Kit: First aid kit (*link)*
- Medications (7-day supply) and medical items



The RED CROSS says:

The basic supplies listed below.

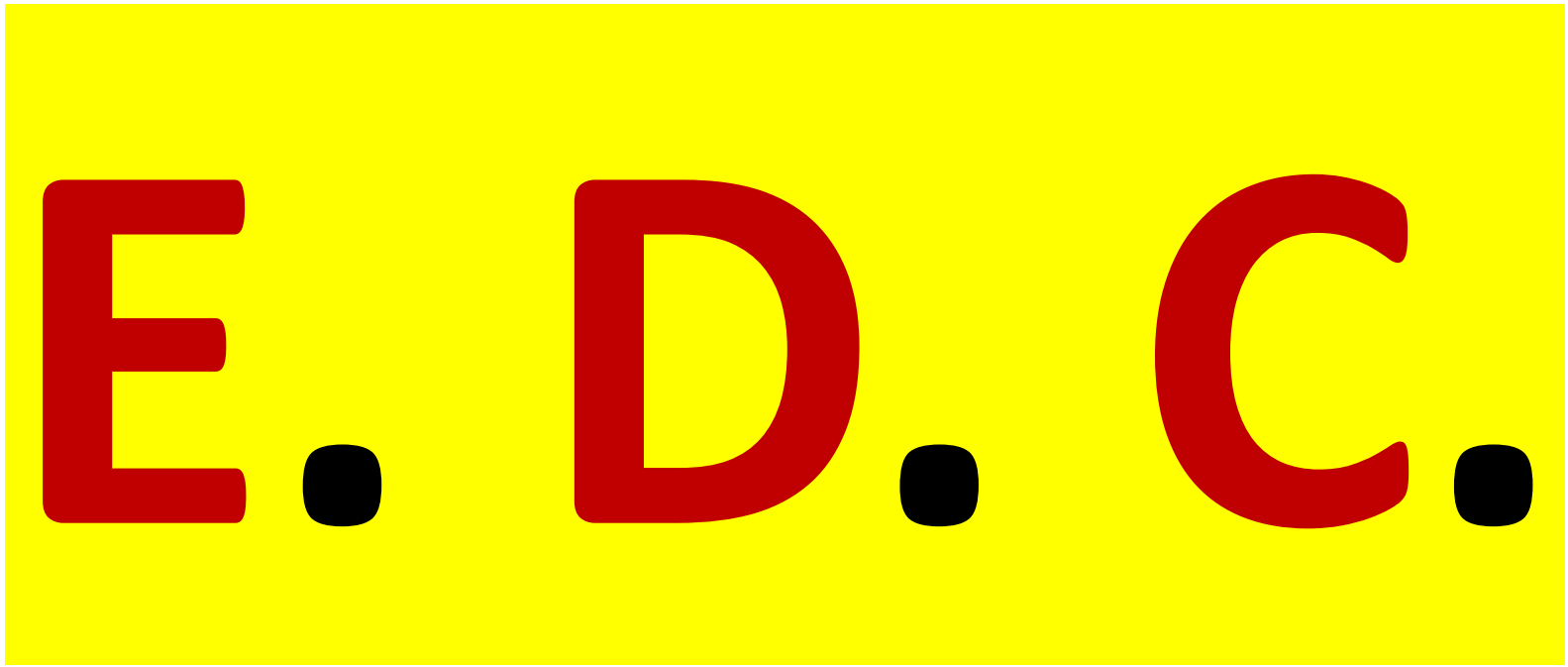
- Tool kit: Multi-purpose tool, Hammer, Small wrecking bar
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash (SMALL DENOMINATIONS)
- Emergency blanket (Space/Mylar)
- Map(s) of the area



"The more you know, the less you need."

You don't know how to use those items??

- https://www.stopthebleed.org/training/


E. D. C.

What do I personally carry in my car(s)

I will not suggest anything that I would not…don't already do myself

First Aid – Stop the Bleed Kit

Tourniquet	Emergency Bandage	Chest Seal	Gauze	Trauma Shears	Emergency Blanket

What do I personally carry in my car(s)

- Tools
  - Light source(s)
    - Flashlight (Two sets of batteries/two separate plastic baggies)
    - Chem Lights (Glow Sticks)
    - Lighter
  - Pliers
  - Adjustable (Crescent) Wrench
  - Hammer
  - Foldable Shovel
  - Knife
  - Gloves
  - Rain Gear (suit and ponchos)
  - Tow Strap or Chain
  - Jumper Cables
  - **AIR PUMP!!!**



What do I personally carry in my car(s)

- Non-Perishable food and Water
  - Bottled water – Nothing Fancy
- Hygiene
  - Toilet paper/Baby wipes
  - Sanitizer Gel
- Sunscreen
- Bug Spray
- Pencil and paper
- Weather appropriate extra clothes
- **Deactivated Cell Phone with Charger**

Some other things to think about



Scan the QR code

Resources

Red Cross Disaster Safety for People with Disabilities:
https://www.redcross.org/get-help/how-to-prepare-for-emergencies/inclusive-preparedness-resources.html

Illinois Emergency Management Agency Regional Directors:
https://iemaohs.illinois.gov/localema/functionalneeds.html

IT HAPPENED

Priority One



Get back together

Work out a general rule (Always meet at the House)

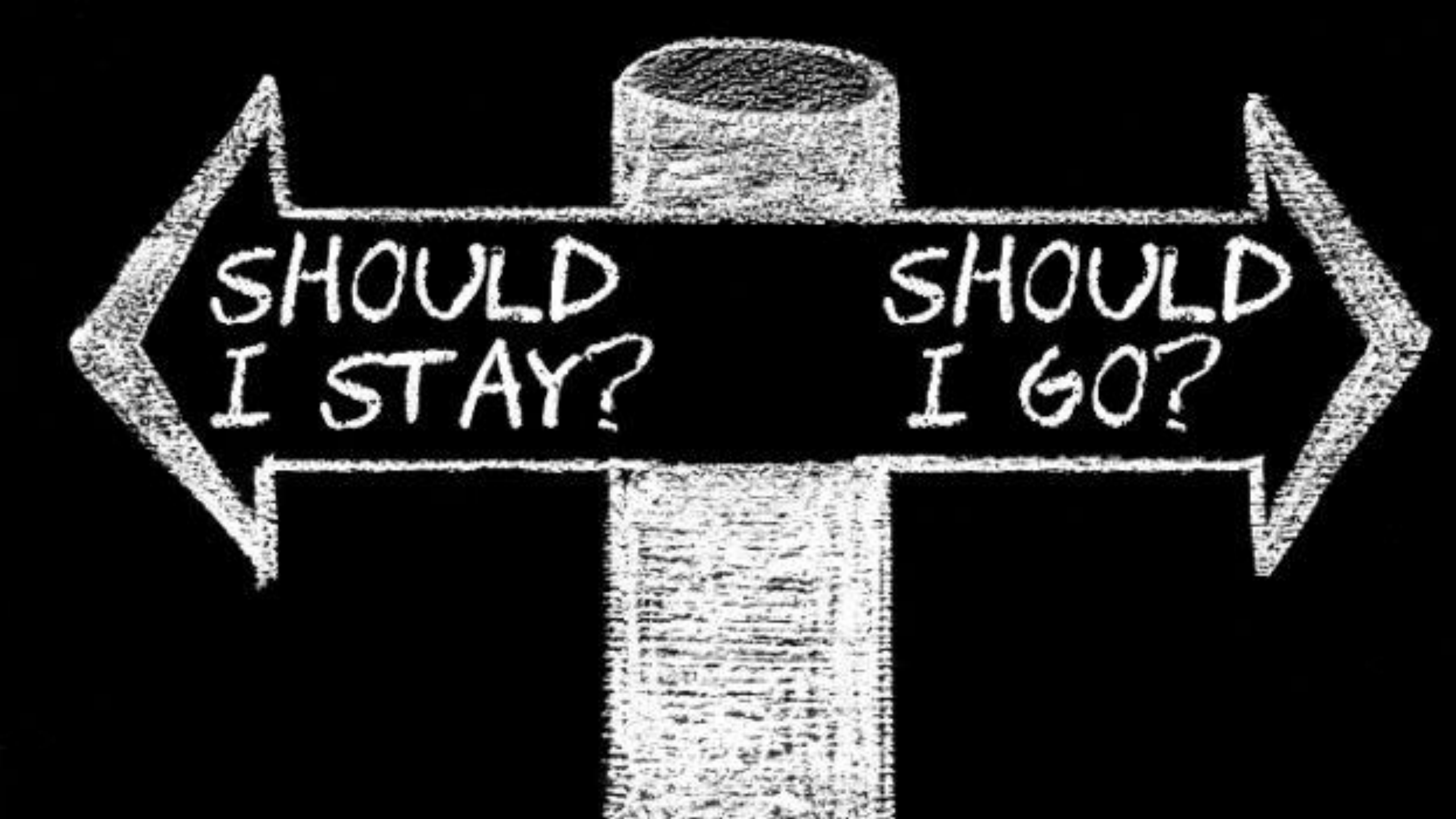
Remember to have a back up

Communication – Phone may or may not work

- Better chance to communicate via text



Time to evaluate


SHOULD
I STAY?
SHOULD
I GO?





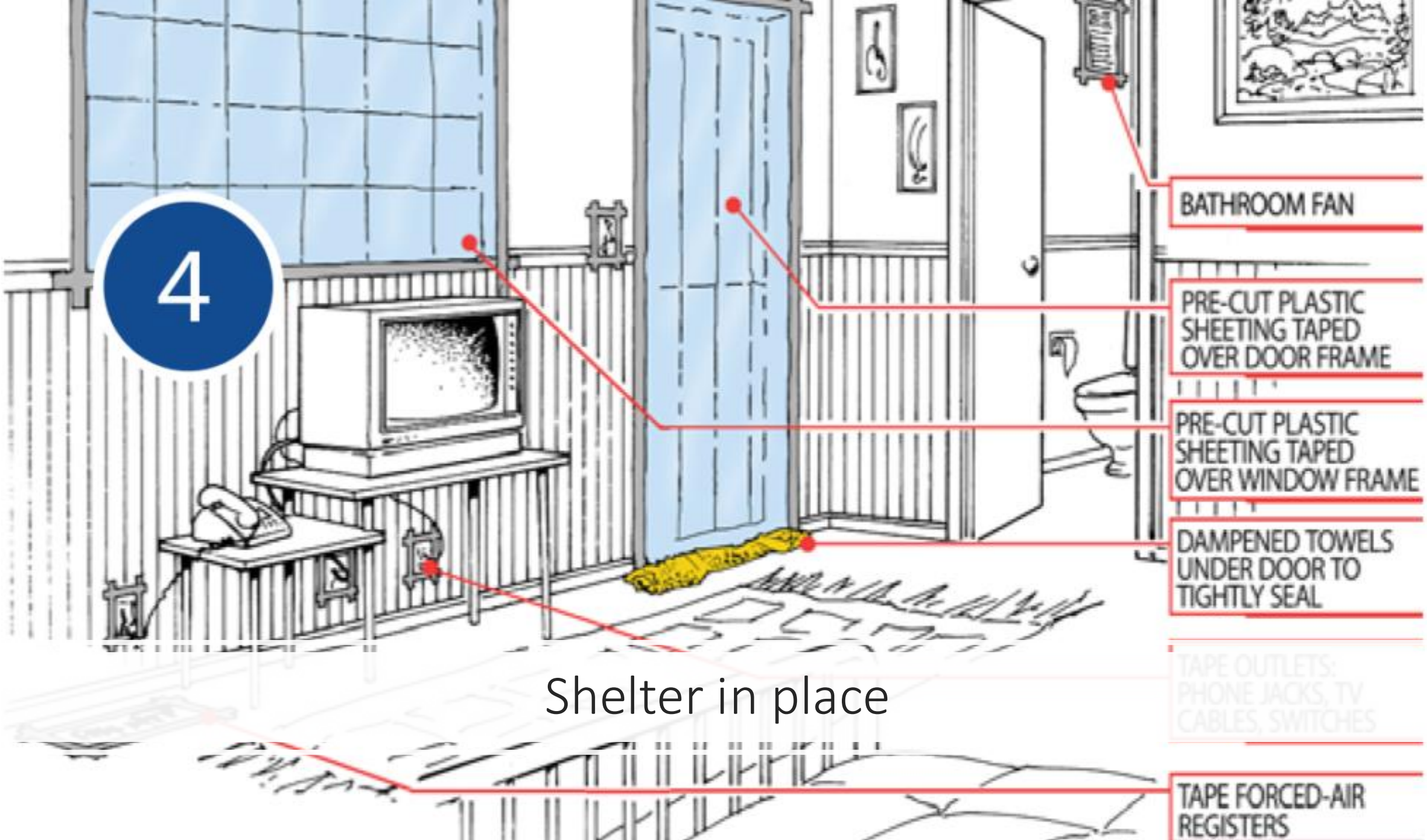


Evacuate

- To WHERE?
- Map out 2 if not 3 routes
- Avoid Major Highways and Interstates

Totality of the Circumstances

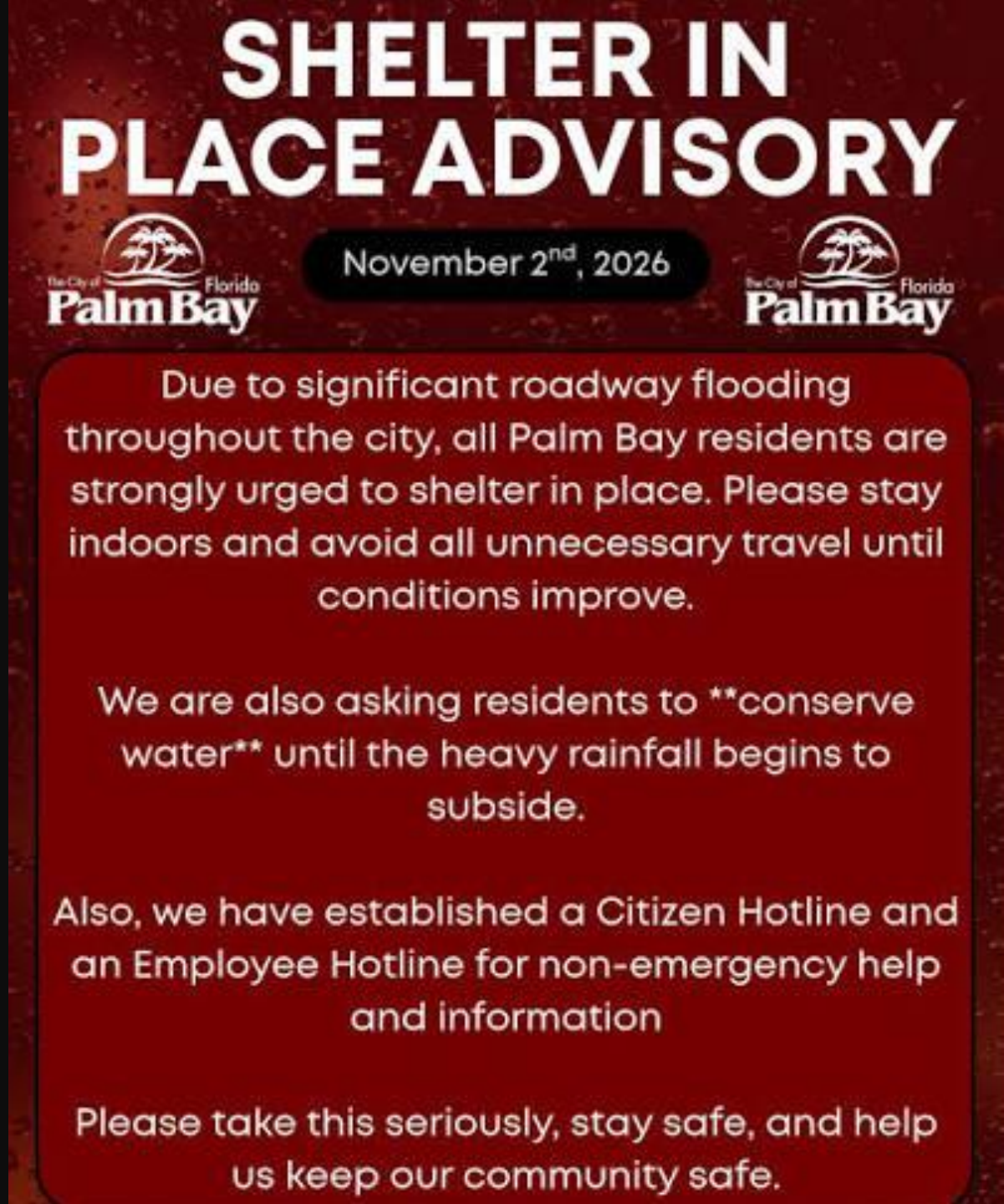
- Evacuate: Do you have your plan?
  - Where can you meet if home is not an option?
  - Make this a habit
    - DRESS FOR THE WEATHER!!
    - Share travel plans.
      - Where?
      - What route?
      - When are you leaving?
      - What time do you expect to be there?
      - Let everyone know you made it.



Shelter in place

Shelter in Place Cont:

- Follow “Official” Instructions
- Pull out all emergency supplies and have ready for possible evacuation (Person preference is Backpacks)
- Continue to analyze your circumstances and evaluate next steps
- Continuous communication with officials, family and support network



Police Officer Encounter During an Emergency




Questions

Thank you

Sergeant Jason Wilson

Illinois State Police

Safety Education

Jason.W.Wilson@illinois.gov